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June 2018

**CHRIST**  
METHODIST CHURCH  
**UNITED**  
Grace, In The City

**THE NEW**

**SPIRIT**

save the date  
june 25-29  
summer kids camp  
Pre-k--5th grade

**TRE**  
**NEW**



**THE GREEN VBS™**

Grow in Faith. Have Fun. Change the World.

\*More details on page 10!

WORSHIP DIRECTORY:

8AM BELOVED (CHAPEL)

9AM TRADITIONS (SANCTUARY)

11AM ARISE! (ECC)

[www.facebook.com/cumethodist](http://www.facebook.com/cumethodist)

[www.twitter.com/cumethodist](http://www.twitter.com/cumethodist)

11:30am Sunday Radio Broadcast on

KOLM (1520 AM)

[www.youtube.com](http://www.youtube.com)

"Christ United Methodist Church Rochester MN"

# Pastor's Pen

WITH ELIZABETH MACAULAY, LEAD PASTOR



"I want this church to know that because we exist in this community lives are blessed and changed."

May was dense with cakes and celebration.

We were blessed to witness as five our youth confirmed their faith. We ate cake afterward.

We celebrated a year of Sunday school and youth small groups and honored those in our community - fire fighters and the like - who keep us safe. We thanked Kathy Davis for years of heart and soul given as Sunday school Superintendent. We ate cake afterward.

Eleven leaders from Christ UMC attended an "Anxiety in the Church" workshop offered by the Lombard Mennonite Peace Center. The workshop was designed to help leaders lead. Anxiety is free-floating in our culture and surely it is alive and well in churches. The workshop sought to share wisdom with those who seek to unpack the power of God's vision and hope in the sometimes-challenging gift that is church.

Three delegates from Christ UMC - Kristen Hansen, Bobbi Nichols and Diane Ilstrup - and our three clergy travelled to Annual Conference in St Cloud. We reveled in the power of the Arise! worship band leading eight hundred people in worship and we joined with all gathered to welcome the Holy Spirit's pouring out on Pastor Katy Lee as she was ordained an Elder in the United Methodist Church.

On June 3rd we will celebrate our high school graduates at the 9:00 service. There are nine of them! We will eat cake together.

So much life. So much to celebrate.

As all of this marking of new life is going on upstairs at the church, the ground level is being transformed. THRIVE! Child Care and Family Resource Center is taking shape day by day. Prayers do turn into brick and mortar miracles: Tiny toilets and welcoming space for children and families.

This summer we will be considering the issue of how it is we are called to be leaders in just such a time as this. We'll follow the story of David from Hebrew Scriptures. The sweep of his story is full of lessons for how we ought and ought not use the power God gives us to create life in community. It's timely. You won't want to miss a Sunday!

As life continues to be dense, I am ever more grateful for the teachings of Jesus.

I want to pass along to my grandchildren a world where the Boundary Waters continues as sacred trust. I want future generations to breathe into their bodies clean air and surety that safety is not a commodity only available to the wealthy. I want so much goodness for the families who will entrust their children to the care of THRIVE!. I want this church to know that because we exist in this community lives are blessed and changed.

Being in community keeps me sane. Being in a community that chooses to live the counter-cultural teachings of Jesus keeps me hopeful.

I do believe that through our abundant Creator, all things are possible.

Savor the dense gift that is life. Find ways to play outside and experience the power of starlight. Pay attention to the transitions of graduations and birth and death and know that your story is being told breath by breath.

May you know blessing this summer.

You are gift. Believe it.

Pastor Elizabeth

*Pastor Elizabeth*



## Introducing (or reintroducing) the Leadership Board at Christ UMC



Karla Wysocki  
Trustees



Alan Stepanek  
Trustees



Katie Imming  
Staff Parish Relations



Karla Sukov  
Staff Parish Relations



Bobbi Nichols  
Staff Parish Relations



Dick Estray  
Finance



Chris Muller  
Finance



Deb Gross  
Spiritual Grounding



Dan Zimmer  
Lay Leader



Rev. Elizabeth Macaulay  
Lead Pastor

The Leadership Board meets the third Thursday of each month. The role of the Leadership Board is governance as well as establishing operating principles for the church and boundaries for the lead pastor. [Click here](#) to read the Operating Principles of the Leadership Board.

Do you want to know more about our leadership structure? Please contact any of the above persons or read the book Winning on Purpose by Kaiser, Bandy and Easum.

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### Staff Transition

Dr. David Friddle has stepped down from his role as Organist and Music Director at Christ UMC. We know that staff transitions are hard for everyone involved.

We are grateful to John Varona for his willingness to serve during a time of discernment about next steps for our music program.

Questions or concerns may be directed to Bobbi Nichols, Karla Sukov or Katie Imming.

### Guest Preacher

Our District Superintendent the Rev. Cynthia Williams will be preaching at the 9 and 11am services on June 10th as part of our "Holy Leadership!" worship series. Rev. Williams' watercolor works are also currently being featured in our Arts on 5th Gallery.

## Greetings from Guatemala!

It has been a busy few months with lots of great things happening. In March we happily greeted Nikki Gensmer and have been getting her up to speed as our new Team Coordinator. John and Nikki teamed up to host a special team from Paradise Valley, Arizona. It was made even more special when Dr Phil Karsell, his wife and granddaughter joined them. Dr Phil had joined the CUMC YAM team before and will again, so it was nice to begin working with a few familiar faces. It was a great first team for Nikki. Salud y Paz is excited to host a CUMC Guatemalan Mission team again in January 2019; our team was sorely missed this year! If you are considering joining the team let Pastor Katy know.

As always, we are struck by the importance of relationships in our Mission here in Guatemala. Our relationship with God, and through God, our relationships with others, God blesses us every day. In April we were blessed with a very special visit from the General Board of Global Ministries who stopped by to meet with Salud y Paz and the Guatemalan National Methodist Church at our clinic in Camanchaj. It was the first time that we had seen Una Jones since our training with her to become United Methodist Mission Volunteers in February of 2014. It was a joy to renew those connections and to meet Edgar Avitia, Sr Liaison for the Latin American Caribbean Area and the Rev Dr Luis de Souza Cardoso who is the Operation manager for the Regional Office. They are appropriately included in the newly formed Global Mission Connections unit.

And we will be back in Minnesota on June 26th to visit all our dear friends and family! We will also be visiting Indiana, Michigan and Illinois, so it will be a busy time, but we hope to connect with as many of you as possible before returning to Guatemala on August 2nd. If you feel called to give to our continuing mission in Guatemala I invite you to give through the General Board of Global Ministries by typing [bit.ly/2LjA0fL](http://bit.ly/2LjA0fL) into your web browser and choosing **John and Janice Lage** in the drop down menu. We look forward to seeing you soon!

- Jan & John Lage





The book drive for Thrive was a huge success! Thank you to all who donated books. Didn't make it to the book drive? No worries, we will continue to collect books throughout the summer! There are many ways to donate:

- Collect gently used children's books from your personal library.
- Choose and purchase books from our Target Registry. Search for Thrive Child Care in the store or online.
- Choose and purchase a book from our Amazon wish list. Log in to [smile.amazon.com/ch/82-2612625](https://smile.amazon.com/ch/82-2612625), choose find a list and enter Thrive Child Care in the search box. You can choose to have the books shipped directly to Thrive.
- Check out the book list that is in the office and purchase books off that list.
- Purchase one of your favorite children's books from a store of your choice.



Construction continues to move along in the lower level. The walls have all come down and now the crew is busy putting the new walls up! So much is happening in that space each day! While the construction project continues to move along, the program side of Thrive is just as busy! The licensing process is underway, policies are being written, the playground is being designed and the most exciting development is the launch of the Thrive website! Feel free to check it out at [www.thrivefrc.org](http://www.thrivefrc.org)!

**THRIVE! CONSTRUCTION.** From April until at least LABOR DAY, the exterior Chapel Door entrance may ONLY be used to go to the Chapel. All other areas of the lower level are inaccessible from the exterior Chapel door entrance.



## Summer Internships at Christ UMC

We have the opportunity here at Christ church to host two interns this summer!



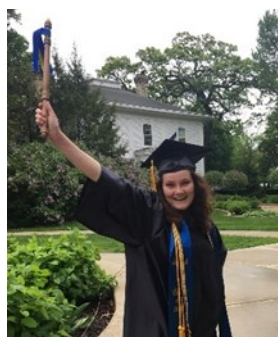
**Allison Schwarz, a Psychology Major at the University of Wisconsin-Eau Claire.**

Allison is our intern selected through the Eli Program, through the Minnesota Annual Conference.

From "eliprojectmn.com": The Exploring Leadership Internship (ELI) Project was a pilot initiative of the Minnesota Annual Conference's Board of Ordained Ministry in 2015 to identify, encourage, and support young adults who are exploring a call to ordained ministry.

Through the Exploring Leadership Internship program, or "The ELI Project," up to 10 young adults are selected to participate in a learning experience each summer. After gathering for a week of orientation, which will include a seminary visit, leadership assessments, and an opportunity to learn about the United Methodist Church, each intern will be placed at a host church for eight weeks. Over that period, the host congregation will invite the intern to gain hands-on experience by preaching and/or lead a Bible study or devotional, planning worship, becoming involved in a social justice or community outreach ministry, observing leadership development/discipleship ministry at the host site, and providing pastoral care. By being involved in a wide variety of ministerial contexts, the intern will have a taste-and-see experience of what it really means to be a pastor at a local church.

The internships are for a ten-week period, beginning with an intern/mentor meeting day, May 24 then, group orientation from May 29 to June 1, followed by the nine-week on-site internship (June 3 August 5), and then a wrap-up retreat Sunday, August 5 - Tuesday, August 7 that includes group reflection, evaluation, and celebration.



**Grace Glover, (recent!!) graduate of Beloit College in Wisconsin.**

Grace's family are members here at Christ UMC; she and her mother Shelly (who attends the 11 am Arise service) participated in the YAM Guatemala 2017 trip. She is applying for outside grant money to work with our church, most specifically with Thrive!, this summer. She is interested in our work as a church mostly through the non-profit and community development perspective.

These wonderful women will be helping with many things this summer:

- Building up and supporting our children's environmentally-centered VBS
- Rochesterfest booth June 20<sup>th</sup> for the Families night
- Work with VBS, the Boundary Waters trip, Sunday worship, Young Adult activities and small groups, as well as with mission and outreach opportunities throughout the summer.
- Grace will work with Tanya Goretzki with community outreach and research to help build the Thrive! network and strengthen the program for the fall launch.

**50 year**  
member luncheon

Save the Date: The Luncheon to Honor Members of 50 Years or More will be held Thursday August 16. More information in the next Spirit.

Have an article for the *New Spirit*? Please submit it to [oliver@cumethodist.com](mailto:oliver@cumethodist.com) by the 3<sup>rd</sup> Wednesday of the month. Late articles may be very tiny or invisible. Thank you and happy writing!



## Faith → Life: Learn from Christ's Teachings

### Growing the Soul of Christ UMC

June 16, 9:00 AM – 12:00 PM

Pastors Elizabeth and Katy are “itching” to get rolling with a plan to engage CUMC members in soul growth and community. The Rev. Kelly McCuaig from Hilltop United Methodist Church has been asked to tell us about how he has engaged upwards of 100 people in an intentional small group and faith 101 series. All members of CUMC are invited to hear about this program. Please RSVP to Jenny at [email@cumethodist](mailto:email@cumethodist). This will shift us in ways we cannot even imagine!

### Third Sunday Forum

June 17, 10:15 AM – Sanctuary

### CUMC Church Safety

**Diane Ilstrup, Jerry Blaisdell, Paul Kirkham  
Roy Schroeder, Jon Harrington and Emanuel  
Serstock**

The Church Safety Team will be presenting a program on “Church Safety at CUMC” to the congregation in the Sanctuary. Procedures that are now in place to ensure the safety and security of all

who worship on Sundays or attend events at the church during the week will be shared. The team will review various scenarios and instruct us in the church’s emergency procedures for Severe Weather, Fire, Medical Emergency, Bomb Threat, Assault/Fight and Intruder/Active Shooter. Evacuation plans from the sanctuary will be shared, so everyone will know where to relocate in case of a fire or inclement weather.

**Please join us for important information on how to be safe at church.**



### curious.church

October 9 – 12, 2018 Des Moines, IA

**Sponsored by Christians Engaged  
in Faith Formation (CEF)**

(Partners are the United Methodist Church Disciple Ministries and the General Board of Higher Education and Ministry)

“Never lose a holy curiosity.” Albert Einstein

Featured Speakers include: Brian McLaren (author of our congregational read – *We Make the Road by Walking*), John Roberto, Mary Scifres, Bishop Laurie Haller, Bishop Cynthia Fierro Harvey and Bishop Tracy Smith Malone.

### I’m curious...but is this event really for me??

Yes!! It’s for ground-breakers, answer-seekers, discoverers, questioners, dreamers, doers, out-of-the-box thinkers, and church changers!! Are you involved in a small group, children’s ministry, leadership, a Sunday class, worship, as office volunteer or just curious? Then, this is for you, plus scholarship money is available if you are curious!

You can select to attend 1, 2, 3 or the entire 4 days. Over 50 breakout sessions will be offer to choose from in ministry specializations such as children’s ministry, social media and technology, older adult ministry and many others.

If you are interested in attending this event that offers you chances to engage in deeper learning, take a break from everything and awaken your curiosity, contact Kathy Estry ([rk.etry@gmail.com](mailto:rk.etry@gmail.com)) or visit [www.cefumc.org/curiouschurch](http://www.cefumc.org/curiouschurch) for further information.

Registration has begun with limited space available, and the registration price increases after August 31 – so plan now!

### June 1<sup>st</sup>: Ordination Day!

I just want to say a HUGE thank you for all who have been a part of this church the last few years, and for all who have prayed for me, have given me cards, presents, encouragement, etc, etc. Each and every one of you are special to me, and I'm so grateful to still be a part of this church this year post-ordination!

As I write this I anticipate the June 1<sup>st</sup> ordination date: thanks in advance (and in retrospect, dear readers) to all those able to come up for the 2 pm ordination service: if you can't make it this year, I encourage you to go another year, it's really a beautiful service! I'm grateful for the other 8 ordinands I'll be walking up with. I'm thankful Pastor Elizabeth and Reverend Dan Wetterstrom (from The Grove UMC in Woodbury) will be able to participate in my ordination service. What a life we live! I'm grateful for this 30<sup>th</sup> birthday month of May, and look forward for the next 30 to come!

Peace,

Pastor Katy

9 am, June 3<sup>rd</sup>! Let's honor our BEAUTIFUL seniors!!! With a reception afterwards



Pictured from left to right: Abby Lindenfeld, Emma Duff, Jacob Hansen, Nolan Stepanek, Shea Hansen, Aaron Mead, Eryn Fjelsted Not pictured: Ben Kossman Weston Fyles

### MISSING C U WEDNESDAYS? We'll be coming BACK!!!

Sign up in the Commons to bring a dish for an outdoor picnic in the Labyrinth, 5:30 pm, Wednesday June 13, July 11, August 8. We will meet, eat, and then head over to Rochesterfest!



Spring into SUMMER

FEED MY STARVING CHILDREN

Monday June 4

service and fun in Minneapolis  
4 pm-9 pm

eat all the ice cream  
Bring friends and win an awesome pool floatie for summer!

JULY 29- AUGUST 2 2018

6-9th Grade Boundary Waters Experience

sign up TODAY  
katy@cumethodist.com

SAVE

THE DATE

Be transformed.

Mission to Guatemala  
January 4-13 2019

We need medical and dental professionals, as well as YOU! Anyone with a heart for serving others is welcome.

Save the Date  
Want more information?  
Email Katy@cumethodist.com



### A thrift store morning.....

One comes in and has a bad cold. He is careful to stay at a distance from everyone so as not to make others sick. It's been a cold week even though it's May and he's been living on the street. He finds a jacket and hands over some of his last bits of change. One of the thrift store volunteers has been bringing in books for him because he loves to read. These are free. With wise and sincere eyes he says thank you.

Another comes in looking well except for a gash on his forehead he got from a fight. He has money and gives \$20 to the man that just bought the jacket. The jacket man starts to tell him why he's so low on money but the man with the money and gash says no you don't need to explain.....I get it.

They go to lunch.

A third comes in and leans against the table. He suffered a broken foot several weeks ago. One of the thrift store volunteers says she remembers and that he wore a supportive boot for awhile. He says thank you. She has validated his pain. He thanks God that he has a good heavy pair of shoes to walk in but it still hurts to walk.

The man with the jacket and books comes back and asks if we can make change for his \$20 bill. We do and he hands over \$5 of it to the man with the healing foot who looks at him with gratitude. "You know what this means to me? It means 10 bus passes and not having to walk on some days that my foot really hurts."

He spends \$1 on a great pair of jeans that fit him well. "I like to put on clean clothes in the morning."

The thrift store has made \$2 for Thrive but that doesn't really tell the story entirely. And what a blessing it is to be in the midst of this.

- Bobbi Nichols



Thrift on Fifth continues to THRIVE! THINK SPRING and come check out the new arrivals. ALL monies collected at TOF go directly to support THRIVE! scholarships!

Store Hours:

Wednesdays: 4 - 7 p.m.

Saturday: 9 a.m. - 12:30 p.m.

First Sunday of the Month: 9 - 10 a.m.



### 405 Gallery Exhibition Schedule

- May/July= River Valley District Superintendent, Rev. Cynthia Williams' watercolor work
- August/September= Cassandra Buck's dye work on canvas with embroidery
- October/November= Gary Hicks' photography work

## You Are Invited

All are Welcome.

**What:** Fellowship Coffee

**When:** 2nd Wednesday of  
**EVERY Month**

**Time:** 8:30 A.M. 

**Where:** "Charlies Restaurant"



The Faith→Life third Sunday Forum's speakers, Kim Norton and Anjali Goradia pose together after speaking on reasonable gun control during the "Christian Response to Gun Violence" forum.

### We would love to give you a warm welcome



Do you know someone who may be interested in learning more about the church and how to connect with others? We offer monthly "Meeting Christ Church" coffees at which our pastors will meet with people and introduce them to CUMC and the United Methodist denomination. Join us the 2nd Sunday of each month in the Fireside room following the 9:00 service. Childcare is available upon request! The next Coffee is June 10. Please contact the church office at 289-4019 or by email to [email@cumethodist.com](mailto:email@cumethodist.com) if you have questions or would like more information.

### VBS 2018 - REnew the Green Vacation Bible School June 25 - 29 • PreK - 5th grade

Reduce, Reuse, Recycle, HAVE FUN! We will spend a week celebrating God's beautiful created world and discovering our place in it. This will be a week of puppets, music, art, great teaching and playing led by both adults and youth leaders, time out the sunshine, and, of course, great snacks. Think you can't make art out of newspapers and plastic bottles? Think again! This will be a week of imagination and creativity like you have never experienced before!

#### Registering is easy!

Head over to [www.cumethodist.com/children](http://www.cumethodist.com/children), and click on the link on the top of the page. That will take you over to the Eventbrite registration page, where getting tickets is as easy entering your info.

#### We need volunteers!

If you are interested in volunteering for VBS we would absolutely love to have you! Please contact [katy@cumethodist.com](mailto:katy@cumethodist.com) for more information about how you can get involved in this exciting event.



# Notes from Pastor Nancy

## Scarf Ministry for General Conference

General Conference will be held in Minneapolis at the Convention Center in 2020. The Host Operations Team has been working on the many details of hosting this worldwide gathering of United Methodists. The Team has decided to provide a handmade scarf for every delegate, honored guest, bishop and spouse. It will serve as a memento of General Conference as well as provide warmth in drafty, air- conditioned rooms.

All UM churches in Minnesota and the Dakotas are asked to help with knitting or crocheting 10,000 purple scarves.

If you knit or crochet, please consider supporting the UM church and those who are serving on our behalf. Wouldn't it be fun to have a knitting party at church or at someone's home? Don't knit or crochet, but want to help out? Contact Pastor Nancy for more information.

## Congregational Care News from Pastor Nancy

May 6 we commissioned our six new Parish Ministers. They are from left to right:

First row: Linda Youlden, Pastor Nancy, MaeBelle Erickson, Jill Shapiro

Second row: Rev. Kendall Hughes, Stewart Swanson, Jeff Ward

If you would like a Parish Minister to visit you, please call or email the office. Parish Ministers are available to make visits in the hospital, care facilities, and homes. They offer the caring ministry of the church to those who are sick, grieving, homebound, or going through a life challenge such as divorce, job loss, or other significant event. They will offer a listening ear and spiritual support as requested such as prayer, communion and/or anointing.



## If You or a Loved One Is in the Hospital

There is a new process for letting us know you are a patient in the Mayo Hospital: If you would like us to know that you are there, you need to register that you belong to Christ United Methodist Church, Rochester. Please remember to list the entire name of our church and the city.

We will call the chaplains office Mon-Fri to find out who has registered as one who belongs to Christ UMC. Please call the church directly if you are a patient at Generose Building or at Olmsted Medical Center.

## MCI Group:


We invite persons living with mild cognitive impairment (MCI) or early dementia and their support partner to join this confidential information and support group. We meet the third Wednesday of the month in the Family Room from 10-11am. The Family Room is on the main floor of CUMC just to the left of the main office. Pastor Nancy serves as facilitator. Please contact her to learn more about it.

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# Book Club

## July 1 & August 5

We all have different learning styles and different books we read, but we all love to grow through stories. Pick a book on the theme of racism and diversity, or get inspired by picking one of the books from our well-curated book list at [www.cumethodist.com/small-groups](http://www.cumethodist.com/small-groups). We will get together to share our books and what we are learning through them.

We will meet at 10:10am, Sunday morning, in the Fireside room!

All are welcome to join the conversation.