

# SPIRIT













Ecumenical Rally at Christ United Methodist Church Saturday, October 13 8:30-2pm

Come and witness for a sustaining, wondrous Planet Earth. Come and pray, worship, learn, share, and activate.



Keynote Speaker:
Rev. Dr. Timothy Eberhart, Assistant
Professor of Theology and Ecology
at Garret-Evangelical Seminary will
lead a series of workshop sessions
that explore how Christians are
called to share in the healing of
creation.

15\$ includes lunch Free for students Sign up: Email@cumethodist.com

WORSHIP DIRECTORY:

8AM BELOVED (CHAPEL)

9AM TRADITIONS (SANCTUARY)

11AM ARISE! (ECC)

www.facebook.com/cumethodist
www.twitter.com/cumethodist
11:30am Sunday Radio Broadcast on
KOLM (1520 AM)
www.youtube.com
"Christ United Methodist Church Rochester MN"

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## Pastor's Pen with elizabeth macaulay, lead pastor

I am taking in the Mayo Clinic's teaching about Resiliency.

This week's focus is on gratitude and its power. I haven't listened to it yet. I look forward to sitting in my living room with a good cup of coffee in order to savor and take it in.

I have known for a long time that gratitude is essential to my life and to the lives of this world.

My daughter Leah discovered the power of gratitude when she was in high school.

You know how high school is. It can be an anxiety pit in the best of circumstances. So many sortings and learning and Leah was losing a sense of her self.

So she decided to begin to keep a journal of things that she is grateful for. She spent each night before sleep writing down the things in life that she loves.

Her list lives yet and grows each day.

The practice of gratitude has grounded her life because she was intentional about cultivating it.

So it is for us all.

There are so many things in life that are less than lovely. We open newspapers and our eyes and hearts and encounter things that wound our tender souls.

In such times, cultivating gratitude is even more important.

In October and November we will be focusing on gratitude: Gratitude for breath and skin and laughter and life.

Because we are the stories we tell, we'll be unpacking the stories of Jesus in order to learn what it means to regard and relish the good in life even as we seek to change the things that wound.

Last night I watched the Ken Burns movie about the Mayo Clinic.

Over and over throughout the piece, the power of hope was named.

The Mayo Clinic was founded upon and sustained by an attitude of hope.

So too was Christ United Methodist Church.

Over 160 years ago, people began to hope that the gospel of Jesus would be shared in such a way that lives

would be transformed.

That hope brought people together in living rooms and in gathering places and

church structures were created (many times over) in order for the people of Jesus to cultivate hope and transformation in their souls, their homes, their city and the world.

The reach of this church is global. The witness of this church changes lives.

With the opening of the THRIVE! Child Care and Family Resource Center Christ Church is carrying on the tradition of cultivating hope for generations to come.

I'm so grateful for the witness of this church.

I'm so grateful to be a part of a Body that insists upon entering into all that is in order to create all that might

Blessings to you all.

Practice gratitude. Come to church. Share your witness and your prayers and your presence and your money and your passion.

There is blessing yet to do.

Pastor Elizabeth

## Paster Glasseth

Stories to be savored, week by week. Read scripture or read Amy-Jill Levine's book Short Stories by Jesus (available in the church office for \$10) to ready yourself for worship:

October 7th - Luke 15: 3 October 28th - Mark 4: - 7, Luke 15: 8 - 10, Luke 30 - 32, Matthew 13: 31 15: 11 - 32 Chapter One of Short Stories by Jesus

October 14th - Luke 10: 25 - 37 Chapter Two of Short Stories by Jesus

October 21st - Matthew 13: 45 - 46 Chapter Three of Short Stories by Jesus

- 32, Luke 13: 18 - 19 Chapter Four

November 4 - Matthew 20: 1 - 16 Chapter Five

November 11 - Luke 18: 1 - 8 Chapter Six

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> Your 2018-2019 Sunday school teachers! Give them a high-five to thank them when you see them!



Sunday School Superintendent **Jody Peterson** 



Grace Glover



**Emily Davis** 



Shelly Glover



Betsy Whitfield



Dotti Loutfi



Ann Loth



**Bobbi Nichols** 



Kaisey and Andy Ackerman



Every night in every home





reading might relate to your highs and lows



for one another's highs and lows



www.faith5.org

#### Here's a Challenge.

Lets all get together at church once a week for an hour or two. People of all ages and stages.

Let's tell a Bible story. Sing a Bible song. Lets laugh together. Create something together. Share highs and lows together. Open our Bibles and immerse ourselves in the story. Talk. Pray. Bless.

Yes, let's just simply get together every week at church. Then every night at home let's commit to checking in with one another and God. It will only take a few minutes. Welcome to the simple. Welcome to the revolutionary.

Will YOU join us?

#### Our connect groups are in full swing!

You can read about and sign up for all the classes, congregational read groups, connect groups, and Third Sunday forums at cumethodist.com. Click on "Get Involved" and find Connect Groups. Sign up at the reception desk in the church office or by calling the church at 507-289-4019

Child Care is available every Sunday. Weekday and Saturday Connect Groups/Classes Upon Request



first sundays, 9 am kids, youth and families intentionally help lead music and worship contact Katy@cumethodist.com to participate!



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The dream that began three years ago has become a reality with the opening of Thrive Child Care and Family Resource Center! The doors are open and the sounds of children laughing and playing can be heard in the lower level again! It is a true blessing to be part of this exciting new beginning!

Throughout this planning and construction journey we have been blessed with great partners. The Christ Church community saw a need and did something



about it. This place is going to teach children, support parents and employ fantastic staff. The board of directors of Thrive have worked hard to ensure that this center is the best place for children, families and staff. The planning and construction with AB Systems was as smooth as can be with Pete Schuller and Tim Boardman leading the way. All of our partners have played an important role in getting us ready to open our doors.

I am forever grateful for all of the gifts that have been provided to us at Thrive. From toddler sized tables and chairs, to quilts to paint smocks to puppets and books, we appreciate every item given, every prayer sent and every blessing given to us.

We hope that you will keep in touch with us and follow along as we settle in. You can like us on Facebook at <u>@ThriveFRC</u>. Our Facebook page is a great place to keep up with what's happening at Thrive as well as hear about any upcoming events! Our website, <u>www.thrivefrc.org</u>, is our go-to place for information about Thrive. Enrollment information can be found there as well.

We are excited to continue writing the Thrive story along with our children, families and staff. We are building community one family at a time!











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#### Faith → Life: Learn from Christ's Teachings

Third Sunday Forum

October 21, 10:15 AM – Hamline

Health CORE Serving Underrepresented Students at UMR Dr. Lori Carell, UMR Chancellor & UMR Health CORE Students Come and find out about this amazing program!

The mission of the Health CORE (Community of Respect and Empowerment) is to enhance diversity and inclusivity in the UMR student experience through intentional community development and support. Students who commit to this

special program are future health care professionals who are diverse, active, accountable, respectful and empowered.

Health CORE UMR is leading the way in higher education of underrepresented students with great results the incoming class includes 35.7% students of color. Nationally only 54.8% of underrepresented students graduate in 6 years, while 90% UMR students earn their degrees in 4 years. CORE students commit to living, studying and eating together and commit to community service. They succeed, and 100% in the BS Health Professions have jobs when they graduate!

#### Connect Groups for Fall

#### Congregational Read

Short Stories by Jesus – Amy-Jill Levine Connect groups will begin October 1st around this read. Books are still available in the church office for \$10.00. Sermons related to the parables in the book will begin on Sunday, October 7th with "Lost Sheep, Lost Coin, Lost Son".

#### Confirmation for Students of Any Age

Wednesdays 6:00 – 7:30pm

October 3 – November 18 (except October 17)

Education Conference Center

Rev. Katy Lee & Rev. Elizabeth Macaulay Confirmation is not just for our 8th and 9th grade

students. Whether you are a 50 year member, a new member, any year in between, or a nonmember; All are welcome to walk this spiritual path that is both journey and destination. You are invited to join as we challenge ourselves and grow intentionally with God and church family.

#### CUMC will host an ongoing discussion of race

This discussion is intended to be both timely and engaging. The discussion will provide a safe space to explore this difficult subject that has historically divided us as spiritual beings. We seek to examine this issue through a set of three, 6-week sessions occurring in the fall, winter, and spring. The sessions will initially be held in the Mettam Conference Room

beginning on Sunday, October 14<sup>th</sup> at 10:10 A.M. The themes are as follows:

1) Race and the Criminal Justice System; 2) Unpacking Whiteness; and 3) Race and Poverty. We welcome members of the congregation and community to join us as we learn and grow together. It you have any questions, please contact the CUMC office at 507-289-4019.

#### Informed Voting: Facts Matter

"Democracy cannot succeed unless those who express their choice are prepared to choose wisely. The real safeguard of democracy, therefore, is education." - Franklin D.

#### Roosevelt

If you didn't attend August's Forum or want the resources that were referenced, here are ways to become better informed about the candidates before voting in November:

#### Visit VoteSmart.org or call 1-888-VoteSmart

This is a free service where you are able to find biographies, voting records, issue positions, all public

comments, special interest ratings and contributors for all the national candidates.

Since VoteSmart has run out of printed copies of the VoteSmart's 2018 Self-Defense Manual, you can print your own copy on this link:

https://votesmart.org/media/publications

#### State and Rochester Voting Information:

Thanks to Kathryn Gardner you can find out about essential elections in Minnesota and Rochester in the handout, Vote your Faith, found at the reception desk in the church office.

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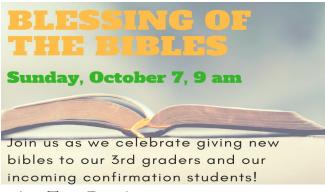
What a fall gearing up already! Such a gorgeous time of year, and what amazing things happening around this church.

I love the sense of things "starting" again, even thought we're halfway

through 2018. The rhythm of things feels like a new start in September. And, it's especially fun watching kids and youth advance another year in school: everyone grows and changes SO MUCH every year, and I learn so much from all of you.

#### A few things:

1. We start FAMILIES FIRST Sunday October 7th! Want to participate, with ushering, communion serving, skits, candle lighting, music, and more? Let us know! We do not have Sunday school on the first Sundays so that kids can all be present to 9 am worship, but the nursery is always available for all ages.



#### Trunk or Treat Details!

All are welcome! This is a fun, friendly, and safe place for people of all ages who are looking for a good excuse to wear their Halloween costumes more than once! Prizes for "Most Creative," "Most 2018 Relevant" and "Funniest" decorated trunks. Show up, wear a costume, bring friends (the more friends you bring, the more raffle tickets you get) eat hot dogs and popcorn, and enjoy our outdoor DJ and dance partay!

#### To Participate:

- 1. We'd LOVE you to decorate your car! Check out Pinterest or google for images and suggestions by typing in "Trunk or Treat"
- 2. If you want to park your decorated car in our lot

2. Starting immediately, we will tweak our Sunday school schedule a bit again: we are working to make sure that our kids have the best check in/ check out procedure, get a strong hour of community in learning in Sunday school, and also stay in touch with intergenerational worship. We are moving towards having a print-out nametag system with a new church app connected, which will be set up by the end of the year. We will go back to beginning with children in the 9 am worship service and being dismissed at children's lesson for Sunday school: we also will have Sunday school check in available before worship in the Commons. We continue to love your reflections and feedback as we experiment and create life-giving worship and safe spaces together!



#### Family Apple Adventure October 7

Meet @ CUMC @ 12:30 for the bus OR right at the orchard at 1 Northwoods Orchard Oronoco, MN





for Trunk or treat, which will be in the WEST lot, please show up between 3:30/3:45, drive into the West parking lot through the South-side entrance (the street in front of the main doors will be blocked) and park as close to the church front doors as you can (in the spots closest to 5<sup>th</sup> avenue)

3. If you want to just come for the fun, you can park anywhere (preferably spots farther from 5<sup>th</sup> avenue side) in our parking lot, West or East lot, or on the streets (which are open for parking on Sundays)

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### The overheard word of the month:

High school 9<sup>th</sup> grader to his dad: "Dad, Sunday school was great this morning!" "Really, in

what way? Did you do something fun?" "Well, not necessarily, we just sat and talked. But it was awesome." "How so?" "The leaders treated us like adults! They asked us questions, and wanted to know what we really thought. It was really cool."

Middle Schoolers! Help us prep the haunted house for Trunk or Treat! We'll be setting up from noon until 3:30pm then 4-6 is SHOWTIME! Lets get spooky!





Thanks to everyone who made the youth kick off SO much fun! Amazing Race 2.0 is in the books. Thanks to the Ackermans for a great scavenger hunt, thanks to Pasquale's for excellent pizza, and thanks to great kids!!

#### Middle School Happenings



#### THE EVENT

Nov. 2-4, 2018 Cragun's Resort, Brainerd

Sam Eaton

Boiling Point

And YOU

huge open gym. music. indoor pool. sugar rush. 300 youth. interactive worship. speakers. sign up today! contact Katy!



# TRUNK OR TREAT HAUNTED HOUSE: OCTOBER 28 SET UP 12-3:30 PM WITH PIZZA PERFORM 4-6



high school mission trip meeting October 1 7 pm

Appalachia Service Project is a Christian ministry, open to all people, that inspires hope and service through volunteer home repair and replacement in Central Appalachia.

We are getting together a team of youth to help showcase the story of this church! We will be doing this through videos, photos, and other cool stuff. Get the skills to be the next big Instagram or youtube sensation!



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#### LYDIA PROJECT

CUMC UMW has accepted the challenge to help the MN Conference with the Lydia Project. When the conference meets in 2020 there will be 10,000 purple hand stitched scarves to be given to all those in attendance. CUMC UMW has committed to providing 200!

What does this effort symbolize? Who was Lydia? In Acts 16:14 we learn Lydia was a woman whom the apostle Paul encountered as he was led into Macedonia. She became the first Christian to be baptized in Europe and she was a tradesperson in purple dye. This dye was very expensive in the ancient world, used only by royalty and people of high estate. Sea. 250,000 mollusks were needed to make one ounce in union with Christ and his teachings as they of dye.

We remember, as Christ was taken to be crucified, the

soldiers put a purple robe on him. Since then, the color purple has always been connected by Christians to the Lenten period, Christ as King.

The purple scarves being knit resemble a stole. The stole is used to symbolize a yoke. The yoke was used to harness two animals together so that they could work in alliance or union. Jesus used the symbol when he said to those who were burdened and heavy-laden "Take my yoke upon you, and let me teach you for my yoke is easy and my burden is light." Matthew 11:28-30.

As the delegates for General Conference arrive in Minnesota, one-half clergy and one-half laity, to vote on very important legislation representing Methodists It was made from shellfish found in the Mediterranean around the world, the stole is to be a reminder to work consider the important legislation before them.

Explanation written by Aileen Williams

GREAT

Rummage Sale

#### UMW Fall Rummage Sale

The Fall Rummage Sale is scheduled for Friday, October 12 and Saturday, October 13.

Check out your kitchens, closets and holiday storage areas for no-longer needed, gently used items and bring to CUMC on Thursday, October 11. In addition to the usual clothing and household items, we will have a large assortment of kitchen items, yarn, crafts and Christmas.

We can especially use people to help set up on Thursday from 8am – 5pm and clean up on Saturday. The church family can shop on Thursday from 3pm - 5:30pm. The sale is open to the public Friday from 8am- 5pm and the \$3 bag sale is Saturday from 8:30am- 1pm. We will have a coffee shop on Friday. Donations of cookies, bars, and muffins are needed and highly appreciated. Please bring donations to the church kitchen on Thursday and mark them "for UMW coffee shop".

Please do not donate TVs, baby/child car seats, large microwaves, or exercise equipment. We have to pay to discard these items if they do not sell.

General Secretary of the United Methodist Women recently wrote, "the reason for coming together, raising funds is to do our part in helping women, children and youth flourish. Our joint work is needed to make an impact to which we sense God calling us." We look forward to seeing you and your items on October 11th.



#### Volunteers Needed - Audio Technician

We need your help in running the 9:00 AM worship service. We are looking for volunteers who want to learn how to run the sound system in the CUMC sanctuary. (We promise, it's not as complicated as it looks!)

All training is provided. Volunteers will learn how to set up microphones for vocal and instrumental performances, how to run the sound system during the 9:00 AM service, and how to edit the 30 minute radio broadcast that runs on 1520 AM at 11:30 AM each Sunday.

Please call Joel Ott at 507-226-1115 or email joelott@outlook.com if you are interested.

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#### Keep Praying for Us! - Updates from the Lage family in Guatemala

Driving can be extremely dangerous here in Guatemala. Each day when I climb in the clinic's 15 passenger Toyota van, I try to remember to say a short prayer consisting of three parts.

- 1. Keep us safe as we go to and from our destination.
- 2. Keep all those around us safe as we travel.
- 3. Help me make good decisions.

Last Thursday we took our executive director and a dentist from Chicago to the airport so they could fly to the US. As Jan, John Edmund and I were returning to Panajachel, the town where we live, we stopped to eat at a popular restaurant. After the meal, I got ready to pull onto the highway. I checked to my left and saw a large tourist bus painted bright yellow and green in the left lane of the two lanes going my way, I checked right and it was clear, looked back left and the bus was still in the left lane. I pulled out and checked my mirror. Much to my dismay, the bus was now straddling both lanes. Shortly after this his air horn started blaring. I assume he finally saw me. I think God took over at about this point. I remember thinking that I had no idea which lane he would end up in so in my mind I thought we needed to be somewhere else. The bus horn continued to sound, while he kept getting closer and closer so very rapidly. I quickly moved to the left turn lane (one of a very few in Guatemala!) while waiting for the sound of the crash and stopped there.

The only sound was now the earsplitting sound of his horn as he literally stopped next to us never laying off the horn. I turned to my family and said "Thank you, God." The bus's windows were heavily tinted and I couldn't see the driver or passengers as the horn continued to blow. It was obvious he was angry. I obviously thought the fault was his and he just as obviously thought it was mine. It didn't matter. We were all alive....thanks to God! I tired of his antics and pulled away to continue our drive. So please keep praying for us and I'll keep praying as I drive...because all our prayers were answered in that moment! God bless you all!



Thrift on Fifth is now open every Wednesday, Saturday, and Sunday. Last year we ran out of coats, so this year, starting October 15 we'll be collecting coats and winter clothing like crazy! Please hold off bringing these items

until we're ready to accept them, and thank you for your generosity. Together we can help this community thrive!

Store Hours

Summer | Wednesday: 4pm - 7pm Saturday: 9am - 12pm **Sunday:** 9am - 12pm

## **GALLERY**

#### 405 Gallery Exhibition Schedule

October/November= Gary Hicks' photography work Look for the following artists soon!

Have an article for the New Spirit? Please submit it to oliver@cumethodist.com by the 3rd Wednesday of the month. Late articles may be very tiny or invisible. Thank you and happy writing!

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In the midst of a planetary crisis of our own making, how is God calling us to leverage the gifts we've been given to heal our relationship with Creation?

Find out by attending the Ecumenical Creation Care event which will be held from 8:30 - 2:00 on Saturday, October 13 at CUMC sponsored by CUMC and UMC Hopeful Earth Keepers. Representatives from all United Methodist churches in SE Minnesota and all Rochester churches have been invited.

The goals of this educational event are:

- Enhancement of worship and prayer life which incorporates eco-spirituality
- Activate to change public policy in green direction
- Learn how to move forward with solar
- Youth directions
- Shared good practices thru church and personal life

 Sound wise theology for our better integrating Creation Care into faith life

The cost to cover lunch and materials is \$15; free for students. Register by calling CUMC at 507-289-4019 or emailing email@cumethodist.com.

If you are interested in helping to provide hospitality at this event or have any questions, please contact Mary Schmidt at <u>oronocombs@yahoo.com</u> or 507-254-5216.



Ecumenical Rally at Christ United Methodist Church Saturday, October 13 8:30-2pm

The CUMC Tree of Life: Living, Celebrating, & Remembering With You





Dr. Nicholas Gregg joined our congregation Sunday, September 16 on the same day his daughter, Emma was baptized!



Dr. Robert Heistand joined our congregation as an associate member on September 23rd. Robert is involved in the handbell choir, and adult choir. Robert is a lover of music and the outdoors.



Two infants were baptized in our Sanctuary recently. We celebrate the sacrament of:

Zoe Carol Cooper - August 13, 2018

Emma Jie Gregg - September 16, 2018





Carl Veer February 21, 1928 September 8, 2018



*Ileen Klipsic*November 22, 1922
September 19, 2018



Clyde Taylor
December 15, 1923
September 13, 2018



David Bartel October 4, 1954 August 3, 2018



*Mildred "Millie" Richter* October 21, 1926 September 20, 2018



Lewis Judd August 10, 1922 September 22, 2018

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#### You Are Invited All are Welcome.

What: Fellowship Coffee

When: 2nd Wednesday of

**EVERY Month** 

Time: 8:30 A.M.

Where: Charlies Restaurant



#### We would love to give you a warm welcome

Do you know someone who may be interested in learning more about the church and how to connect with others? We offer monthly "Meeting

Christ Church" coffees at which our pastors will meet with people and introduce them to CUMC and the United Methodist denomination. Join us the 2nd Sunday of each month in the Fireside room following the 9:00 service. Childcare is available upon request! The next Coffee is September 9. Please contact the church office at 289-4019 or by email to email@cumethodist.com if you have questions or would like more information.





# YOUR BEST

Hy-Vee will be offering on-site flu shots at CHRIST UNITED METHODIST CHURCH on OCT 21 | 8:30 - 11:30 AM



Please bring proof of insurance to the event. This includes both Medicare Part B and Medicare Part D, as well as any commercial insurance cards.

> Vaccine is FREE of charge for Medicare patients.

Cash price available without insurance. See on-site pharmacist for details.

#### **Notes from Pastor Nancy**

Lay visitors call on persons who find it difficult to get someone from our church come to see them. The out and come to church. Lay visitors provide a connection with members who desire a listening ear and a compassionate church friend.

There will be an opportunity to learn more about becoming a lay visitor on Sat. Oct. 27 from 9-9:45 am. We will meet in Mettam Conference Room. Information on training, expectations and highlights will be provided. Light refreshments will be served.

One of our current lay visitors has said this about her experience: "The people I visit really appreciate having

church was a vital part of their lives and they have many memories surrounding the church. I want to give back to our church and our community."

Please consider this opportunity for ministry. For more information contact Pastor Nancy or Elaine Bauman.

Coming Soon: Grief Support Group

If interested in receiving information, please contact Pastor Nancy by emailing <a href="mailto:nancy@cumethodist.com">nancy@cumethodist.com</a> or calling the church office (507)289-4019

Christ United Methodist Church

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September 23 after each Worship service the congregation took a tour of the finished Thrive Space. The Pastors led a blessing, thumbprints were placed on this poster, and we gave it to Thrive! as an opening gift, from our hearts to their ministry.