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LIFE HACK #0001

LIFE HACKS

(a tool or technique that makes an aspect of one's life more efficient or fulfilling

THAT WILL CHANGE YOUR LIFE.

THE.



hot dogs. candy. prizes. haunted house.

Trunk or Treat!

C H R I S T U N I T E D

OCTOBER

2017

EDITION

SPIRIT.

WORSHIP DIRECTORY:

8AM BELOVED (CHAPEL)

9AM TRADITIONS (SANCTUARY)

11AM ARISE! (ECC)

www.facebook.com/cumethodist www.twitter.com/cumethodist 11:30am Sunday Radio Broadcast on KOLM (1520 AM)

www.youtube.com "Christ United Methodist Church Rochester MN"

Pastor's Pen WITH ELIZABETH MACAULAY, LEAD PASTOR

"We are asking all members, 'God, what can you do through me?'"

Our lives are touched by those who lived centuries ago, and we hope that our lives will mean something to people who won't be alive until centuries from now. It's a great "chain of being," someone once told me, and I think our job is to do the best we can to hold up our small segment of the chain." That's . . . one kind of politics - doing your utmost to keep that chain connected, unbroken. ~Dorothy Day

While life swirls around us we often lose sight of a core truth: All that we have is sacred trust, handed down to us from those who have gone before. Sometimes we get so focused on the now or the soon to come that we don't wonder at the power of that which has been.

You and I would not be able to gather for worship presided over by the rainbow glow of the Christ window if our forbears had not years ago prayed and worked and organized to build the Sanctuary.

You and I would not be able to join in singing with the best band in Christendom at the 11:00am service if the Commons and ECC area had not been added on years ago.

There are so many things we could take for granted - 160 years of witness through our church, thousands of Bibles given to children, untold youth who have travelled to Appalachia to make homes safer warmer and drier. Anthems sung and bells rung and funerals served and baptisms celebrated; all these are possible because the people of Christ UMC have had the courage to remain open to the movement of the Spirit.

This month of October is a continuation of Spirit breath of life. Christ UMC is keeping the chain of ministry between our past and our future connected.

We are launching our TRANSFORM Capital Campaign. After years of listening and praying, the members of Christ UMC voted by an 86% positive margin to make needed upgrades to our building including the refitting done on our lower level to create THRIVE!: A Family Resource and Child Care Center. We are asking all members to pray: God, what do you want to do through me? We have scores of people engaged in leading this campaign. There is a "Frequently Asked Questions" box in the Commons, information on our web site, and brochures being mailed in order to share as clearly as we can the sense that God is moving us to connect our past and our future.

On October 1st, the Hamline University Choir and their chaplain will be helping to lead our 9:00am worship service. The Rev. Dr. Nancy Victorin-Vangerud will be returning to the CUMC pulpit. Nancy was appointed here at CUMC for four years. Importantly to me, she is a dear friend. I'm so excited that she will preach for World Communion Sunday.

We are giving out Bibles to our third grade students, welcoming new members, baptizing babies and participating with God in the unfolding of future as we live today with joy.

And don't forget! One of the best outreach events we offer is Trunk or Treat! Read more about it in the body of this newsletter. Decorate your trunk, show up and greet our neighbors, and eat Joel Ott's popcorn - easily the best in town.

We are so blessed. Truly. God is in the midst of this church.

The ministry we share today is changing lives.

Thanks to God for the courage of the past and the present. Some day the story will be told of how it was that in 2017, Christ UMC committed to our future.

Paster Glanbeth

Pastor Elizabeth

PAGE 3 NEW SPIRIT



The Hamline A Capella Choir Visits CUMC

On **Sunday October 1st at the 9am service**, we welcome the A Cappella Choir of Hamline University in St. Paul. Concluding their fall tour with us, we will hear a variety of musical styles—from Spirituals to American Shape Note hymns. This is sure to be a moving performance and all are encouraged to attend and receive a musical blessing.

Trunk or Treat With Us! Sunday, October 29th, 4-6pm

And guess what?! THE YOUTH HAUNTED HOUSE IS BACK! We will hang out, have fun, watch Halloween movies in the Bell Room, and begin set up for Trunk or Treat on Friday, October 27th after school from 4:30-6:30 (free pizza!) and finish between 2-5pm on Sunday October 29th. Join in as actors in the festivities from 5-7pm! Bring your favorite costumes and Halloween decorations, and your friends!



Concert Committee



We are looking for people who are interested in planning and implementing a concert series for the church. Currently, there are no participants so we are starting from scratch. We will meet very occasionally and do most of our communication through email. The committee will help with setup and other necessary duties on the day of the concert. It's a minimal commitment of time. We definitely need help so PLEASE be a part of this exciting venture that will expand CUMC's musical gifts to the community and the church. Please contact Music Director, David Friddle at 864 633 7997 or send him an email at david@cumethodist.com.



Blessing of the Bibles

The "Blessing of the Bibles" is a Christ United Methodist Church annual tradition. On **Sunday, October 15th at the 9am service**, we will be giving bibles to our 3rd graders and our 8th grade confirmation students. Be sure your 3rd and 8th graders are in attendance and/or just know that you will be part of a special event for us and the kids!

THE BIBLES

Sunday, October 15, 9 am service

Join us as we celebrate giving new bibles to our 3rd graders and our 8th grade confirmation students!







Thrift on Fifth: Grand Opening, October 11th



We're opening a thrift store! Our grand opening is **Wednesday**, **October 11th from 4-7pm!** Thrift on Fifth is located on the lower-level of Christ United Methodist Church in what was "Room 9." Enter through the main doors, go down the main stairs and to the right to check it out! To get involved or inquire about making a donation, contact the church office (507 289 4019) and leave your name and number with a volunteer.

Someone will be in contact soon! **See Thrift on Fifth online at:** www.cumethodist.com/thrift-on-fifth

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Have an article for the *New Spirit*? Please submit it to <u>nikki@cumethodist.com</u> by the **3**rd **Wednesday of the month**. Late articles may be very tiny or invisible. Thank you and happy writing!

Call for Leadership Board Members

In January of 2015, Christ UMC began a new day. Based on our Missional Church Consultation Initiative prescription #1, we adopted a more nimble leadership structure.

The Leadership Board of Christ UMC was created through a process of application, interview and commissioning. We have nine individuals who have served this church with distinction. Together we have crafted Guiding Principles and we are crafting policies and procedures to lead us forward in healthy ways.

Anything that does not change stagnates, so it is time to consider who might be next called into service on the Leadership Board. A number of our current members are ready to step down, creating opportunity for others to apply for the vacant seats.

Those who serve on the Leadership Board need to be living their membership vows: Leaders are individuals who support their church through regular worship attendance, financial giving, prayers, presence, service and witness. Leaders also must be supportive of the five prescriptions cited in our MCCI report, since that document is grounding our forward momentum as a church. (See it at: www.cumethodist.com/booklets-and-reports)

The Nominations Committee of the church will assess the applications and conduct the interviews for the open positions, with new Leadership Board members being commissioned in January of 2018.

I ask you to pray about your sense of God's call at this time. The Leadership Board meets on the first and third Thursday of the month, from 5:30 – 7pm. We spend time in prayer and spiritual reflection as well as the crucial issue of governance for this movement outpost called church.

I encourage you to consult with any of our current Leadership Board members to discuss their experience. This is an exciting time in the life of our congregation. The work done by the Leadership Board is a reflection of the Spirit moving through our congregation.

Consider being part of that movement! Applications are available at the front desk in the office and online. Interviews will take place in late November.

May God nudge you gently.

A Prayer For You From the Leadership Board (as prayed at the end of their meeting on September, 7th, 2017)

Dear Creator, help us to be aware of your unwavering unconditional love. Open our eyes to the pain and suffering around us but don't let us be paralyzed by it. We'll strive to listen carefully to you about how we can help. Remind us that we don't need to be perfect to throw our hearts into what you ask us to do. Thank you for being with each of us and with our beloved church through times of glory, times of turmoil, and times of change. We've felt your presence. We strive to honor you and express our gratitude to you with love and compassion to ourselves and others. You and your son have been telling us this all along. We'll strive to listen carefully. Amen.

(written by: Bobbi Nichols)

Join the Art Gallery Crew

Do you like art and photography? Join the art gallery committee here at CUMC! We'd love to hear from you or have you at our next meeting—October 19th at 5:15pm in the Library. Contact nikki@cumethodist.com with questions.





The Lage Family Greets You From Guatemala!

Here is a bit of an update on the construction of a modest two room cement block home for our own Tomasa. Tomasa faithfully volunteers in our pharmacy every week at Salud y Paz. We've had several teams come down and work on it and I believe it will be complete within the next month. We shared Tomasa's story with some of you when we were home and at CUMC this summer. She is pictured here with her five boys who, as you can imagine keep her very busy.





The walk back to her home from the road is quite long and can get precarious during the rainy season. That didn't deter this team from Dunwoody UMC who were determined to help her build a better life. The work is still in progress. The rebar reinforcements are

necessary to help protect against the effects of the earthquakes that are all too common here.



We will post more pictures on our website www.SpiritualJourneysToday.com as they become available. Thank you for your thoughts and prayers as we continue our mission here in Guatemala with God's love and guidance. We wouldn't be here without your support!

It Takes a Village: Building Strong Community and Youth Who Will Change Our World

When: November 19th. Forum from 10:15-11:am. Lunch at noon. Session from 12:30-2:30pm. **Cost**: \$10 (for lunch, Derek is generously donating his time!) **Register by:** November 1st. Contact Katy if you want to register after this date.

Do you want to live in a strong community? A strong community is one where youth are empowered and grow strong and full of "grit". A strong community is one where the aging don't feel alone, where they are adopted into groups of young adults, with new grandchildren to dote upon when theirs live across the country. This is the kind of intergenerational community that we seek to create, and a great place to start is through Christ UMC's "It Takes a Village" event.



We are excited to introduce Derek Peterson, Founder and CEO of ICAR-US, Institute for Community and Adolescent Resiliency, Unifying Solutions. ICAR-US offers education, materials, and support to individuals (adults and youth), schools, agencies, communities, and statewide organizations in their youth development related work.

I (Pastor Katy) had coffee with Derek in St. Paul this summer and was "WOW"d! Anyone who is related to Aileen Williams (he's her son-in-law) is of course going to be fantastic, but Derek is special. He has traveled all over the world to help communities grow strong, particularly by teaching new language around empowering kids and youth to create support systems from a young age.

THIS IS NOT JUST FOR PARENTS! This is for pretty much everyone including children, youth, parents, grandparents, mentors, people who were at one time a teenager, people off the street. Anyone! Growing a strong community will not happen without each of YOU! So come; bring your friend or sibling or kid or spouse or new acquaintance. We'll see you all there.

What's Next with the Mission & Social Justice Group?



Rochester Faith & Solar Coalition Kickoff: Planning meeting for faith organizations building a coalition to support solar energy in the Rochester area. October 9th at 7pm at Cascade Meadow (2900 19th Street NW, Rochester). Our coalition helps faith communities understand their options, communicate effectively with their members, navigate the decision-making process and save money.

Next Meeting: Our next Mission and Justice meeting is **October 2nd, 6-7:30pm**. We will be talking about the Interfaith Thanksgiving Eve Service, social justice in the holiday season, and youth service opportunities. Bring your own ideas!



All Saint's Day

Pastor Nancy asks that you save the date for All Saints Day. We will be recognizing those who have died in the past year on **November 5**th **during our worship services**.





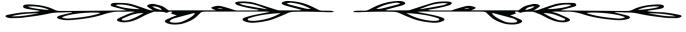
THE EVENT: NAMED AND CLAIMED | November 3rd-5th

5th-9th Grade MN United Methodist youth are invited to a weekend of fun that includes Boiling Point band, a service project, a film festival, swimming, worship, games, and much more. The theme is "Named and Claimed." More information will be mailed to all churches shortly, but you can start registering now!



This year, students in grades 10-12 are invited to apply for a youth leadership internship! Selected interns will assist at The Event, where they will have the opportunity to get hands-on ministry and leadership experience in a variety of ways throughout the weekend. Applications are due October 3rd, and leadership interns must arrive at Craguns by 4pm on November 3rd.

Go to www.minnesotaumc.org/eventdetail/the-event-2017-8983480 to register or find youth leadership scholarship information.





Sunday Family Dinners: Young Adult Bible Study

Join us as we launch a new version of Young Adult Bible study! We will meet at **7pm on Sunday nights from October 8**th **until November 19**th. We will eat a meal and talk through chapters of Rob Bell's "What is the Bible?" HOMEWORK IS OPTIONAL, NOT REQUIRED! Just show up any week, or all weeks, to check in about life and pray with one another. Pastor Katy will send out weekly "cliff notes" and we will have talking points ready for drop-ins. To get on Katy's

Young Adult email list, email her at katy@cumethodist.com

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Next Meeting of Hope for Houston: October 1st, 1 pm

Sign up by contacting <u>Katy@cumethodist.com</u>. \$50 deposit due by October 3rd (first come, first serve)!



Church YouTube Channel

Due to the catastrophic flooding and results of Hurricane Harvey our NOLA mission trip has shifted to a Houston mission trip. Adults 18+ (or accompanying 16+ youth with families)

Did you know that CUMC has WONDERFUL volunteers who record the 9am worship service every week? Go to www.youtube.com and search "Christ United Methodist Church, Rochester, MN" to subscribe to our YouTube channel. Know someone who is out of town, sick, or homebound? They need to know about this!



UMW (United Methodist Women) Circle 8

In the front of the United Methodist Women yearbook are three words: *faith*, *hope*, *love* in action. These words are the foundation of UMW and of Circle 8. Faith in our creator is the bedrock that supports the hope and love we show through our actions toward others within our group, our community, and globally.



Circle 8 is an active group of women. We participate in global and local ministries through contributions to mission giving—both undesignated and designated. We also use our "Tea Money" for special projects - CUMC's Children's Library and Christmas Anonymous to name a couple. Some members help with the quilt ministry and UMW rummage sales. Many volunteer in church activities and in local missions and groups within Rochester. Of course, we are known as the "nutty" ladies. The nut sales project has been a part of Circle 8 since 1989. The profit from the sales goes toward missions.

Circle 8, "The Lunch Bunch," meets in homes at 10:30am on the third Thursday of each month. We end our time together in fellowship while we enjoy salads, shared sandwiches, and desserts. We are good cooks too! If you'd like information on joining this UMW group or others, send an email to email@cumethodist.com so that we can get you in contact with Circle 8 leader, Pat Feeser or another UMW leader.



Our first introduction meeting is **October 1st at 7pm in the ECC** (**Education Conference Center**). Are you interested in being a leader? Come check us out! The trip this year is **July 7-16th**, **2018**, for students who have finished 9-12th grade. Cost: \$300



More information and forms can be found at: www.cumethodist.com/missions

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The CUMC Book of Life

LIVING, CELEBRATING & REMEMBERING WITH YOU

Baptisms:

Nora Lee Morgan Born June 9, 2017

Parents: John and Kristin Morgan

Gwen Elaine Christofferson Born May 20, 2017

Parents: Lucas and Sara Christofferson Sponsors: Brandon and Kara Kanz Sponsors: Andrew and Hayley Audette

Weddings:

Lucas Palm and Melinda Hill September 23, 2017



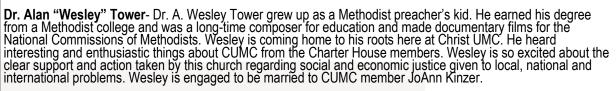
Deaths:

Florence Louise Miller Carol Jean Aylsworth June S. Flathers

November 15, 1916 – August 31, 2017 March 3, 1924 – September 14, 2017 June 26, 1933 – September 20, 2017

New Members:

Carlene Diekhuis- Carlene Diekhuis moved to Rochester 40 years ago from Iowa. She has worked at Mayo Clinic for 37 of those years. Carlene has always belonged to a Methodist church and is transferring her membership from Bethany UMC. She has chosen Christ UMC because it is a better fit for her. Carlene enjoys cooking, crafts, reading, computers, golf, fishing, and dogs, which she has two of at home.



Paul D. Ray- Paul was born in Bakersfield, California, and raised on a farm. His parents were a dust bowl immigrant (father) and first-generation French woman (mother). His hobbies are flying, music, home remodeling, RVing, and working on his 1923 T-Bucket. He and his wife (Dotty) and dog (Penny) live in the Slatterly Park area where they are remodeling a 100+ year old duplex. Paul searched for a church that not only "talked" about inclusion but actually practiced it. That's how he came upon Christ UMC. Paul wants to be actively involved in music and issues that include all of God's children, especially social justice.

Helen Sanborn- Helen comes from many generations of Lutheran heritage. She started church life in a small town Lutheran community in Iowa. Beginning in 1927, Helen's Norwegian family started the Lutheran church in St. Ansgar, Iowa. She was active in Bethel Lutheran Church in Madison, Wisconsin for 43 years. Helen has three sons and seven grandchildren. She has been attending Christ UMC with her husband, Rev. Frank Nichols, since 2008. Helen loves music and reading. She likes attending classes and social groups and is excited to be a part of Christ UMC because they address social issues. Helen feels that generational issues are important.

Kay Petersen- Kay lives just a few short blocks from Christ UMC and works for Mayo. She has four children and four grandchildren. Kay likes biking, reading and the outdoors. Kay is transferring from Christ Lutheran Church in Byron, Minnesota. Kay chose Christ UMC because the pastors are awesome! She also loves the inclusiveness, the music, the location and the mission. Kay hopes to gain a new church family through small groups, church attendance and maybe teaching at some point.

Rev. Kendall Hughes- Kendall was born and raised in Bartlesville, Oklahoma. He attended college and seminary in Kansas City and pastored in Lincoln, Nebraska. Kendall was a missionary for seven years in Chile and the Dominican Republic. Kendall has three children, one is a teacher, one is a music minister, and one is currently hiking the length of South America. He also has one grandchild. Kendall is a runner and a reader, and enjoys international travel. Kendall is transferring from Victory Hills Church of the Nazarene in Kansas City. He has chosen to attend and be a part of Christ UMC because it is an inclusive church with an emphasis on social justice. Kendall is excited to join in with the church's ministries of the disadvantaged.

Rev. Karen Heistand- Karen was born in North Carolina, the daughter of a Baptist pastor and a nurse. She has lived all over the East Coast, the Midwest and California. Karen is a math major turned pastor/chaplain. Ordained in 1984, she served as pastor in several American Baptist Churches before eventually becoming a chaplain and educator. Karen was a clinical pastoral educator in Florida and now directs the CPE program at Mayo. She enjoys hand bells, music, Tae Kwon Do, hiking and travel. Karen has chosen to attend Christ UMC because of the mission to be grace in the city, for the music, worship and openness. She is excited to sing in the choir, play hand bells and help with temporary teaching assignments.

The Rev. Cooper Wiggen- Cooper retired from full time ministry this past June. He served as pastor for 42 years in metro and rural settings. Rev. Wiggen is the father of three, grandfather of one, step-Coop of three, and husband of the Rev. Elizabeth Macaulay.

















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Faith —> Life: Learn from Christ's Teachings (October-December 2017)

Small Groups:

Why are small groups intertwined into the DNA of who we are as United Methodists? John Wesley's strong commitment to small group ministry came out of his belief that participation in small groups is how we grow in discipleship and deepen our relationship with God and others. It is not too late to join in some small groups! You can sign-up in the church office, by phone: 507 289 4019 or inquire online at www.cumethodist.com/small-groups

Congregational Read – "What is the Bible?" by Rob Bell

Recommended by CUMC staff. Hurry and sign-up before October 1st!

Small groups will be meeting for seven weeks (October 1st– November 17th) to study Rob Bell's latest book. Join a group of 4 – 8 people offered on Sunday mornings after the 9 and 11am worship services, 6:30–7:30pm on Wednesday evenings, or 1–2pm on Friday afternoons.

The Building of a Resource Library for Small Groups

Are you already in a small group but are looking for books, videos, or curriculum to use or need suggestions for future use? Please contact Aileen Williams, Kathy Estry, or Pam Lund (members of the Faith to Life Team). We have many resources to share and are in the process of building a resource library for small group use.

Classes:

Inquiring Spirits- after the 9am worship service in Room 145

Discussion varies on books, videos, and other sources to investigate and challenge theological boundaries. The group enjoys occasional picnics and potlucks. All are welcome. Facilitators: Hank Kliewer and Ed Shafer

Contemporary Issues—after the 9am worship service in Room 146

Discussion is centered on current issues, news reports, and media viewpoints that shape public opinions. A United Methodist faith perspective will inform each unique session. Visitors and seekers are especially welcome. Facilitators: Jim Colville and Frank Nichols

Salty Christians – Wednesdays, 6:30 – 7:30pm, October 4th – November 15th

"You are the salt of the earth. But what good is salt if it has lost its flavor? Can you make it salty again? It will be thrown out and trampled underfoot as worthless." Matthew 5:13

The what and how of "flavoring" life will be explored and discovered in this class along with reflection on ... Is the Church - you and me - to be separate from the world? Are we as Church only concerned with religious questions and not with political, social, economic, cultural and family? Is Christ the center of the church and also of the world? How peculiar is a salty Christian? Do I really want to be "salty"? Facilitator: Rev. Gary Lueck

"A Kind of Hush" - Wednesdays, 6:30 - 7:30pm, December 6th, 13th and 20th

2017 Advent Study. Facilitator: Pastor Elizabeth Macaulay

Third Sunday Forums:

10:15 – 11am in the Hamline Room (every Third Sunday of the month). All are welcome! These forums cover a wide range of topics of interest and are given by insightful presenters. No registration required; bring your cup of coffee and enjoy the presentation followed by Q & A!

- October 15th: "What's Going On at Christ UMC?"
 The Leadership Board and THRIVE! Board of Directors
- November 19th: "It Takes a Village: Building Strong Community and Youth Who Will Change Our World"
 Derek Peterson, Institute for Community & Adolescent Resiliency

Watch the bulletins, Fresh Spirit email newsletters and the coming New Spirit newsletters for other offerings as they become available! Print, tear, or cut out this whole page as an easy reference sheet to keep in your purse/wallet, put on the refrigerator, or hang by your home calendar!

PAGE 10 **NEW SPIRIT**

TRANSFORM Frequently Asked Questions:

What is TRANSFORM?

IRANSFORM is the name of our capital campaign designed to fund needed maintenance and enhancements of our physical space. TRANSFORM is a three-year capital campaign that will commence this fall. Briefly, the funds generated by THRIVE! will be used for, 1) general updates and renovations of our lower level space to allow us to develop and grow THRIVE!: a family resource and child care program, 2) enhance our worship spaces to better accommodate the needs of our growing church family, and 3) to restore our Good Shepherd window and replace many of our windows with energy efficient windows allowing us to be better stewards of Creation. TRANSFORM is the name of our capital campaign designed to fund needed

In the coming weeks and months, you will be receiving considerable information regarding TRANSFORM through the New Spirit, the church website, emails, and at informational meetings. We invite you to submit questions you may have by email to email@cumethodist.com or by writing them down and placing them in the "TRANSFORM QUESTIONS" box located at the TRANSFORM table in the Commons.



How will we be asked to participate?

Every person who feels a connection to Christ Church will be asked to do three things:

1. Pray daily our campaign prayer: "God, what do you want to do through me?"

2. You will be asked to make a sacrificial gift to the TRANSFORM capital campaign on November 12, 2017. Your gift can be given across a three-year period from January 2018 through December 2020, in whatever manner you choose to distribute the gift (all at once, monthly, weekly, or a schedule that best suits your situation).

3. Also on November 12th, you will be asked to indicate your annual stewardship pledge. We normally have our stewardship pledges made in October, but are combining the process this year with our capital campaign for convenience. (There will be two different commitment cards, one for the 2018 church ministry, and our second for the TRANSFORM capital campaign).

For more TRANSFORM Frequently Asked Questions or to make your own question/comment, go to: www.cumethodist.com/transform





Online Giving: A Way to Help with Hurricane Relief Efforts Hurricane relief total giving thus far: \$7,375! Keep up the good work!

Our bookkeeper, Darla Svenson has been on top of making sure you are able to give online and with your phone, especially when it comes to contributing to UMCOR (United Methodist Committee on Relief) efforts with hurricanes Harvey and Irma.



At any time, you can give to Christ United Methodist Church online, through an app, or via

- online: www.cumethodist.com/give
- app: search "GivePlus Church" in your phone's app store
- text: text dollar amount ("X.XX") to 507 858 6298 to get started

Make a financial donation to help UMCOR relief and recovery for those who suffered in hurricane Harvey or hurricane Irma:

- Check/cash: Please make a check out to Christ United Methodist Church and either put "Harvey" or "Irma" in the memo. If you are donating cash, please enclose it in an envelope and write "Harvey" or "Irma" on it. Place these in the offering plate on Sunday or drop them off at the church office at any time.
- **Text to give to UMCOR relief efforts:** Text "\$X.XX Harvey" or "\$X.XX Irma" to 507 858 6298 to get started.

If you would like more information straight from the UMCOR website, go to: www.umcor.org

NEW SPIRIT PAGE 11

Hear from Your Bishop and District Superintendent this Month!



CONNECT

Join clergy and lay members of the River Valley District for a day of fellowship, worship and learning. Come for the whole day or stay for just part of the day.

BE INSPIRED

Keynote Speakers

Bishop Bruce Ough, Resident Bishop of Dakotas-Minnesota Episcopal Area Rev. Cynthia Williams, River Valley District Superintendent

SCHEDULE

8:30-9 am: Gathering and coffee

9-10 am: Morning worship-Bishop Ough preaching

10-11:30 am: Breakout Session #1 11:30 am-12:15 pm: Lunch

12:15-1:45 pm: Breakout Session #2

2-3 pm: Closing Worship-DS Cynthia Williams preaching

LOCATION

Stewartville United Methodist Church 600 John Weslev Avenue NW Stewartville, MN 55976-1646

COST \$20 per person (includes lunch)

REGISTER Be one of the first 10 to register

and receive a free copy of Shift: Helping Congregations Back into the Game of Effective Ministry by Phil Maynard.

Register online at https://mnumc-reg.brtapp.com/ RVDistrictDay201771 by September 30th.

CHILD CARE AVAILABLE

if requested at time of registration

BE EQUIPPED Breakout sessions relate to

Phil Maynard's book Shift: Helping Congregations Back into the Game of Effective Ministry

Fellowship to Hospitality - Hospitality goes far beyond greeting a visitor on Sunday morning. It includes the first impressions we make in our community, welcoming visitors, and enfolding them into the life of the congregation. (Rev. Kelly Lamon and Katie Matson-Daley presenting)

"Serve Us" to Service - Our Wesleyan heritage places a strong emphasis on "transforming the world". Learn practical steps to shift from an inward to an outward focus. (District Lay Leader Bob Newman presenting)

"Leading the Charge without Getting Trampled" - Leading effectively through change is a critical skill for both clergy and laity. Creating a sense of urgency, communicating well, inviting dialogue while managing the pace are a few of the practices covered in this session. (Revs. Luke & Bethany Nelson presenting)

Worship as a Lifestyle - Worship Services remain the "front door" to our Congregation. How can we make worship more engaging and transformational? (Revs. Cooper Wiggen & Elizabeth Macaulay presenting)

Membership to Discipleship: A Blueprint for Discipleship -Discipleship is at the core of our mission. This session will help us gain clarity on what it means to make disciples and how to create a process for building disciples. (Rev. Cindy Yanchury presenting)

Membership to Discipleship: Effective Small Groups - The key tool for making disciples is small groups. Learn strategies for creating groups that minister to people at different stages of the discipleship journey, including "Connect" groups, "Growth" groups, and "Covenant" (accountability) groups. (Rev. Nate Larson and Lindsey Nuehring presenting)

CONTACT PERSON

Laurie Huston, District Administrative Assistant 612-230-6153 or Laurie. Huston@minnesotaumc.org

Conversations on a Way Forward

This fall, Bishop Bruce R. Ough is hosting 15 regional conversations across the Dakotas-Minnesota Area regarding the work of the Commission on a Way Forward. He is eager to keep you informed about deliberations and progress and, more significantly, gather your thoughts about a way forward. He is interested, among other things, to dialogue about how you see The United Methodist Church remaining united in the presence of significant cultural, regional and theological differences. Please pre-register for the regional gathering you would like to attend: https://mnumcreg.brtapp.com/Bishop71

Christ United Methodist Church

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Fax: 507-289-3648

E-mail: email@cumethodist.com

Non Profit Organization

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Permit No. 5

We'll see you there.

Hy-Vee Health & Wellness Team will be offering flu shots on Sunday, October 1st from 8:30 to 11:15am in the Fireside Room. Be a flu fighter!

