

400 5TH AVENUE SW
ROCHESTER, MN 55902
507 289 4019
EMAIL@CUMETHODIST.COM
WWW.CUMETHODIST.COM

September 2019
CHRIST
METHODIST CHURCH
UNITED
Grace, In The City

THE NEW

SPIRIT

You are invited to
RALLY SUNDAY

10am • September 8

**Bounce House • Photo Booth • Face
Painting • Food • Fellowship • FUN**

**Visit our Sunday School rooms
& meet your Sunday School Teachers**

WORSHIP DIRECTORY:

8AM BELOVED (CHAPEL)

9AM TRADITIONS (SANCTUARY)

11AM ARISE! (ECC)

www.facebook.com/cumethodist

www.twitter.com/cumethodist

11:30am Sunday Radio Broadcast on

KOLM (1520 AM)

www.youtube.com

"Christ United Methodist Church Rochester MN"

Table of Contents

Pastor's Pen - 1

CUMC Announcements - 2

Rally Sunday Details

CU Wednesdays!

Bob Scoggin Memorial Choir

Safe Sanctuary

Dabblers Club

Thrive Harvest Gala

Our Whole Lives: Caring Through Congregations

Children & Youth Ministry - 3

Children Ministry Sunday & Wednesday Details

Youth Hangouts

Confirmation!

The Event

Faith → Life Autumn Schedule & Offerings - 4, 5, 6

Church in Transition - 7

Music Staff Transitions - 8

UMW News - 9

Fall Rummage Sale

Dinner Club

50 Year Member Luncheon - 9

Safety Committee Reflections - 10

Sam Evans: Next Generation Ministry Coordinator - 11

Thrive - 12

Flu Shot Save the Date - 12

Hopeful Earth - 13

Tree of Life - 13

Pastor's Pen

WITH ELIZABETH MACAULAY, LEAD PASTOR

Christ UMC is a church in the midst of the city and in the midst of life.

As a movement of Jesus the Christ, we are called to be in the city and in the hearts of our members in ways that transform.

No small thing.

I'm so excited for Rally Sunday this year. Summers are so very full of all of the pleasures we dream about during the dead of winter. It feels somehow sacrilegious to spend time indoors when the sun is out and the earth is soft.

Welcoming ourselves back home to a bit more routine is gift.

Here at church we are readying ourselves for a new year of growing in faith.

Together we will explore the biblical understandings of how it is we are to welcome immigrants and strangers.

Karen Gonzalez has written a book entitled "The God Who Sees: Immigrants, the Bible, and the Journey to Belong.

Together we will meet in small groups to unpack the stories of our faith ancestors. Joseph, Hagar, Ruth and Jesus and others will speak from the past to inform our understanding of how to live our faith in the midst of the immigration challenges in our nation and world. Each week a chapter will be read and unpacked during worship as well as in small groups.

I truly pray that you will join a small group. Details about how to do that are in this edition of the Spirit. And, our Connections Coordinator Grace Glover (Grace@cumethodist.com) will be happy to connect you to a small group that works for you.

Also new this year is a drop in opportunity we are calling "Chewing on the Word". After the 9:00 and 11:00 services you will have a chance to gather with others to discuss what it is that intrigued you in the sermon as well as what it is you want to learn more about. The 11:00 gathering will offer a light lunch so you don't have to rush off in order to avoid feeling hangry.

Our children's and youth programs are gearing up and we have so much good news to share.

I read recently that in a survey done with Millennials, one of the most pressing issues is that of loneliness. They are not alone. We are so connected electronically in our culture and, we are starved for the goodness of human interaction that goes beneath the surface.

Here at CUMC we believe that there is a feast of grace to share and we want to serve it up in ways that sustain.

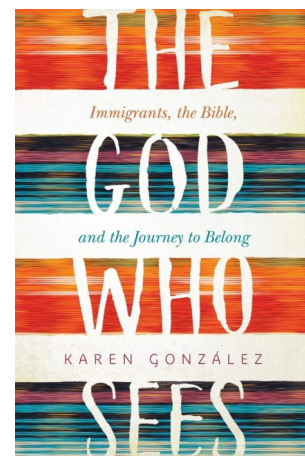
God's blessings be yours as you move your energies into this new season. Try a new thing!

This church exists to bear witness to and provide blessing.

Come savor the good.

Pastor Elizabeth

Pastor Elizabeth





Raaaaally Sunday!

As you know, Sunday September 8th is Rally Sunday. That means a lot of things! We'll bless backpacks during the 9 o'clock service (so don't forget to bring your school bags!) Then between services we'll have tables galore, prizes, face painting, hotdogs & popcorn, Sunday school tours, a bounce house, sidewalk chalk, and (of course) the traditional photo booth! We'll provide maps with all the goings on, so navigating will be a breeze.

Let's party!



CU Wednesdays return September 4th!

Wednesday evenings are busy around CUMC with choir practice for all ages, confirmation, meetings, bell choir and Thrift on Fifth open for business. Included in all this 'CU Wednesday' excitement is a meal prepared and shared by all. (CU Wednesdays schedule on back page)

The Memorial Service for Bob Scoggin will be Saturday, September 14 at 1pm at Christ United Methodist Church in Rochester. The format will be exactly as was for Pat last year.

The anthems are: *Brahms: How Lovely is Thy Dwelling-Place* • *Rutter: The Lord is my Shepherd*

Choir members are encouraged to sing in the choir for this service. Rehearsal will be that day at 11:45am. Plan to wear a choir robe from CUMC. Please RSVP for choir attendance to Lee Afdahl: ljafdahl@gmail.com



Safe Sanctuary Training - Thurs. September 5, 10-11:30am in Mettam - It is required for all ushers, greeters, Caring Ministry teams, and Sunday School team members. Church volunteers and group leaders are recommended to participate and will receive a certificate. Call the office or go to tinyurl.com/safe-sanctuary-2019 to register

The Young Adults are forming the DABBLERS CLUB. We will be trying a new activity every month where we strive for enthusiasm over skill. All are welcome to join us in our joyful mediocrity and suggest activities. Contact Grace Glover to get involved: grace@cumethodist.com.

Christ United Methodist Church ~ 400 5th Ave SW Rochester MN



Thrive Harvest Gala

Saturday November 2 at 6:30pm

Please join us at the Thrive Gala celebrate the past year and to raise funds for child care scholarships, so we can support new families in the future. All proceeds will go to child care scholarships for families in need.

Food | Live Music | Auction

Tickets \$50 - tinyurl.com/ThriveGalaTickets

Nationally known speaker Ben Wolfe presents



Our Whole Lives:

Caring Through Congregations

Part 1: 6:30-8pm - November 22
Caring for Caregivers: How We Are Changed By the Work We Do

Part 2: 9am-3pm - November 23
Holy Listening: Best Practices

Christ United Methodist Church • 400 5th Ave SW Rochester, MN
More info to follow • www.cumethodist.com



SUNDAYS & WEDNESDAYS FOR CHILDREN & YOUTH

Children are encouraged to attend worship in the sanctuary with their parents. Following the children's lesson (roughly 9:15) children will be escorted out of the sanctuary with their Sunday school teachers.

10:00 - Parents must go to the classroom to collect their children. This is for everyone's safety. If parents would like to attend adult education experiences, we ask that you collect your child and bring them to Julie in the nursery so that they are supervised while you are in class.

11:00 - Children are encouraged to attend worship in the ECC with their parents. Following the first two gathering songs, children will be escorted to a Sunday school experience.

12:00 - Parents must go to the Sunday school classroom to collect their children. Again, this is to be sure all children are supervised at all time.

CU Wednesdays

There are music activities and opportunities for children!!!! Please see the details on the back cover

There is an all-church pot luck meal every Wednesday night at 5:30. (See details on page 2)

CU Wednesdays are fantastic. You don't have to cook or bring food every week. You just need to show up, sign up occasionally, and enjoy good food and lovely company.

Please know that CUMC sees your children as sacred gift.

Jody Peterson will be leading this area from now until the first of the year. If you have questions, concerns or ideas please contact her at Jody@cumethodist.com

Blessings be yours!

- Pastor Elizabeth and the Children's Ministry Team



Youth hangouts at CU Wednesdays start up Sept. 4!

Youth Fellowship: CU
Wednesday nights in September

All Youth grades 6-12

Youth Room at 6 p.m.

Come for fun, fellowship,
devotions and laughter. In

addition to good ol' fashioned

fellowship, we'll dream and plan out what the next year will look like for CUMC youth. Please come to lend your marvelous ideas!



As with last year, parents and youth will meet together in the ECC at 6:00 pm for introduction to the lesson, after which time, Pastor Elizabeth will gather with the parents and Sam will delve into the lesson with the youth. Pickup is at 7:30pm.



The Event: Weekend retreat for grades 6-12.

Friday, November 1st-Sunday, November 3rd

Cost: \$155

Theme: "Something New"
1 Corinthians 5:17

Fantastic worship, break-out sessions by age, an escape room

The Event takes place at the Holiday Inn in St. Cloud. Registration on Friday is from 5:30-7:30. The event closes at 11:00 on Sunday morning. Youth should bring extra money for meals on Friday night and Sunday afternoon. The church will provide transportation to and from the event.



Faith → Life: Learn from Christ's Teachings

September – November 2019

Ways to Connect

We offer many ways to connect with others at CUMC. It's the Wesleyan way! There are six-week Connect Groups, Connect Groups that meet weekly, Connect Groups that meet once a month, Sunday morning classes, Short-term classes, and Third Sunday Forums. If you are new to Christ Church or a long time member, these groups provide an opportunity to grow friendships, faith, and outreach in meaningful ways. So this is a personal invitation for you to participate in at least one of these outstanding opportunities.

Connect Groups are forming.

A sign-up and information table will be in the Commons September 1, 8 and 15th.

Connect Groups: These groups will meet weekly for six weeks or monthly. The time and focus of the group will be centered around a shared issue or activity. The duration of the gathering is one hour. The core of the time together is developing relationship with the Holy and with each other. Groups will meet on site at church, in coffee houses/restaurants, or in homes. **A listing of Connect Groups will be available in the Commons in September.**

-Connect Groups-

Breakfast Fellowship 2nd Wednesday of each month, 8:30 am **Charlie's Restaurant (at Hillcrest Shopping Center)**

Hosts: Amy Humphrey and Dean Swanson

Come and meet old and new friends, have breakfast, and enjoy each other's company - that's "fellowship" New members are always welcome to drop in; no age group designation, no registration required, come and leave as your schedule permits.

Bridge 101 Tuesday 1 pm or Thursday 1 pm **CUMC Church Library**

Host: Karen Hewitson

Have you always wanted to learn how to play bridge, but didn't know how to begin? Now is your opportunity to start at the beginning and learn this game. Classes are offered once a week on two different days. Four is the limit per group, so sign up right away if you want to begin playing this great game!

CUMC Knitters Wednesday mornings 10:00 – 12:00, September 18 – until Thanksgiving **Fireside Room**

Host: Marjie Blaisdell

Get together with others to knit prayer shawls, hats and mittens for Christmas Anonymous and other items to donate.

Dinner Club Groups will decide their time and place of meeting

Hosts: Marjie Blaisdell and Mary Schmidt

Join this popular group to meet new friends and "catch up" with old ones while sharing a meal in homes or restaurants.

Exploration and Application of Restorative Justice 6:30 – 8:00 pm October 2, 9, 16, 23, 30, and November 6 **Assisi Heights Spirituality Center**

Hosts: Rev. Kendall Hughes and Sister Sue Rief

Registration Required: \$25 for 6 sessions, preregistered/prepaid online at rochesterfranciscan.org select "Events" or call 507-280-2195, AHSC Event Coordinator Restorative Justice sees crime as a break in the relationship of the individual and their community. It seeks to restore relationship and bring healing to both the accused and the victim. *Little Book of Restorative Justice* by Howard Zehr will be used, which you may wish to purchase before the class.

Gardening Ministry Activities will be announced as needed **CUMC Grounds****Host:** Mary Schmidt

Help care for CUMC's piece of the Earth. Bring your own gloves and gardening tools if you have them. Contact Mary at oronocombs@yahoo.com if you are interested in being notified of opportunities to weed, mulch, and plant!

Healing the Heart of Democracy by Parker Palmer Thursday evenings at 7:00 pm, September 26–November 7
Estry's home: 615 21st Street NE, Rochester

Hosts: Kathy and Dick Estry

This book study is about us, *We the People*, and what we can do in everyday settings like families, neighborhoods, classrooms, congregations, and workplaces to resist divide-and-conquer politics and restore a government “of the people, by the people, and for the people.” We'll explore Palmer's five “habits of the heart”: 1) an understanding that we are all in this together, 2) an appreciation of the value of “otherness”, 3) an ability to hold tensions in life-giving ways, 4) a sense of personal voice and agency, and 5) a capacity to create community.

Intersecting Race and Social Class 10:10 am Sundays, September 22, October 6, 13, and 27, and November 17 **Room 135**

Hosts: Rev. Kendall Hughes, Bobbi Nichols, Kristin Perry, Nicholas Wysocki

The third in a series of discussions on race will help participants examine the intersection of race and social class as examined in *Strangers in their Own Land*, by Arlie Hochschild. The discussions provide a welcoming social and intellectual space to explore a difficult subject that has historically divided us as spiritual beings. We welcome members of the congregation to join us as we learn and grow together. **No sign up needed.** Resources on the three themes: Race and the Criminal Justice System, Decentering Whiteness for Racial Equality, and Race and Social Class are available on the CUMC website.

Pie Making Thursdays at 6:00 pm, September 19, October 17 and November 21 **CUMC Kitchen (lower level)**

Host: Tracy McCray **This group is limited to 8 – 9 members**

Whether you love to bake or have never rolled out a crust, let's get baking in the church kitchen. Pie is great for the soul!

The Next Step – Into Spirituality... Sundays, 10:00 – 11:00 am, September 22, 29, October 6, 13, 20, 27
CUMC Church Library

Host: Ken Bauman, Certified Spiritual Director

“Spiritual Formation is not something we do for ourselves, but something we allow God to do in us and for us as we yield ourselves to the work of God's transforming grace.” M. Robert Mulholland, *Invitation to a Journey*. How does God enter our lives and how do we become aware when this happens? Do you desire a deepening relationship with God? God comes into our lives in many ways. Are you looking and listening for those times? Come and join a group seeking to grow spiritually. Come and seek, come and find, come and hear. This class will explore how God touches us and how we touch God.

Ongoing Connect Groups

2:00 PM – Monday – Women's Discussion Group/Fireside Room

11:00 AM – Tuesday – Men's Discussion Group/CUMC Library

1:00 PM – Tuesday – Covenant Discipleship Group/Fireside Room

7:30 AM – Thursday – Men's Coffee Group/Room 145

8:30 AM – Thursday – Covenant Discipleship Group/Family Room

4:00 PM – Thursday – Women's Group/Fireside Room

10:00 AM – 2nd & 4th Friday – Women and the Sacred/Fireside Room



Ongoing Classes

Inquiring Spirits – After the 9 AM worship service (except Third Sunday of each month)
Room 145

Discussion varies on books, videos, and other sources to investigate and challenge theological boundaries. The group enjoys occasional picnics and potlucks. All are welcome. Facilitators:
Hank Kliewer and Ed Shafer

Contemporary Issues – After the 9 AM worship service, (except Third Sunday of each month) **Room 146**

Discussion is centered on current issues, news reports, and media viewpoints that shape public opinions. A United Methodist faith perspective will inform each unique session. Visitors and seekers are especially welcome. Facilitator: Joel Charlson

New This Fall:

“Chewing on the Word” – After the 9 AM worship (**Fireside Room**) and 11 AM worship (**Commons**)

Discussion of the weekly Scripture text used for the sermon. Everyone is invited! If you interested in knowing more about the Scripture and how it might impact your daily life; this class is for you! Lunch will be provided for those attending the 11:00 worship service. We'll meet informally to discuss the scripture and sermon around these questions:

What did you hear that surprised you? • What did you hear that intrigued you? • What do you want to know more about? • How does this relate to your life experience?

Congregational Read

A book selected by clergy that everyone is invited to read individually or in a Connect Group. Sunday Worship, September 22 – October 27 will follow the themes found in this book.

The God Who Sees: Immigrants, the Bible, and the Journey to Belong by Karen Gonzalez

This is a riveting story of seeking safety in another land, and a gripping journey of loss, alienation, and belonging. In *The God Who Sees*, Karen Gonzalez recounts her family's migration from the instability of Guatemala to making a new life in Los Angeles and the suburbs of south Florida.

It is also the sweeping epic of immigrants and refugees in Scripture: Abraham, Hagar, Joseph, and Ruth, intrepid heroes of the faith, cross borders and seek refuge. As witnesses to God's liberating power, they name the God they see at work, and they become grafted onto God's family tree.

Third Sunday Forums

All are welcome! Third Sunday of the month at 10:15 – 11 AM in the Hamline Room. These forums cover a wide range of topics of interest and are given by insightful guest speakers. No registration required; just bring your cup of coffee and enjoy the presentation followed by Q & A

September 15: “Healthy, Effective Pre-School Care and Education” Tanya Goretzki, Director of Thrive!

Join us at the September Third Sunday Forum to learn more about THRIVE!, Child Care and Family Resource Center. THRIVE! is nearing its 1st anniversary! Tanya will be giving us an update on all things THRIVE!, and also sharing information about why early childhood education is so important and the benefits it provides to the children and families enrolled.

October 20: “Building Self-Healing Communities: Understanding Adverse Childhood Experiences”

Janet Guderian BSN, PHN Olmsted County Public Health, School Based Services

November 17: “Art as Introverted Activism” Project

CUMC Racial Justice Issues Team

**Child Care is available every Sunday and for weekday and Saturday Small Groups and Classes
Upon Request**

Watch the Sunday bulletins, Fresh Spirit email, and the New Spirit newsletters for other offerings as they become available!



Church in Transition

Thank you to all who participated in the July 28 forum hosted by the Leadership Board. The topic was, “What’s Next?” for CUMC as we go forward and “Who Are We?” as a congregation. We are living in a time of many questions and great ambiguity.

We know that there are different views regarding the full inclusion of LGBTQIA+ persons as clergy and as human beings desiring to marry one another. We seek to hear the wisdom of all people who call CUMC their home.

We divided into smaller groups at the July 28 session to better hear the hearts of those who were present. Individuals made the following comments which were then reported back to the group as a whole. (Some of the comments represent widespread views and some may represent the thoughts of one or a few people.)

- * We (persons on the Leadership Board) need to keep meeting with the congregation, updating, and listening as we go forward.
- * We need to acknowledge that people, no matter their viewpoints, struggle with the full inclusion issue and that everyone belongs in this struggle together.
- * It might be helpful to discuss these issues in the small groups that have already been formed in the church, such as Sunday School groups, handbell choirs, book groups, pie baking groups, etc.
- * Offer opportunities for one-on-one discussions, as some people will find this format to be more safe.
- * Keep an updated FAQ document available for an easy to read resource.
- * Have information sent out in separate mailings rather than embedded within the newsletter.
- * The “Altar for All” document is too broad and it needs to tie back to our (the Leadership Board’s) Guiding Principles and Covenant.
- * The inclusion discussion is best addressed in the pulpit when it ties in with the text.
- * There needs to be strong lay support for our clergy during this time in particular.
- * It needs to be clarified that the “Altar for All” document does not represent a disaffiliation document nor is it necessarily a precursor to disaffiliation.
- * A lot of work (and time) was spent in the lay-led movement toward becoming a reconciling congregation. It would be good to review that process and use the knowledge gained. “For The Bible Tells Me So” was an effective video at that time.
- * We need to involve our youth in this process.
- * We need to remember that God is with us in this.

The Leadership Board will work on addressing these points. People who have additional thoughts, questions or concerns may contact a member of the Leadership Board or our clergy at any time. The General Conference will meet again in May of 2020. Many Annual Conferences and congregations throughout the country are organizing themselves and dealing with “What’s next?” and “Who are we?” We are not alone in this. We want to do as Bishop Ough has urged – “Go Together and Go Strong.” What that looks like is not yet known.

In the meantime, the following list of resources might be helpful for those who wish to delve in and educate themselves as thoroughly as possible:

<https://tinyurl.com/umcnext> • <https://www.cumethodist.com/social-justice> • <https://www.cumethodist.com/graceinthecity> • <https://www.minnesotaumc.org/newsdetail/video-living-into-our-inclusive-vision-12863711> • <http://www.umc.org/who-we-are/what-happened-and-what-didnt-at-general-conference-2019>



Hello! My name is Kalle (pronounced 'Kale') Akkerman.

After a couple of years subbing on the bench, I'm excited now to be more involved at CUMC as Director of Music. I'm overjoyed to get to work with the entire music staff, and help to lead and support them in all that they do, as well as lead congregational singing every now and then.

I've been a church musician since I was little boy, and always knew that's what I wanted to do when I grew up. Just as well, I've always felt a call to be a teacher. To be able to do both, I happily chose to go to Luther College, graduating with a doubly-packed B.A. in Music: Vocal Music Education, and Organ and Church Music. Since then, I've served churches in St. Paul and Pine Island as Director of Music, while also teaching music in both public and private sectors.

Currently, I am the Choir Director at Austin High School, where I am blessed to have nearly 300 singers in 6 choirs. It's been strange and wonderful to be back in Austin, teaching at my alma mater. I'm greatly looking forward to this year, as we are fortunate to have a brand new music wing at the high school (a renovation that was long overdue).

In my free time, I can be found at my parents farm, doing anything and everything. When I've had enough music, I retreat to the farm for, well, more work! As the saying goes: "you can take the boy out of the farm, but you can't take the farm out of the boy". It's always good to have something to do that isn't related to music (when music is your job!). From the pig barns to the fields, any time on the farm is time well spent. I also enjoy wrenching on tractors and my old trucks, one of which that has been an ongoing restoration for the past 3 years. I'm a fairly good shade-tree mechanic, so if you notice on occasion that my hands are dirty or if I have paint in my hair, you'll know why!

While my hobbies don't include music, my biggest passion in life does. Truly, my biggest passion is working with people; music is a vehicle for that. I'm big on relationships, and getting to know people. Though music is important, I always say that people always come before music. I will be so happy if you would help me get to know you when you see me around! I'm so very blessed to be able to continuing meeting and working with such a wonderful congregation. Keep on keepin' on!

Peace.

Joining us this fall as new staff or staff in adapted roles will be:

Rev. Beth Joyner - Adult Choir Director - Beth will continue as our adult choir director. Beth is a chaplain at Mayo and is gift to our program.

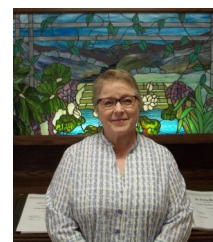


Paul Kingsbury - Adult Handbells - Paul is the director of the Rochester Area Handbells group, an auditioned group of area ringers. He is a self-described bell nerd and excited to be in ministry at CUMC.



Karla Sukov - Children's Choirs - Karla returns as the director of our Children's Choir and will also be directing the Little Angels choir.

Kari Hanson - Children & Youth Bells - Kari is a graduate of St Olaf with extensive experience as a ringer and director. Kari rings in the Rochester Area Handbells group.



Thank you all for filling our hearts with music.



UMW Fall Rummage Sale

The Fall Rummage Sale is scheduled for **Thursday October 3, Friday, October 4 and Saturday, October 5.**

Check out your kitchens, closets, basements and holiday storage areas for no-longer needed, gently used items and bring to CUMC on Wednesday, October 2 from 8:30am – 4:30pm. We will accept items on Wednesday ONLY. We are NOT accepting books but will take gently used children’s books. In addition to the usual clothing and household items, we will have holiday items for fall and Christmas.

We can use people to help set up on Wednesday from 8:30am – 4:30pm and clean up on Saturday beginning at 12 noon. The church family can shop on Wednesday from 4pm - 6pm. The sale is open to the public Thursday from 1 – 6pm; Friday from 8:30am – 4:30pm and the \$4 bag sale is Saturday from 8:30am -12noon. We will have a coffee shop on Friday. Donations of cookies, bars, and muffins are needed and highly appreciated. Please bring donations to the church kitchen on Thursday and mark them "for UMW coffee shop".

Returning by popular demand, **CUMC Dinner Club** sign up begins September 1st in the Commons. The objective of Dinner Club is to foster Christian fellowship through small-group (usually 7-8), informal dinners and to provide an opportunity for CUMC adults to get acquainted. Last year we had 7 groups, 5 of which were hosted in homes. Of the restaurant groups, 1 dined in the evening and 1 was a ‘lunch bunch’. If you have questions, stop by the sign up table or contact Marjie Blaisdell @ 507-269-7637 or mablaisdell@gmail.com or Mary Schmidt @ 507-258-7460 or oronocombs@yahoo.com. New dinner groups will be formed in September.



50 Year Member Luncheon

Save the Date: September 12 at 11am

Reminder to All 50 year members

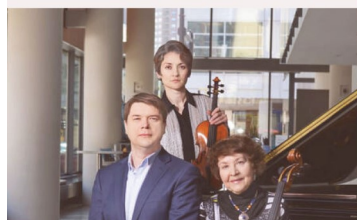
50 Year member celebration and luncheon will take place Thursday, September 12, 2019 at 11 am. Please call Christ United Methodist Church directly at (507)289-4019 to RSVP. Reservations are needed no later than Monday, September 9, 2019. We will need your name, guest’s name, phone number, transportation needs and if you have a gluten allergy. Lunch is provided free of charge.

This year we give thanks for 7 members that have now been a part of this congregation for 50 years having joined the church in 1969.

Our new 50 year members: *Joan Brown, Terry Curtis, Ann DeBoer, Allan DeBoer, Mary Morman, Adele Spavin, & Linda Limpert*

ROCHESTER CHAMBER MUSIC SOCIETY PRESENTS...

THE RUSSIANS ARE COMING!!!



A PROGRAM OF THREE ROMANTIC PIANO TRIOS BY THREE RUSSIAN COMPOSERS.

FEATURING: DENIS EVSTUHIN, PIANIST - NATALIA MOISEVA, VIOLINIST - TANYA REMENIKOVA, CELLIST

Free Admission!

Sept. 14th, 7:30PM

Christ United Methodist Church,
400 5th Ave SW, Rochester, MN 55902



Thoughts on our Fire Alarm Sunday Aug. 10,2019

On Sunday, August 10th, our fire alarm system was activated during our 9 am worship service and we did an evacuation of the sanctuary and exited outside. Fortunately, there was not a fire. It turned out to be a defective smoke alarm that set off our alarm system. The Church Safety Committee, the next week, reviewed how the evacuation of the building went and developed an improvement plan for what we could do better. First, we would like to thank members of our congregation, visitors and staff for your cooperation in evacuating the building.

Members of the Church Safety Committee have shared the improvement plan with our ushers and church staff and also took their input on how we might improve. We found there was some confusion on whether it was a malfunction of the system or a real fire. We need to evacuate the building whenever the fire alarm goes off. We should never assume it is a malfunction, the fire department will decide that after they arrive.

When evacuating the building follow the directions of the lead pastor or designee, and the ushers. The Fire Marshall has asked that individuals with disabilities that use a walker, cane or just need more time to evacuate, wait where they are, and the ushers will help you get to the east hallway by the sanctuary. Staff and an usher will stay in the hallway to help you. If we have to evacuate down the stairs, the fire fighters will do the evacuation.

Parents with children in the children's wing should not go there to pick up your child. Our staff and volunteers will take the children out of the building and to the gathering place in the north east corner of the lower parking lot. You can meet your child there.

When evacuating the building follow directions of the ushers. When exiting from the front of the building, go out the exit door and move across the street to the west parking lot. Do not stand in front of the exit doors. Do not stop for a cup of coffee or get your coat.

If you have to evacuate to the north east lot move well away from the building. In cold weather, people in either lot could get in their cars but make sure in the north east lot you are well away from the building. If possible, we will have the church van available.

The Church Safety Committee, Jerry Blaisdell, Diane Ilstrup, Paul Kirkman, and Roy Schroeder welcome comments on the plan and would welcome anyone that would like to join our committee.

- Diane Ilstrup

Did you know?? You can sponsor our radio broadcast ministry! It's \$55 to get your special occasion announced on the radio before the CUMC service broadcast. Whether it's honoring an anniversary, or remembering loved ones who have passed on, this is a perfect way to tell the world about that special something. You can sign up in the commons right next to the office, or by emailing oliver@cumethodist.com



Have an article for the *New Spirit*? Please submit it to oliver@cumethodist.com by the 3rd Wednesday of the month. Late articles may be very tiny or invisible. Thank you and happy writing!

If you have a pastoral emergency, please call the church office and ask for the pastor on call. Let us know this is an urgent need. If you need a pastor after hours or on weekends, please call the church office and listen to the message on the machine for the phone number of the pastor on call. Then call them directly. Remember that we do not know you are in the hospital unless you contact us. Thank you.

Sam (antha) Evans, here. Welcome to my first monthly newsletter!

Within my first weeks here at CUMC I've attended the All-Church Camping trip, made introductions with many parents and youth and met some of the outstanding people here at CUMC.

Future newsletters will be packed full of *amazing* ministry details of awesome events that have happened and are yet to come, but for these first words I have an opportunity to share with you, I feel compelled to say, "thank you." Thank you for embracing my daughters and me with open hearts, open minds and open doors. Thank you for embracing us in this whirlwind season of our lives.

Some of you know, I interviewed for the position of Next Ministry Coordinator on June 6th and CUMC hired me the following Monday. The next day, my husband, diagnosed with Stage 4 cancer 20 months prior, entered into the hospital and died 13 days later.

The state of my life overwhelms onlookers. Within two months, I've lost a spouse, started a new job, moved to a new town and purchased a new home. Many have said to me, "How are you still standing?"

"On the prayers of those who love me," I reply.

Because, despite the Hard and the Awful and the Crazy, as I have exercised the Shadrach faith (Daniel 3) that Clint and I shared, I've known a peace that passes understanding. I've sensed God's undeniable footsteps beside mine, been endowed with a wisdom beyond my circumstance, received blessing beyond measure, and arrived home.

I closed on my home in Country Club Manor on Friday, August 21, and already, five days later, I have an overwhelming sense of having arrived at home.

I am thrilled beyond words to be a part of such a loving, grace-filled congregation and I cannot wait to immerse myself fully into Christ's ministries—especially when my first impression of this fun crew was Coffee Wiffleball with Seated Outfielding.

Thanks again, so much for the warm welcome. I look forward to our future!

-Sam

Samantha Evans



Photos courtesy of Sam Evans

You Are Invited

All are Welcome.

What: Fellowship Breakfast

When: 2nd Wednesday of
EVERY Month ☕

Time: 8:30 A.M.

Where: Charlies Restaurant

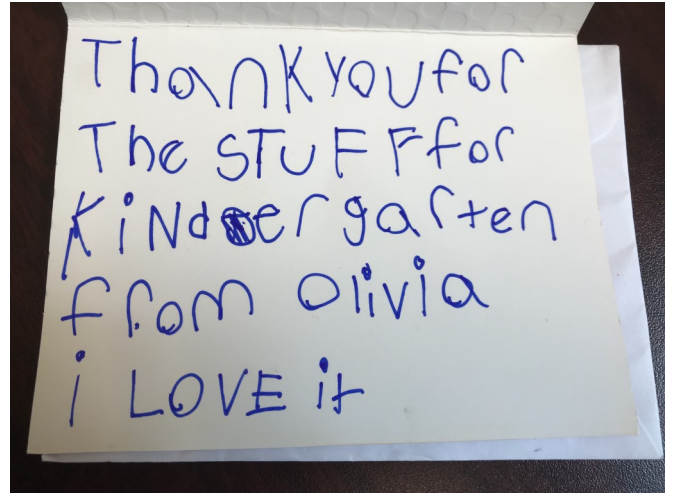


We would love to give you a warm welcome

Do you know someone who may be interested in learning more about the church and how to connect with others? We offer monthly "Meeting Christ Church" coffees at which our pastors will meet with people and introduce them to CUMC and the United Methodist denomination. Join us the 2nd Sunday of each month in the Fireside room following the 9:00 service. **Meeting Christ Coffee is cancelled for September, enjoy rally Sunday!** Childcare is available upon request! The next Coffee is October 13, Contact the church office at 289-4019 or (email@cumethodist.com) if you have questions or would like more information.



Our Family Resource Center volunteers are a group of amazing people. Every day, they interact with our parents and children, spend time in the classrooms, greet parents as they enter Thrive and share their smiles with everyone around them! Jen Hazelton is one of those amazing volunteers who goes above and beyond for our families! The following is a story of how she helped one of our families start kindergarten on the right foot!



A new box of crayons!

Thrive is a busy place late in the day as parents and children are shuffling out with their back packs, diaper bags and artwork. It’s an exciting time to volunteer at the reception desk and family resource center.

While one of our parents, with her infant in her arms, was checking out she mentioned that her older daughter was starting kindergarten. She was in need of school supplies.

“School supplies!” I said. I love school supplies! Who doesn’t love the look and feel of a brand-new box of crayons or a shiny pencil case? My 3 daughters (now all 20-something) and I loved shopping together for supplies. Glue, crayons, colored folders, notebooks and pencils with perfect erasers! What a luxury and a privilege it is to love school supply shopping.

I asked this sweet mom if we could help with the school supplies. My 22 year old daughter, Morgan and I skipped through the “back to school” section in Target with list in hand. It was a gift to remember her early school years.....and to find “3 for 1” on glue sticks.

Thank you Jen for understanding the importance of giving back and offering your never ending love to the Thrive families!
 - Tanya Goretzki, Executive Director - Thrive



Get the
FLU  **SHOT**
 not the flu!

Annual Flu Shot Clinic
 HyVee will be offering on-site
 flu shots at Christ UMC
 October 20, 8:30-11:30am
 Fireside Room



Thrift on Fifth is now open every Wednesday, Saturday, and Sunday. We are ready to accept clothing anytime, just bring them to the normal drop-off location. Thank you for your generosity. Together we can help this community thrive!

Store Hours	Wednesday: 4pm - 7pm
	Saturday: 9am - 12pm
	Sunday: 9am - 12pm

ROCHESTER IS



Hopeful Earth

Rochester City Council will hold a public hearing tentatively scheduled for September 4th at 7:00PM. This is the BIG meeting. We need to have HUGE turnout, we will make lots of public comments and speeches. If you had to choose to take one action this year, this would be it.

Pack the house! RPU Board hears 100% renewable energy infrastructure plan

Act On Our Values - Commit Rochester to 100% Fossil Free Energy by 2031!

Setting the stage:

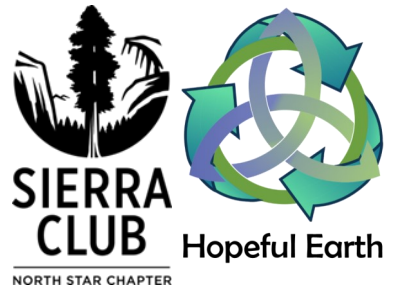
- Two plan options exist. The irresponsible plan is called “net 100% renewable” – it includes a new large gas power plan. The hopeful plan is “100% fossil free” that relies on renewables and batteries.

What to do: Talk. Post. Send messages. Show up.

- The most important thing is to **say why** 100% fossil free is important to you. Say it to your neighbors, congregation members, and family. “When you’re sick and tired of saying the same thing over and over, people will have heard it for the first time.”
- **Post** to your Facebook wall, send a letter to the editor to the Post-Bulletin. Name your affiliation (I am a member of _____; I live in _____; My job is _____.) Tag and name your friends, groups, and elected politicians.
- **EMAIL** your city council members and RPU board members. They represent you – they need to hear your views. 100percentrochester.org has their emails with suggested messages below.
- **Show up** to the city council public hearing 9/4 at 7:00pm.

What to say: Support, Values, and Irresponsibility.

- You don’t need the perfect words. You don’t need a strong voice. You don’t need to go on and on. You just have to say you support 100% fossil free energy.
- If you want to say more – say why. “I care about my neighbors,” “God says to care for creation,” “Global warming scares my grandkids,” **WHATEVER** motivates you will resonate with someone else out there.
- **ONE KEY PHRASE** we want to repeat often and everywhere: “A gas plant is irresponsible.”



The CUMC Tree of Life: Living, Celebrating, & Remembering With You

In Memoriam



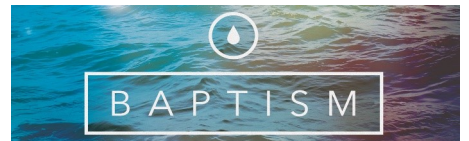
Marcia Brown

August 5, 1936 - August 3, 2019



Patricia Wick

October 3, 1947 - August 3, 2019



Elliott Kathryn Anne Hunter was baptized here at Christ Church August 18, 2019 at our 9 o clock traditions worship service

Christ United Methodist Church
400 Fifth Avenue SW
Rochester, MN 55902
Phone: 507-289-4019
Fax: 507-289-3648
E-mail: email@cumethodist.com

Non Profit Organization

U S. POSTAGE
PAID
Rochester, Minnesota
Permit No. 5

Return Service Requested

CU Wednesdays returns September 4th!



CU
WEDNESDAYS
EAT | MAKE MUSIC | LEARN | CREATE

5-5:30pm (Grades 3 - 5) Jubilee Bells - Bell Room
5-5:30pm (3 years - Kindergarten) Little Angels - Room 133
5:30-6pm CU Wednesdays Meal/Social Time - Commons
6-6:30pm (Grades 1 - 6) Children's Choir - Choir Room
6-7:30pm Confirmation - ECC (starting October 2)
6-7pm Adult Bells - Bell Room
7-9pm Adult Choir - Choir Room