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August 2019

CHRIST
METHODIST CHURCH
UNITED
Grace, In The City

THE NEW

SPIRIT

I believe a leaf of grass is no less than the journey-work
of the stars,
And the pismire is equally perfect, and a grain of sand, and
the egg of the wren,
And the tree-toad is a chef-d'oeuvre for the highest,
And the running blackberry would adorn the parlors of
heaven,
And the narrowest hinge in my hand puts to scorn all machinery,
And the cow crunching with depress'd head surpasses any
statue,
And a mouse is miracle enough to stagger sextillions of infidels.

WALT WHITMAN

WORSHIP DIRECTORY:

8AM BELOVED (CHAPEL)

9AM TRADITIONS (SANCTUARY)

11AM ARISE! (ECC)

www.facebook.com/cumethodist

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11:30am Sunday Radio Broadcast on

KOLM (1520 AM)

www.youtube.com

"Christ United Methodist Church Rochester MN"

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Pastor's Pen

WITH ELIZABETH MACAULAY, LEAD PASTOR



..."We must never forget, pleasure is real as pain." Marge Piercy, from "The Art of Blessing the Day"

Summer is such a fleeting pleasure.

In many of our households, the months of summer feel like precious possibilities that are spent before we even have time to fully experience them. Weddings, family gatherings, vacations and golf games are deeply anticipated and planned for, and then they are gone. August has always had a bittersweet kind of feeling for me. It is a fully lovely month of summer meant to be savored. And, it leads into September with its shocking reentry into "normal" life.

Being present to the sweetness of what is can be challenging. It seems to me a challenge worth embracing.

Here at church we are embarking on a wilding and Sabbath adventure. We have an all-church camp out scheduled as part of the grant I received. I'm excited to get outside and into creation in the company of people I rarely get to sit around a campfire with. The elemental nature of camping frees me. I'm looking forward to singing, praying, laughing and swimming with kin in Christ from CUMC.

Cooper and I will enter the Boundary Waters for four nights. There is absolutely nothing like being totally unplugged and immersed in creation. My soul literally swells through soaking in days on and in the water.

My birthday is in August, so I hope for a time with my clan for some play and sweetness.

My goal for this fleeting pleasure of summer is to savor as much goodness as possible. It seems near blasphemous to miss fresh peaches and corn on the cob, or be so busy that there is not opportunity to sit and watch fireflies do what they do. I want times of absolute stillness as well as the gift of pushing my body on portages or on a bicycle. What I want is to play. Pleasure is as real as pain; it deserves our attention.

I pray for us all a time of savoring and release.

God delights in our pleasure. We know this is true, because the world is so full of God's abundant artistry. So, taste and see and be and play, my friends.

God delights in our pleasure.

Pastor Elizabeth

Pastor Elizabeth



Our parking lots are getting a facelift!

Below is the schedule which includes full resurfacing and striping. Please note that the dates below may be shorter or slightly longer in duration depending on weather conditions, but will not interfere with weekend events or activities.

Aug 12-15th East Lot • Aug 19-21st West Lot

Wednesday evenings are busy around CUMC with choir practice for all ages, confirmation, meetings, bell choir and Thrift on Fifth open for business. Included in all this 'CU Wednesday' excitement is a meal prepared and shared by all. You are invited to join us for supper at 5:30pm and if you'd like to prepare something, go to SignUp Genius online at <https://tinyurl.com/yym2t4dz>



All Church campout participant details & itinerary can be found online! www.cumethodist.com/events/all-church-camp

We will begin to gather at Afton State Park (6959 Peller Ave S, Hastings, MN 55033) at 6 PM on Friday the 2nd. Come for all of the time, or for whatever time you can be there. Join in! This should be a grand adventure. Questions? Call the church office at 507-289-4019

Rally Time is Coming!

Rally Sunday is heading our way! Gear up for a Sunday filled with great times and we celebrate the beginning of the new season! As always we will living it up between the 9 and 11 o'clock services with treats and fun! We can't wait to party with all of you!



Thrive Gala Update

The date for the Thrive! Gala celebration is November 2nd to align with a fall harvest theme and as a precursor to the church's annual sponsorship campaign. Please mark your calendars for November 2nd 2019 for a night of celebration and fun as we raise funds to serve the Thrive! Child Care and Family Resource Center tuition assistance program.

The Young Adults are forming the DABBLERS CLUB. We will be trying a new activity every month where we strive for enthusiasm over skill. All are welcome to join us in our joyful mediocrity and suggest activities. Contact Grace Glover to get involved: grace@cumethodist.com.



CUMC Sunday School 2019-2020

We will have Sunday school at both the 9:00 am and 11:00 am services this year. The Nursery is open from 8:00 am-12:00 pm. We are excited to be adding “Godly Play”, in January, at the 10:00 am during the education hour for our preschool and elementary age children. More information on “Godly Play” will be provided next month. Here is the information on Sunday school for Fall 2019.

Play” will be provided next month. Here is the information on Sunday school for Fall 2019.

9:00 Sunday school

Children attend worship with parents and go to Sunday School with their teachers after the Pastor’s Children’s Lesson

We will have three Sunday School Rooms: Grades 3-5, Grades 1-2, Preschool-Kindergarten

11:00 Sunday school

Children attend worship with parents and go to Sunday School with their teachers after the first opening songs.

All children will be together in one room with two teachers.

Rally Sunday is September 8th: Come meet the Sunday school teachers in the Sunday School classrooms from 10:00- 10:45 am

First Day of Sunday School is September 15!



ASP
Appalachia
 SERVICE PROJECT®
2019



Connections with Grace Glover

The summer air is crackling with possibility. Or maybe that's the promise of thunderstorms. Either way, good things are happening at CUMC.

This first month on staff has been a whirlwind, and I thank you all for your warm welcome. My first week marked my first time at Annual Conference where we got to resist evil, injustice, and oppression as a state. The next week the church was buzzing with little ones as we celebrated that EveryBODY Matters at vacation bible school exploring topics of health, diversity, and body positivity. Then, Sam and her three little girls showed up and immediately made life more fun.

As Connection Coordinator, my job is to make sure that people feel a sense of belonging in our church. My two big goals are this: To connect each person in our congregation with a role or responsibility that offers them ownership in the congregation, and to build stronger ties between our church and downtown Rochester. With staff changes and a new program year starting, we are faced with endless possibility. Now is the time to create the community you want to see at Christ United Methodist Church.



Hands down, sand is one of the very best nature-made toys and Thrive is so thrilled to now have sandboxes on our playgrounds! This group of hard-working volunteers spent a hot Saturday morning leveling, building and filling sandboxes



for the children at Thrive. John and his team made quick work of this task and they turned out amazing! We thank them all for creating a new place to explore while we are outside!

As the children are scooping and sifting, dumping and molding, they are learning about more than just what they can do with sand. They're also using their hands to explore, digging into imaginary play, adding to their vocabulary, practicing social skills and collaborating with friends.

The children have already been busy scooping, dumping and building in the sandboxes! A big thank you to Toni and George for the generous donation of sandbox toys. The children have put them to good use every day!



Thrive is thankful to be surrounded by amazing people that roll up their sleeves and get things done! All of us at Thrive send a hearty thank you and invite you to stop by and see our sandbox creations!



Thrift on Fifth is now open every Wednesday, Saturday, and Sunday. We are ready to accept clothing anytime, just bring them to the normal drop-off location. Thank you for your generosity. Together we can help this community thrive!

Store Hours | **Wednesday:** 4pm - 7pm
Saturday: 9am - 12pm
Sunday: 9am - 12pm

2019 InBetweeners Steak/Corn Feed

August 18th is the date for the InBetweeners Steak/Corn Feed this summer. InBetweeners is a social group at Christ Church for those over 50 years of age. If you would like to attend and are not on our list please call or email the Odell's.

We will begin with a social time and appetizers at 4:30pm. The price is \$10 per person. There will be portabella mushrooms for those non meat eaters. Bring your own plates, knives, forks & spoons.

The Steak/Corn Feed is at the home of the Odell's. We look forward to seeing you in August.

Dick and Deedee Odell • 281-2755 • ddbells@aol.com



UMW Fall Rummage Sale!

The Fall UMW Rummage Sale is scheduled for Oct. 4 & 5. In addition to winter clothing and household goods, this is a good time to sort through your Halloween, Thanksgiving and Christmas decorations to donate those you no longer use. Look for details in September *New Spirit*.

Interfaith Immigrant Coalition

The CUMC Mission and Social Justice committee is helping an interfaith immigrant support group by funding legal aid and organizing volunteers who are trained to help with sanctuary stays for immigrants and their families at local churches.

ICE incarcerates people without hearings and puts the burden of proof on the detainee to prove eligibility for remaining in the US. Unlike our civil courts, legal representation is NOT provided. Proving eligibility to stay in the US is difficult to accomplish while in detention. Studies have shown that those in detention who can't afford an attorney have only a 3% chance of remaining with their families in their community. Those who have an attorney have a 10 times better chance of obtaining legal residency.

The interfaith immigrant support group incorporated SMILD (Southeastern Minnesota Interfaith Immigrant Legal Defense) that is raising funds to provide legal defense for Olmsted County residents in Immigration and Customs Enforcement(ICE) detention. It has raised over \$35,000 to date. The Diversity Council serves as the SMILD fiscal agent. Quotes are being received from immigration attorney firms to initiate legal representation this September for Olmsted County Immigrants in ICE detention.

If you are interested in helping with this area of service, please send an email to larrysegar@gmail.com
Donations can be made to CUMC with a notation: Immigrant Legal Defense.

50 Year Member Luncheon



To our 50 year members,

Every year we seek to honor the members of Christ Church that have been with us for such a long time. You've helped secure the foundation of this place, and we are so grateful. Please join us for a luncheon celebration of your gifts to this place.

Save the Date: September 12 at 11am

- Christ UMC



Faith → Life: Learn from Christ's Teachings

3rd Sunday Forum

August 18, 10:15 AM Hamline Room

"Unbound: The Organization, The Experience"

Linda Hyde, CUMC Member

Linda Hyde will give an account of her February 2019 trip to El Salvador with Unbound. Unbound is an international organization dedicated to advancing human dignity and eliminating poverty through education. During her visit she was able to meet the young girl she has sponsored for the past three years and also attend presentations by families, students, mothers and elders who have been helped through Unbound sponsorships. Linda has been an active member of Christ United Methodist Church for 39 years.

Ongoing Classes

All Are Welcome – No Registration Required

Inquiring Spirits – After the 9:00 am worship service (except for Third Sunday Forums), Room 145

Contemporary Issues – After the 9:00 am worship service (except for Third Sunday Forums), Room 146

Connect Groups

FALL CONNECT GROUPS ARE COMING!

Hosts are preparing for the first 6-week trimester for 2019 – 2020 (September 22 – November 10) of Connect Groups. There will be familiar groups like the Dinner Club, Gardening Ministry, and Charlies' Breakfast Group plus new groups to consider - - - Prayer Shawl Knitters, Beginners Bridge, a book study of Healing the Heart of Democracy by Parker Palmer, Restorative Justice, Bible Study, and groups forming to discuss the latest All Church Read. Sign up for these and others will be September 1, 8, and 15. If you are interested in hosting a group, have an idea for a group, or would like further information, contact Kathy Estry (rk.stry@gmail.com) or Pam Lund (lund.pamela7@gmail.com).


This is the Wesleyan Way to develop relationship with the Holy and with each other, be able to "call each other by name", and grow in being a follower of Jesus.

Child Care is available every Sunday and for weekdays and Saturdays upon request

Have an article for the *New Spirit*? Please submit it to oliver@cumethodist.com by the 3rd Wednesday of the month. Late articles may be very tiny or invisible. Thank you and happy writing!

If you have a pastoral emergency, please call the church office and ask for the pastor on call. Let us know this is an urgent need. If you need a pastor after hours or on weekends, please call the church office and listen to the message on the machine for the phone number of the pastor on call. Then call them directly. Remember that we do not know you are in the hospital unless you contact us. Thank you.

Nationally known speaker Ben Wolfe presents:



Our Whole Lives:

Caring Through Congregations

Part 1: 6:30pm - November 22
Caring for Caregivers: How We Are Changed By the Work We Do

Part 2: 9am - November 23
Holy Listening: Best Practices

Christ UMC - Save the Dates - More information soon

Yo si te creo – I do believe you

For the celebration of International Women’s Day here in Panajachel, a new T-shirt design was introduced. Written in Spanish on the front and in Kaqchikel (a local Mayan dialect) on the back, the words mean “I do believe you”. Two weeks ago, I was part of a group of nearly thirty individuals who stood in support of women assault survivors at a court building in Solola that is dedicated solely to women’s violence cases. I never thought this would be part of the mission work I would do here in Guatemala, but it definitely was where God asked me to be. Please pray for these women while they go through this experience, for the other victims that were too afraid to come forward and for all of the women of Guatemala who face violence every day.



- Jan Lage

Update: The Lage Family will be visiting during the month of **September!** We are anxious to meet with as many of you as possible to share our stories and express our gratitude for all of your thoughts and prayers. Blessings to all as you enjoy the rest of your summer!

You Are Invited

All are Welcome.

What: Fellowship Breakfast

When: 2nd Wednesday of **EVERY Month**

Time: 8:30 A.M.

Where: Charlies Restaurant



We would love to give you a warm welcome

Do you know someone who may be interested in learning more about the church and how to connect with others? We offer monthly “Meeting Christ Church” coffees at which our pastors will meet with people and introduce them to CUMC and the United Methodist denomination. Join us the 2nd Sunday of each month in the Fireside room following the 9:00 service. Childcare is available upon request! The next Coffee is August 11. Please contact the church office at 289-4019 or by email (email@cumethodist.com) if you have questions or would like more information.

Summer Fellowship!



There's nothing like a summer get together! The Yangya family are new to our church and new to our area, but they fit in like old friends! It's so good to be church together.

Pictured: Yangya family: Sikati- father, Aobany- mother, Alisa- 18 year old daughter, Odila- 14 year old daughter, Masoka - 13 year old daughter, Wilongola- 11 year old son, Jeanne- 9 year old daughter, Yabeshi- 6 year old son; Gary Luek; Joyce Gibbs; and Betsy Whitfield

Do you want to show off how much fun you're having this summer?? Email your summertime fellowship pictures to oliver@cumethodist.com and you can be in the New Spirit Newsletter!



The CUMC Tree of Life: Living, Celebrating, & Remembering With You



Congratulations to CUMC Leadership Board Member Deb Gross who is to be inducted into the Southern Illinois University Department of Athletics 2019 Saluki Hall of Fame class! Deb played volleyball from 1991-94, finished her career third all-time in kills at



SIU (1,163) and was a two-time All-Conference selection. She led her teams in six different statistical categories, including kills, attempts, aces, digs, block solos and total blocks. Heyne was a three-time MVC Scholar-Athlete and two-time Academic All-District pick. Heyne is presently a physical therapist at the Mayo Clinic in Rochester, Minnesota and a member of the Leadership Board here at CUMC.

Welcome New Intentional Disciples!



Stan and Karen Hewitson

Stan and Karen moved to Rochester in April 2019 from Shorewood, IL. Stan retired from Loyola University in Chicago where he was Director of Human Resources. Karen was a Christian Educator in the United Methodist Church and a music teacher. Both have been very active lay members in their churches, serving on many committees. They love to sing in chancel choirs, play bridge, read, and participate in small group activities. Stan and Karen have four adult children, six grown grandchildren, and two "mature" cats.

Christ United Methodist Church - Sponsored Summer Events!

PRESENTED BY SACRED HEART STUDIOS

FOSTER FEST

Join Us in Support of The Dorothy Day House

LOCAL MUSIC.
LOCAL ART.
LOCAL CAUSE.

Celebrate Rochester with Live Music & Visual Arts

Dorothy Day Hospitality House - Homeless Shelter

NOON TO 10P

AUG 17 2019

FOSTER AREND PARK

GOOD WILL DONATIONS AND PROCEEDS GO TO SUPPORT THE DOROTHY DAY HOUSE

Foster Fest is an annual music festival and celebration of Rochester's own talented people coming together to raise funds for charitable causes. This is an all day music and art festival featuring all local groups. Dorothy Day will be this year's beneficiary! This event is organized by members of the Arise worship band, and sponsored by Christ UMC. Last year, with the help of the community, they raised over \$10,000!

ANGRY BLACK WOMAN AND WELL-INTENTIONED WHITE GIRL

BY AMOKE KUBAT

A PLAY ABOUT HIDDEN, DEHUMANIZING NARRATIVES THROUGH STORYTELLING AND AUDIENCE PARTICIPATION

West Side of Peace Plaza 4-6 PM August 25

All are welcome
Free-will donation will be given to the playwright
Join us for the play, snacks and skilled facilitators for post-performance self-reflection and discussion

Christ United Methodist Church
Diversity Council
Leadership Education

This performance goes deep into hidden, dehumanizing narratives, through storytelling and audience participation. This nontraditional work reflects Amoke Kubat's journey through the painful landscape of "Minnesota Nice," the gentrification of North Minneapolis and work spaces, and awkward interracial intersections with white women. The performance will be followed by facilitated discussion groups.

Children (and all human beings) do not belong in cages!

Global Ministries encourages churches to give in support of the [global migration Advance #3022144](#). The mission agency is also encouraging churches and individuals to make Sunday, June 30, a [Sunday of solidarity for suffering children](#).

The United Methodist Church opposes "immigration policies that separate family members from each other or that include detention of families with children," [according to the Social Principles](#). In the United Methodist Book of Resolutions, [the church calls on the government to end indefinite detention and the incarceration of children](#).

[The United Methodist Board of Church and Society](#) is calling on United Methodists to tell Congress and President Donald Trump to end child detention and family separation.

The social action agency of the church encourages everyone — including children and youth — to write letters to the government calling for immediate reform.

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**RALLY
SUNDAY**

**Save the Date!
September 8**