

SPIRIT

Christ United Methodist Church

Thank You for saying YES!

All Church Potluck

10am-12:30 pm Wesley Hall November 11, 2018

No sign up required, just bring a side!

Stew and Carol Swanson are cooking up sloppy joes!

LET'S EAT!

WORSHIP DIRECTORY:

8AM BELOVED (CHAPEL)

9AM TRADITIONS (SANCTUARY)

11AM ARISE! (ECC)

www.facebook.com/cumethodist www.twitter.com/cumethodist 11:30am Sunday Radio Broadcast on

KOLM (1520 AM) www.youtube.com

"Christ United Methodist Church Rochester MN"

Page 2 NEW SPIRIT

Pastor's Pen with elizabeth macaulay, lead pastor

You may know that I will leave you for a time; not forever, but for a time.

The UM Book of Discipline asks that clergy make time every seven years for a renewal leave. It has been ten years since I last took time away.

On January 13th I will preach all three services, savor some send-off fellowship time with you all, and then board a plane for Australia.

Because of the amazing generosity of the Lilly Foundation and the program they run through Christian Theological Seminary, Cooper and I will be able to experience a time of intentional Sabbath and wild time. Wild time is time spent outside in my body in places that are beautiful and sacred. The grant I wrote for and received will cover all the costs for our travel to Australia and New Zealand, time for solo retreat for me in Sedona, and a two week RV trek with Cooper through National Parks like Zion and the Grand Canyon.

I will be back in your midst in time for Palm Sunday (April 14th, 2019).

This grant also includes you.

In order to bring the gift of Sabbath and wild time back to the congregation, I wrote into the grant an all-church camping experience. I am asking you to set aside August 2nd through the 4th for camping together at Afton State Park. We have reserved a group camping site. All fees and food will be paid for by the grant. SO, mark your calendars and plan on attending. This is for people of all ages. We will have time to play and sing and eat and swim and savor being outdoors in God's amazing world.

I am able to take this leave because this church is strongly healthy. Our District Superintendent and the Cabinet are supportive. Pastor Katy will be the Elder in charge. I am setting up guest preachers so the preaching load does not feel burdensome. We have a wealth of gifted clergy in this church; those who are retired and those serving as chaplains. Our

Leadership Board is leading. You are a strong and vibrant bunch. All will be well.

January and the by gratitude.

In the meant praying, kee giving.

This church is hope-starved wibrant bunch. All will be well.

I will tell you that after the initial euphoria about receiving the grant (\$38,000 is no small gift!) I felt a deep pang of grief. I will miss being with you. I will miss the opportunity to worship with you for three months. I will miss the sass and tenderness and the heart of you all. I am keenly aware that I will miss

funerals and life events for a people I have come to love. There is grief in this abundance of grace.

That's a good thing.

During my three month leave, there is much I want to discuss with my Creator. Things like: What does it mean to be 62? What legacies do I want to leave? What intentions do I seek to bring to my ministry and unfold in my life? Will I ever write the book that feels like it needs borning? What will it mean to spend three months apart from the day-to-day demands of parish ministry? Where is the Spirit moving Christ UMC? What is our next frontier? How can we offer the healing love of Jesus in ways effective and powerful? How can we celebrate more and worry less? Who am I, anyway?

Having this renewal leave at this time in my life is rich beyond the telling. I have a few questions. Having the time to ponder them is manna.

I suspect I'll have some stories to tell. I know I will return to ministry here with a soul well watered and a body grateful for fresh air and adventures embraced.

My being physically absent does not mean I am spiritually absent. Christ UMC will be with me in every breath. That's what it means to live as the Body of the Living Christ.

It's November. We have much to celebrate. There will be an all-church pot luck feast to celebrate our commitment to this ministry we share, an Interfaith Thanksgiving service and Advent to ready for.

I suspect that I will board that plane on the 13th of January and feel a trifle collapse-ish and overwhelmed by gratitude.

In the meantime, let's remember to keep praying, keep thanking, keep believing and keep giving.

This church is a mighty movement in the midst of a hope-starved world.

What a ministry we share.

Thanks be to God -

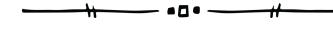
Paster Gabeth

Pastor Elizabeth

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All Church Pot Luck

We will be having an all church pot luck on November 11th to commemorate your amazing R pledge to "Say Yes" to the ministry of this church. With your gifts we are able to help more people through every aspect of life. In 2019 we are looking forward to having more children in Thrive, utilizing new and exciting ways of connecting with the congregation and beyond, and having a brand new Fourth Street to welcome everybody in! So of course your gifts deserve celebrating! Stew and Carol Swanson are providing Sloppy Joes and we invite you to bring a side, salad, or desert! The fun will take place from 10am - 1pm on Sunday, November 11.



Did you know?

One of the most compelling ways to grow our community is through invitation.

The average United Methodist invites friends to church once every 38 years. - United Methodist Reporter

Be a trend buster! Invite your friends to worship!



All Saints Sunday

We will celebrate All Saints Day on Sunday, November 4. At the 9 am Traditions Service, the names of church members who have died since last All Saints Day will be read aloud as a rose in placed on the altar. Invitations to family members have been sent. Those who will be remembered include:

Christ United Methodist Church

Interfaith Thanksgiving **Eve Service** we give thanks together.

NOVEMBER 20 · 7 PM

Temembered merade.	
Francenia Wilson	November 1, 2017
Joseph Combs	November 1, 2017
Joan Wilcox	November 13, 2017
Robert Brown	November 19, 2017
Susan Borgen	November 21, 2017
Marianne Brown	November 30, 2017
Gary Coffin	December 6, 2017
Velva Gitsch	December 11, 2017
Sandra Naylor	December 15, 2017
Richard Garbisch	December 24, 2017
William Peterson	January 8, 2018
Audriene Zelenski	January 12, 2018
Leland Bierbaum	January 15, 2018
Donald Frederickson	January 26, 2018
Jeanne Brown	January 29, 2018
Carolyn Richards	February 2, 2018
Joan Hernlem	February 4, 2018
Gerald Needham	February 17, 2018
Ervin Schmidt	February 26, 2018
Kaysie Kerr	March 2, 2018
Patricia Scoggin	March 5, 2018

Betty Jane Laitala	March 21, 2018
Diane Hellie	March 21, 2018
Delores Holland	March 22, 2018
Ruth Jewson	March 31, 2018
Doris Dockstader	April 8, 2018
Hideko Okamoto	April 11, 2018
Camilla Randall	May 31, 2018
Linda Curtis	May 31, 2018
Ruth Kirkham	June 25, 2018
William Barker	July 3, 2018
Iona White	July 31, 2018
David Bartel	August 3, 2018
Lloyd Long	August 20, 2018
Phyllis Mahler	August 22, 2018
Carl Veer	September 8, 20
Norman Rockvam	September 11, 2
Clyde Taylor	September 13, 2
Ileen Klipsic	September 19, 2
Mildred Richter	September 20, 2
Carol Healey	September 21, 2
Lewis Judd	September 22, 2

March 21, 2018
March 21, 2018
March 22, 2018
March 31, 2018
April 8, 2018
April 11, 2018
May 31, 2018
May 31, 2018
June 25, 2018
July 3, 2018
July 31, 2018
August 3, 2018
August 20, 2018
August 22, 2018
September 8, 2018
September 11, 2018
September 13, 2018
September 19, 2018
September 20, 2018
September 21, 2018
September 22, 2018

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Loving our Big Beautiful Building

The ministries of CUMC are expanding! THRIVE brings children to us Monday through Friday with boots coming in and out and tiny potties used daily. Saturday Noonday Meals and Thrift on Fifth bring people from Rochester and the surrounding communities in for a hot meal and a good deal every week. Wednesday night is a wild party of potluck and programming and thrifting again. Sunday morning brings worship services in three different areas of the church and educational and connect group opportunities for all ages. Classrooms and meeting spaces are in high demand every single Sunday morning. And....there are weddings and funerals and special events like rummage sales and Trunk or Treat happening more often than not.

And.....the first floor of our rental property is now being rented out to people in need of short term housing due to clinic appointments or other reasons. It is booked solid through March!

The square city block of our property is filled with loveliness and mission and increasingly complex needs for maintenance.

We can all agree that our building and grounds need to be safe, clean and welcoming in order for us to be the hosts of grace-filled days that we are called to be in the midst of this city.

With this in mind the Leadership Board has decided to move to a different model of building and ground maintenance. We introduce Kent Nyman who has agreed to become our new Building Manager and will begin his duties on November 5. He has extensive experience in school and church maintenance. In a twist of fate it is worth noting that Kent's spouse is a United Methodist Pastor, serving Peace, Kellogg, and Weaver Churches in southeastern Minnesota. Kent's regular hours will be 1pm through 9pm Monday through Friday. This will allow him to attend to the building each evening and to insure that set ups are completed for the following day. Jenny Cordry and Oliver Books, front office staff, will open the building each morning and answer questions, contacting Kent if there are non-routine issues that need addressing.

Regular and thorough cleaning of the building will now be contracted out to Vanguard cleaning company. They will be cleaning our church property (including THRIVE) on Monday, Tuesday, Wednesday Thursday, and Saturday.

There are additional points of the plan that are too numerous to detail here, but Diane Ilstrup, Pastor Elizabeth; and members of the Leadership Board representing SPRC and Trustees (Karla Wysocki, Alan Stepanik, Karla Sukov, and Bobbi Nichols) welcome your questions; your input; and your suggestions for improvement as the new process unfolds. Thanks go out to Diane Ilstrup, Karla Sukov, Alan Stepanic, and

Jenny Cordry for their work in researching the details and viability of this new model. We offer this prayer as we go forward:

Dear God, We are blessed with a property that we have because of the vision and work of past leadership and answered prayers. Help us to be good stewards of what we have been given and help us to use it all in your name.

Amen

- Bobbi Nichols



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Faith → Life: Learn from Christ's Teachings

Third Sunday Forum

November 18, 10:15am – Hamline

Why Does Money Matter?

Video by Lynne Twist

Facilitated by Aileen Williams and Kathy Estry

For more than 40 years, Lynne Twist has been a recognized global visionary committed to alleviating poverty, ending world hunger and supporting social justice and environmental sustainability.

"Listening to Lynne is like soul food! It returns me to my core. Everyday madness melts away, life regains perspective, and I am re-inspired to be more of who I truly am."

- BARBARA WEBER, Grameen Foundation USA

"Courageous Conversation About the Way Forward" Rev. Elizabeth Macaulay

Wednesdays, November 28 – December 19 6:00 – 7:30pm, Location to be determined based on size of class.

The United Methodist Church is in a time of deep discernment and decision making regarding unity.

A specially called General Conference in February of 2019 will gather clergy and delegates from across the world to consider the largeness of our theological tent.

Please join Pastor Elizabeth for a four week session on Wednesday nights. We will engage in learning about the issues and the solutions being proposed as well as sharing a time of prayer and conversation about this heart-full issue. The curriculum used is "Courageous Conversation About the Way Forward" created by the UM church as well as the learning created through our conversations.

Vote Your Faith November 6th

Are you registered to Vote?

"There is no such thing as being non-political. Everything we say or do either affirms or critiques the status quo. Even to say nothing is to say something." - Richard Rohr

"Engagement in the political process, broadly defined, is not an option. It's inevitable. For all people of faith, the question is not whether to be "political," but how to do so with intentional awareness, commitment, and faithfulness to the vision and love which has claimed and called us." - Wes Granberg-Michaelson

Ways to become better informed about the candidates before voting in November.

Congressional Voting Information

VoteSmart.org or call 1-888-VoteSmart

This is a free service where you are able to find biographies, voting records, issue positions, all public comments, special interest ratings and contributors for all the national candidates.

https://votesmart.org/media/publications

Since VoteSmart has run out of printed copies of the VoteSmart's 2018 Self-Defense Manual, you can print your own copy on this link.

State and Rochester Voting Information

Thanks to Kathryn Gardner, you can find out about essential elections in Minnesota and Rochester in the handout, Vote your Faith, found at the reception desk in the church office.

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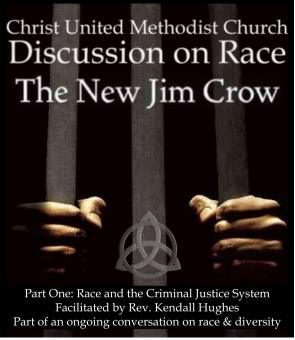
Race and Diversity Discussion

CUMC has begun to host an ongoing discussion of race that is intended to be both timely and engaging. The discussion will provide a safe space to explore this difficult subject that has historically divided us as spiritual beings. We seek to examine this issue through a set of three, 6-week sessions occurring in the fall, winter, and spring. The sessions will initially be held in the Hamline Room. The groups began on Sunday, October 14, and have continued to grow.

The themes are as follows:

- 1) Race and the Criminal Justice System
- 2) Unpacking Whiteness
- 3) Race and Poverty.

We welcome members of the congregation and community to join us as we learn and grow together. If you have any questions, please contact the CUMC office at 507-289-4019.





The United Methodist Women of Christ United Methodist Church invite you to:

Winter Wonderland Tea

Note new date: Saturday, January 5, 2019 2 - 4 pm Tickets go on sale December 2 for \$20.00

111 6111

The Fall UMW Rummage Sale on Oct. 12 & 13 was a great success!

It was the biggest and best sale that UMW has had for many years. Wesley Hall was overflowing and shoppers kept coming! The sale provided a place for those down-sizing to bring their items and low cost



clothing and houseware to those with limited income. It was especially rewarding this Fall to be able to help other non-profit organizations from the area find things to help meet their needs. We were thrilled to help members of a new Hmong Baptist Church in Eyota who just opened their doors find rugs, file cabinets and other miscellaneous necessities for starting a new church. Other groups receiving goods were Bundles of Love, THRIVE, Christmas Anonymous, Dorothy Day House, Emma Norton, CUMC Hospitality House, First UU Church Sanctuary and NP Community. Thank you to all the volunteers who put in hours unpacking, sorting and organizing the thousands of items and cleaning up afterwards and to the congregation for your continued support.

Special Mission Recognition for United Methodist Women

UMW recognizes church members who have dedicated time and effort to service in United Methodist Women and the church. Nomination forms are available November 1st in the church office and are due January 15th.

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youth choir

REVAMP

10:15 am
Sundays, November 11Christmas eve
email
beth@cumethodist.com



Check out the CUMC Youth Instagram account!

@christunitedyouth

Keep an eye out for AWESOME SHIRTS coming soon!



Middle school serves!

SATURDAY NOON MEALS NOVEMBER 17 SHOW-UP: 9:30 AM DONE BY: 1 PM

RSVP BY NOVEMBER 14: EMAIL KATY@CUMETHODIST.COM OR TEXT 651-399-8605



Oh sure, you betcha

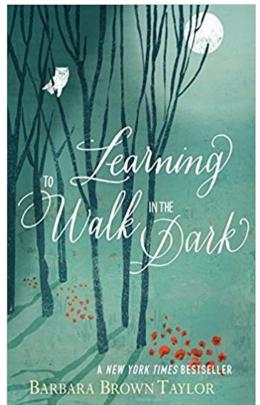
ASP: NOVEMBER 17, 7PM LEFSE MAKING IN WESLEY HALL

CONGREGATION: BE SURE TO BRING CASH NOVEMBER 18

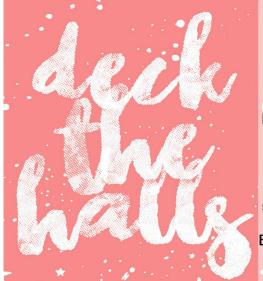
AND GRAB SOME EXCELLENT LEFSE FROM OUR ASP TEAM!

Appalachia Service Project is a Christian ministry, open to all people, that inspires hope and service through volunteer home repair and replacement in Central Appalachia.

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Women's young adult group: Want to be in a supportive community of young adult women? Join the young adult women connect group: contact Katy for more information (email: katy@cumethodist.com). We are reading Barbara Brown Taylor's *Learning to Walk in the Dark* and we will meet again Nov 11 for dessert at Katy's from 6 - 7:30 pm.



December 2 6-7:30 pm a Christ UMC

Help dress the church up for Christmas!

Kid-friendly, interactive hanging of the greens service, with a Christmas cookie exchange after.
Bring your favorite cookie or be a taste-tester!

You Are Invited

All are Welcome.

What: Fellowship Coffee

When: 2nd Wednesday of

EVERY Month

Time: 8:30 A.M.



We would love to give you a warm welcome

Do you know someone who may be interested in learning more about the church and how to connect with others? We offer monthly "Meeting"

Christ Church" coffees at which our pastors will meet with people and introduce them to CUMC and the United Methodist denomination. Join us the 2nd Sunday of each month in the Fireside room following the 9:00 service. Childcare is available upon request! The next Coffee is November 11. Please contact the church office at 289-4019 or by email to email@cumethodist.com if you have questions or would like more information.

Volunteers Needed - Audio Technician

We need your help in running the 9:00 AM worship service. We are looking for volunteers who want to learn how to run the sound system in the CUMC sanctuary. (We promise, it's not as complicated as it looks!)

All training is provided. Volunteers will learn how to set up microphones for vocal and instrumental performances, how to run the sound system during the 9:00 AM service, and how to edit the 30 minute radio broadcast that runs on 1520 AM at 11:30 AM each Sunday.

Please call Joel Ott at 507-226-1115 or email joelott@outlook.com if you are interested.



Thrift on Fifth is now open every Wednesday, Saturday, and Sunday. Last year we ran out of coats, so this year, we are collecting coats and winter clothing like crazy! Please hold off bringing these items until we're ready to accept them, and thank you for your generosity. Together we can help this community thrive!

Fall Store Hours

Wednesday: 4pm - 7pm Saturday: 9am - 12pm Sunday: 9am - 12pm Page 9 NEW SPIRIT

Notes from Pastor Nancy

Grief Support Group: Rev. Kellie Tracz, Mayo Hospice Chaplain and Christ UMC participant will be offering an adult grief support group in the Fireside Room from 6 - 7:30pm on the following Wednesday nights: Nov. 7, 14, 28, Dec.7, 14. Come for Supper and stay for the group. Non-members welcome.

Rev. Kellie Tracz works for Mayo Clinic Hospice. She is a Board Certified Chaplain and received her Master of Divinity from McCormick Theological Seminary. When she's not at work, she enjoys spending time with her family, friends, and furry critters.

The next MCI group meeting will be Wednesday Nov. 14 at 9 am. Note the change in time and usual date. The MCI group is for persons with a mild cognitive impairment or early onset dementia and for their loved ones. We will meet in the Family Room. Pastor Nancy facilitates the group discussion. It is a chance for you to feel supported and understood within your faith and life experience.

Visits in the hospital: If you would like one of your pastors or parish ministers to visit you in the hospital, please call the church office. If it is after business hours or on weekends, call the office to get the phone number for the pastor on call. Thank you.

I invite you to consider joining the lay visitor ministry team. This group of members and friends of Christ UMC call on a homebound member once a month to let them know their church is thinking of them and to be a caring presence in their lives. Lay Visitors may choose how many people they want to visit and what type of location they prefer, such as in their own home, in a nursing care facility, assisted living or memory care.

Lay visitors also meet as a group a few times a year for some continuing education. A four hour training is provided. A one year commitment and a background check is requested.

Happy Fall, Pastor Nancy

PS If you know of others who may be interested, spread the word. Singles, Couples and Families welcome.

Date of Authorization: October 9, 2018

AUTHORIZATION TO CONDUCT A CHARGE CONFERENCE

This letter will authorize the Elder named below to preside at a Charge Conference at **Christ United Methodist Church** in Rochester. This meeting will be conducted in accordance with the 2016 *Book of Discipline* Paragraphs 246-251.

Date of Conference: Thursday, November 15, 2018

Time of Meeting: 5:30 p.m.

Presiding Elder: Rev. Gary Lueck

Agenda: approve pastoral compensation

GALLERY 405

405 Gallery Exhibition Schedule

October/November - Gary Hicks' photography work

Have an article for the New Spirit?

Please submit it to

oliver@cumethodist.com by the 3rd

Wednesday of the month. Late
articles may be very tiny or invisible.

Thank you and happy writing!

Page 10 **NEW SPIRIT**

Hospitality House Update!

After much deliberation, we have decided to turn our Hospitality House into a VRBO. VRBO is a rental website similar to Air BnB where folks who are in need of a comfortable, clean place to stay while receiving treatment at Mayo can easily book. The website offers them fast, simple communication with staff. Within 2 days of posting the Hospitality House online, we became booked through March 2019! Pray for this ministry as we provide a cozy spot to heal for our friends this winter.







my two girls mom and I were welcomed with open arms, my daughters lipic. We were desperate and needed a place to Stan blessing and to apprayer. is so cointy and home, when home is

The CUMC Tree of Life: Living, Celebrating, & Remembering With You 💸 🖋 Welcome New Intentional Disciples! 💐 🥍



October 21, 2018 Nicole and Seth Nfonoyim-Hara joined Christ Church as Intentional Disciples

Seth is a biomedical engineer developing medical devices with the Mayo Clinic Division of Engineering. with the baptism of: Originally from the great state of

Ohio, he spent several years on the East Coast, West Coast, and overseas, but he is happy to be back in the Midwest. He loves being active in the community, wandering in the great outdoors, and everything involved in the production and consumption (but mostly the consumption) of good food.

Nicole is a writer and anthropologist. She was born in the Dominican Republic and grew up in New York City. Before moving to Rochester, Nicole lived in England, California, India, Ohio, Spain, and Ecuador. Her upbringing, studies, and travels instilled in her a desire to be of service and to seek out ways to nurture beloved community. She loves food, books, snuggling with Zo, and gathering with loved ones.





Jan 27, 1915

Sept 21, 2018



Jan 22, 1921 Sept 11, 2018





In the month of October we were blessed

Zorida Nfonoyim-Hara October 21, 2018





Tonia Wilson was married to Adam Hanson in our Sanctuary by Pastor Nancy on October 6, 2018.

Congratulations to the newlyweds!

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Are You Part of a Connect Group??

As humans we have a deep need for connection with each other, but it can feel risky when there are strangers involved. This fall about 50 people have stepped forward to host and join new Connect Groups. Existing small (and not so small) groups have extended their hospitality to new members (another 100 or so people). We also have on-going groups such as Inquiring Spirits, Contemporary Issues, Thrift on Fifth, our choirs, UMW circles all of these help us connect to each other, to early Christians who met in groups in homes, and to early Methodists who depended on small groups to grow in their faith. The groups are diverse, though their purpose is consistent.

Each group has its own "chemistry", and each member responds from where they are at the moment. One comment we received from a group member was:

"Meeting weekly with our small group is a favorite afternoon for me for several reasons. I have formed great friendships...with the group so welcoming and interesting! A small group makes it easy and compelling to comment on topics being studied. Any and all comments are welcomed."

Here's a comment from a host:

"We have found hosting a connect group a great way to extend hospitality to old and new friends, share experiences and realize we all long for unity and peace, not separation and fear."

We appreciate you all, members and leaders, for sharing your interests and energy to help these groups happen. In February we'll be adding some new groups and continuing old ones, with sign-ups again in January. So be thinking about what you've gotten from your groups and what you would like to get and to give in new groups. Do you have an interest or hobby that you'd like to share, a book that meant a lot to you, an area of special knowledge? Cross-country skiing? Making soup? Aging well? Care-taking? Quilting? We want to hear from you! Write or speak to Kathy Estry (rk.estry@gmail.com) or Pam Lund (lund.pamela7@gmail.com). Group hosts and members have a front seat at seeing God's work happening in our lives. And sometimes laughter happens, which we all know is good for body, mind, spirit, and relationships. Don't miss out!





Join this year's children and youth Christmas pageant!

Practice @ ChristUMC 6:00-6:30 pm Wednesdays, November 14-December 12

Performances:
December 16, 9 and 11 am

Christ United Methodist Church

400 Fifth Avenue SW Rochester, MN 55902 Phone: 507-289-4019

Fax: 507-289-3648

E-mail: email@cumethodist.com

Non Profit Organization

U S. POSTAGE
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Rochester, Minnesota
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Return Service Requested

Christ United Methodist Church

400 5th Avenue SW

Interfaith
Thanksgiving
Eve Service
we give thanks together.

NOVEMBER 20 · 7 PM