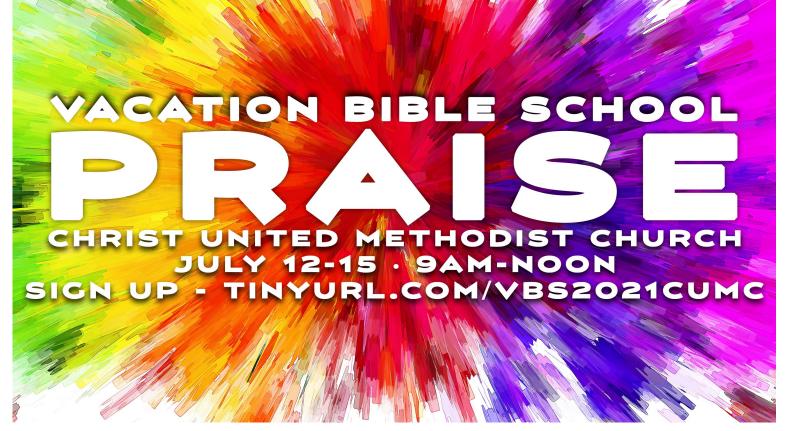


# SPIRIT



Join us for worship every Sunday In-Person or Online

Facebook.com/cumethodist

YouTube.com/ChristUnitedMethodistChurchRochesterMN

Archived on YouTube & on our website: <a href="https://cumethodist.com">https://cumethodist.com</a>

Open M-F 9am-3pm - Call the Office 507-289-4019

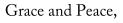
# Pastor's Pen with Rev. Jenny Cannon, Lead Pastor

There are several places in the Gospels where Jesus sends his disciples out into the world and specifically instructs them to travel light. "Take nothing for your journey, no staff, nor bag, nor bread, nor money—not even an extra tunic" he says to the Twelve in Luke 9. It seems from these instructions that Jesus wanted his followers to not only avoid being weighed down with unnecessary stuff, but also to practice the art of relationship. As they traveled from town to town with a notable lack of supplies, Jesus was encouraging his disciples to engage with people in meaningful ways- receiving hospitality, building trust and sharing their gifts. They were meant to rely on others, not to be personally prepared for every possible scenario that might befall them.

I found myself reflecting on this passage, a bit ironically, as we frantically filled and taped the last of our many boxes to get them loaded onto the moving truck. After what felt like a thorough purging of our household, we somehow still ended up with a truck packed to the gills, along with two carloads of people, suitcases, house plants, cats, a hamster and a bucket full of compost worms. All of which made the 1000+ mile trek with us from Maryland to Minnesota. Clearly we didn't get the same packing instructions as those original disciples.

But despite our many boxes, we also know that we actually don't have everything we need either. This is a big move for our family and we are well aware of how vulnerable we feel in the midst of it. But this experience has also helped us to recognize the value of meaningful relationships and how much we can and should rely on others. Pastor Elizabeth has been incredibly gracious throughout this time and we are so honored to follow in her footsteps in ministry here. And in addition to her kindness we have already received countless acts of hospitality from the leadership and congregation. We know that we will continue to rely on you for navigating important topics and questions about the church and the community, as well as tips on how to make it through our first Minnesota winter! And we can't wait to get to know you in worship and service and over meals and coffee and conversation.

It seems that Jesus knew what he was doing when he sent the disciples out into the world, without a single tunic or staff or Mayflower moving van in sight. There is value in experiencing the power of sacred community. And we are humbled and grateful to now be part of this one. Thank for your warm welcome as we travel together.



Jenny



### **VOLUNTEERS NEEDED!**





Praise Vacation Bible School is seeking teens and adults who can help with snacks, games, crafts, and supervision. We will need help 9am-Noon with VBS and in the afternoons for local service projects. We are seeking people of all ages, abilities, and interests. There is a place for you!

We are seeking people to help with mowing and grounds maintenance. Please contact Chris Mueller to volunteer.

Saturday Noon Meals is seeking new volunteers to help prep and deliver a wholesome, home cooked meal on Saturday mornings. Let Kathy Lombardo know if you are interested.

**TECH HELP NEEDED** – If you are interested in helping with worship, we have positions available in sound, video, and powerpoint. Training available! Contact <u>oliver@cumethodist.com</u>

CUMC will have a booth at Rochester Pride on September 25th. If you are interested in planning or volunteering at Pride, please contact Grace!

Safe Sanctuary will be offered after church on July 11<sup>th</sup> to help prepare for Vacation Bible School, BWCA, and more. All staff and volunteers with children, youth, and vulnerable adults are required to attend this training annually.

If you are a volunteer who cannot make the scheduled date, please contact Grace to find a time to complete training.





Wow.

My heart is still thrumming with gratitude. You blessed me and Cooper on our way with amazing kinds of grace: The dinner (delicious!) the program (so beautiful and hilarious), the stunning book of photos and greetings, the pizza oven (!), the laughter, the worship on Sunday, the music and the blessing, the cards and hugs and gratitude shared. I feel well and fully blessed.

May God continue the great work unfolding through the grace you magnify in the city and beyond.

I am forever grateful for your blessing.

~ Pastor Elizabeth

P.S. I hope the Elizabeth Macaulay nursery is filled to capacity every Sunday!!!!!!!

# Office and Operations Coverage:

Susan Ross will be handling financial and organizational matters. Susan will be working on Tuesday afternoons as well as all day on Wednesdays and Fridays. Susan can be reached at <a href="Susan@cumethodist.com">Susan@cumethodist.com</a>. Please be aware that she will only be accessing email on her days at work.

Oliver (Communications) Grace (Connections and Youth), and Kent (Building Manager) will be on hand to assist in the smooth functioning of the day-to-day operations.

We are blessed with dedicated volunteers who will provide continuity and welcome.

If there is a pastoral emergency please call the church office.

Pastor Nancy will be available for pastoral care needs. We are also blessed with Parish Ministers and a Care Team to provide care and support.



# Meeting Christ Fellowship - July 21 at 5pm in Fireside Room

We hold Meeting Christ Fellowship to welcome those who are new and nearly new to our church! We meet the third Wednesday of the month at 5pm. If you or anyone you know are interested in joining the church have them send us an email and join this introductory fellowship: Grace@cumethodist.com

# Thrift on Fifth Sidewalk Sale Update

Thrift on 5th's sidewalk sales have been a HUGE success! We want to thank all of the hard working volunteers, and devoted customers for their continued support.

We are so happy to be able to offer safe, fun sales that benefit Thrive Childcare & Family Resource Center Scholarships.

We are postponing sidewalk sales in the month of July. Our upcoming sales and donation collections are from 9am-12pm on August 7 & 23.

Donations accepted include: clothing, accessories and jewelry for all ages and gender identities. Come shop with us!





# You're Invited to Thrive's Annual 4th of July Parade! Friday July 2nd at 10am

We will walk up 4th Street towards 5th Avenue and continue around the block. We encourage you to spread out around the block to watch the cutest parade in town! We will be making

hats and music makers at Thrive for the children to use during the parade. We hope you can join us!





# Hopeful EarthKeepers

The Hopeful Earthkeepers at CUMC hosted an informal electric vehicle gathering after parking lot worship on June 6, 2021. Participating owners ranged from slightly "nerdy" car aficionados to a busy working mom who had another EV owner show her a new "trick" about her own car. For the most part, the car owners were members of our own CUMC, although the Tesla S belonged to a helpful owner from the online Rochester

Electric Vehicle group (see https://www.rochesterelectricvehicles.com/). We were all there just to share informative details and let people "kick the tires" - or just sit inside - plug-in hybrid or electric vehicles that they might not have even been aware of before this.

We had two Tesla X's, a Tesla S, a Ford Focus Electric, a Ford C-Max Energi (a PHEV – Plug-In Hybrid Electric Vehicle), a Chrysler Pacifica minivan (also a PHEV), and a Nissan Leaf. Fully electric vehicles, incidentally, are called BEVs (Battery Electric Vehicles). Some of these were as old as model year 2013, but one was brand-new in the past few months. This was quite a varied gathering, especially given the relatively short notice, showing a range of vehicles available now, both new and used. People driving PHEVs and BEVs tend to be very enthusiastic about their benefits and love to answer questions!

These cars would range in price from \$30,000-100,000 when they were brand-new. Electric cars are no longer an option available only to the very wealthy. Electric cars have fewer specialized parts, and fewer moving/mechanical parts that wear out over time; one can expect to save thousands of dollars on

maintenance and gasoline over the (generally much longer) lifespans of these cars.

Some all-electric cars can drive up to 400 miles on a single charge! Charging electric vehicles is already possible on existing electric circuits in many homes, although it can require several hours to overnight. However, one can also have a dedicated charging station installed for home use, and Tesla has produced Supercharger stations that they have committed to spreading out across the US, so that one can drive coast-to-coast by recharging for less than an hour at each station along the way.

It is an exciting time to keep an eye on electric vehicles, and their potential to minimize the burning of fossil fuels. Manufacturers across the board have committed to bringing out dozens of new electric models in the next several years: including SUVs and pickups! It will become much easier to locate and purchase electric vehicles in the future in Minnesota, with the current Clean Cars Initiative: "[This] is an initiative to tackle climate pollution and decrease Minnesota's emissions of greenhouse gases. These vehicle emissions standards will reduce transportation pollution from new cars and light-duty trucks and increase the number of pollution-free vehicles for sale." Minnesota will join roughly a dozen other states in requiring carmakers that sell fossil-fuel cars here, to also make electric cars more available to Minnesota dealers, as well as opening the possibility of tax credits, rebates, and such, to make them more affordable.

— Millie Webb



# Community Healers

In Nadia Bolz-Weber's Sunday Pandemic prayers this March she wrote, "I'm not who I was a year ago. I want so badly to hug my friends again and laugh [...] again and have amazing conversations again and yet I am not sure how long I could do any of this before crying or just getting quiet. My emotional protective gear has worn so thin... I am so afraid that I will never be who I once was."

Do you feel this way? Do you feel like you do not remember how to socialize outside of a computer screen? How to start a conversation with a stranger? We have gone through a collective trauma and now, we find ourselves not knowing how to step out of the safety of the comfort zones we created these past 15 months.

Your Community Healers Ministry has been worried about you, praying for you, and wondering how our ministry can help our congregation and neighbors find healing. Our solution for all of us is this: Multigenerational Play Groups.



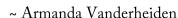
George Bernard Shaw said, "We don't stop playing because we grow old; we grow old because we stop playing." Games provide an easy sense of community; they do not force weird or awkward small talk. They give us a safe space where we can figure out who we are again. Stuart Brown MD says, "Those who play rarely become brittle in the face of stress or lose the healing capacity for humor." Join us and find joy and humor in life again.

Our first event will be at Soldiers Field (across the street from the castle playground) following our outdoor worship service at 10am Sunday June 27th (Pastors Jenny and Kirkland's first Sunday) We

will provide a plethora of fun outdoor games, suitable for ALL ages, croquet, corn hole, kube, bocce ball, ladder ball etc and we will provide water. Bring your friends and family, lunch, sunscreen, lawn chairs, and let's just have some fun together. ALL ages are welcome and encouraged to attend.

Save the date:

Saturday morning July 17th we will head to Oxbow Park to enjoy the zoo together. More details to come.



# **Children's Ministry**



Vacation Bible School VBS will be July 12-15, 9am-Noon

PRAISE - A Creative Arts Camp in the Heart of the City

We will explore faith, human connectedness, and community through music, art, storying telling, drama, and games. Head to <u>tinyurl.com/VBS2021CUMC</u> to sign up!

# Nursery Update!

We are so excited to fill our nursery with new furniture and toys for our families. We have been blessed with a generous donation from Diane Ilstrup, in memory of her beloved husband Duane, to furnish the nursery. We would like to invite you to help purchase developmentally appropriate toys and books. We have created an Amazon CUMC Nursery registry of toys, books, and other necessities for the nursery. We have included a link that will take you to the registry page. <a href="mailto:tinyurl.com/CUMCNurseryRegistry">tinyurl.com/CUMCNurseryRegistry</a>. You can donate money to the nursery by making a check out to CUMC and writing nursery in the memo.

Questions- email Jody Peterson - jody@cumethodist.com



# Water Fight – Wednesday July 21 at 6pm

The church will provide water balloons and snacks. You can

bring hydration, sun protection, a towel, and friends!

Youth group will continue to meet Wednesdays at 6pm in July. People entering 6-12 grade are welcome to join us. Come as you are.

We will be going to the Boundary Waters July 25-29! Contact <a href="mailto:grace@cumethodist.com">grace@cumethodist.com</a> to sign up.

# All Ages Events

Olmsted County Free Fair - Friday July 30th at 6pm

Meet at the fish pond. We will get dinner and explore the fair together.

# Thursdays Downtown - Thursday, July 15th at 12:30pm

We'll meet at church at noon and walk down to Thursdays Downtown for lunch together. All are welcome!

# Camp

It's not too late to register for Minnesota UMC camps! Check out campminnesota.org to register.

Scholarships are available for all Christ UMC members to attend camp thanks to the Foundation.

# Young Adults

# Brunch after church! July 18th at 11am in the Fireside Lounge

We will provide coffee, juice, and a main dish. Bring a side to share!

# ALL CHURCH CAMPOUT

### August 13 - 15

You can join us at the campsite, book your own, or join us part of the time. The church bus will bring people for the day on Saturday, August 14.

# Sign Up TODAY!

tinyurl.com/AllChurchCamp2021

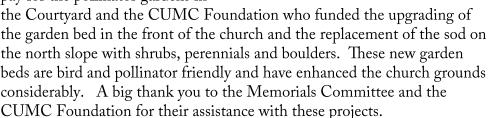


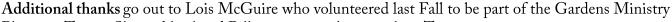
# Thank you's from Garden Ministry

Garden Ministry was busy refreshing three garden areas during May and June: the pollinator garden on west side of Courtyard, the sloped area on north side under the Christ window and the west side by the front entrance.

These projects could not have been completed without the assistance of the Memorials Committee who made a grant to help

pay for the pollinator gardens in





Planning Team. She and husband Bill are moving this month to Texas to be closer to family. Lois has brought so much fun and inspiration to the team. Lois and Bill are responsible for the beautiful Adirondack chairs that are at the front entrance of our church. The chairs add color, comfort and a welcoming atmosphere as you approach the main entrance. Thank you Lois and Bill for these fun and inviting chairs and for your service to CUMC over the years. We will miss you and we wish you the best with your new adventures. ~ Mary Schmidt









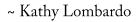
The CUMC Vegetable Garden was planted on May 31st by Gayle Fosterling and Kathy Lombardo and has been cared for over the past month by Gayle, Kathy and Doug and Bobbi Nichols. The garden is located by the Wesley House in the Southeast corner of our CUMC property.

The raised garden beds were built by Garrison and Kris Lloyd this spring and have created a beautiful garden space for our planting. Their work and planning of this project is so much appreciated. We would also like to express our appreciation to Jim Whiting Nursery and Sargents for the donations of our vegetable plants this spring. These two nurseries were very generous with their donations.

Our hope is to utilize the vegetables in our Saturday Noon Meal program to support those within our community experiencing food insecurity.

We would appreciate any volunteers that enjoy gardening to share in the efforts of our inaugural CUMC garden season. Your expertise would be appreciated! If you would like to volunteer in any capacity (watering, weeding, harvesting) please contact Kathy Lombardo at kathryn.lombardo@gmail.com or by telephone at 507-398-2686.

Thank you for your support of this new CUMC mission. Please feel free to visit our gardens this summer.







# Faith → Life: Learn from Christ's Teachings ~ 2021

"We are all connected to everyone and everything in the universe. Therefore, everything one does as an individual affects the whole. All thoughts, words, images, prayers, blessings, and deeds are listened to by all that is." Serge Kahili King

The Faith→Life offers many opportunities to enhance your connectedness to others within your church family. Our hope is that you will find at least one group of interest to grow your relationship with others and your relationship with God. Kathy Estry at <a href="mailto:rk.estry@gmail.com">rk.estry@gmail.com</a> or Grace Glover at <a href="mailto:grace@cumethodist.com">grace@cumethodist.com</a>.

# Third Sunday Faith—Life Forum Offered via Zoom

We are offering forums that cover a wide range of relevant topics and are given by insightful guest speakers. No registration required. Join by clicking on the Zoom link provided in the Sunday worship reminder the day of the forum or join us in the ECC after the 9am Worship Service.

# "Southeastern Minnesota Jeremiah Program"

July 18, 2021, 10:00am ~ Presenter: Ally Hanten Ebert, Jeremiah Program-Rochester-SE, MN Campus We last heard about the Jeremiah Program at our Third Sunday Forum in February 2017 when it was in the planning stage. The newest campus dedicated to disrupting generational poverty opened its doors in Rochester to 40 single mothers and their children in July/August 2020.

Jeremiah Program offers one of the nation's most successful strategies for transforming families from poverty two generations at a time. Ms. Hanten Ebert has spent her career working to elevate the voices and experiences of young people and their families. She is dedicated to help families get connected to support services, safe and permanent housing, educational opportunities and more. Ally holds both a Batchelor of Science in Psychology and a master's degree in Human Development and Family Services from North Dakota State University.

If you miss a class or forum, don't worry! All past forums are available on our YouTube channel anytime.

Type <a href="https://tinyurl.com/Faith2Life">https://tinyurl.com/Faith2Life</a> into your browser

# **Ongoing Sunday Classes**

# Contemporary Issues

Host: Joel Charlson Time: Sundays at 10:00 AM Place: Room 146 & Zoom (<a href="https://us02web.zoom.us/j/82253693720">https://us02web.zoom.us/j/82253693720</a> Meeting ID: 822 5369 3720)

Each Thursday Joel emails participants the week's topic from *Wired Word*. Scripture verses and critical questions related to the topic lead to in-depth discussions that apply to how we live our daily lives.

If you are interested in joining the class email Joel Charlson at <u>joel.charlson@gmail.com</u> to receive the weekly *Wired Word* or just join via this zoom link <a href="https://us02web.zoom.us/j/832924941">https://us02web.zoom.us/j/832924941</a> or meet us in Room 146!

# **Inquiring Spirits**

Hosts: Ed Shafer and Hank Kliewer Time: Sundays at 10:15 AM Place: Room 145

Group members suggest theological topics or books of interest to study. The group is currently reading "The Tao of Thomas Aquinas: Fierce Wisdom for Hard Times" by Matthew Fox. New participants are always welcome.

For more info contact Gwen at scilleys@charter.net

# Connect Groups (View a complete listing and register at <u>cumethodist.com/faith-life</u>) <u>Breakfast Fellowship</u> - It's Back!!

Hosts: Amy Humphrey and Dean Swanson ~ Time: 2<sup>nd</sup> Wednesday of the month at 8:30 AM ~ Place: Charlie's Restaurant at Hillcrest Shopping Center

New members are always welcome to drop in, no age group designation, and no registration required.

### Garden Ministry

Host: Mary Schmidt ~ Place: CUMC Grounds Time: Thursdays, 8:30 – 10:30 AM ~ 2<sup>nd</sup> Saturday of the month  $9:00 - 11:00 \text{ AM} \sim 3^{rd} \text{ Wednesday of the month } 6:00 - 7:30 \text{ PM}$ 

The Garden Ministry Team will be busy weeding, planting, trimming bushes, and mulching. Help care for CUMC's piece of the Earth. Bring your own gloves and gardening tools if you have them. Contact Mary at <u>oronocombs@yahoo.com</u> if you are interested in additional opportunities to beautify CUMC's grounds.

# Knit One Pray, Too

Host: Marjie Blaisdell ~ Time: Wednesday 10:00 AM – 12:00 Noon ~ Place: WebEx

Contact Marjie at mablaisdell@gmail.com to receive a link to the WebEx meeting. The group is knitting prayer shawls and scarves and hats for winter.

# Men's Coffee Group

Host: Dick Estry ~ Time: Thursdays at 8:00 AM ~ Place: Room 145

Whether you are a long-time member, new to CUMC or looking for a men's fellowship group, you are invited to drop in for coffee and conversation. For more information email Dick Estry at rk.estry@gamil.com.

### Conversations on the Book of Genesis

Host: Aileen Williams ~ Time: Wednesday evenings, June 2 – July 7, at 7:00 PM ~ Place: On Zoom <a href="https://">https://</a> zoom.us/j/94709445169

This class will focus on the accounts in the first book of the Bible, GENESIS. In the late 1990's Bill Moyer brought together Jewish, Islamic and Christian scholars to share their understandings and perspectives about theses accounts of creation on television. Using portions of these broadcasts, the class will give participants an opportunity to enter the conversation. Please contact Aileen at <u>greenhs@aol.com</u> if you wish to join this class.

Watch the Wednesday Connections email, the New Spirit newsletters, and the Sunday worship reminder for updates on offerings as they become available! Also check out cumethodist.com/get involved/faith-life for a complete listing and registration information.

Complete listing and registration at <u>cumethodist.com/faith-life</u> (or click get involved then faith→life)



# The UMW Rummage Sale Returns!

Save the Date! We are tentatively planning on hosting the UMW Fall Rummage sale October 1 & 2. We are still ironing out all the details as the vaccine rollout continues, and will have more details in next month's New Spirit!



Saturday The Saturday Noon Meal Program continues to serve meals to The Landing each Saturday at noon. We continue to partner with Thrive, Channel One, People's Food Co-op and Family Service Rochester for food resources and appreciate their on-going support.

> We are currently providing 40 hot individually boxed meals each Saturday to *The* Landing. We continue to contemplate when we will be returning to in-person meals in

Wesley Hall. At this time we do not have a specific time when we will return to in-person meals, but will communicate when we make that change.

We would appreciate any volunteer support from those that enjoy cooking. We require 3-4 volunteers each Saturday morning from 8 AM to 12:30 PM to prepare the meal and transport the meals to *The Landing*. If you are interested in volunteering please contact Kathy Lombardo at kathryn.lombardo@gmail.com or by telephone at 507-398-2686.

We appreciate all of our current volunteers and support that we are receiving from the community.

Kathy and Phil Lombardo - SNM Leadership Team



Sunday     Monday     Tuesday       New Pastors, Revs. Jenny Cannon and Kirkland Reynolds' First Sunday     June 28     June 29       9am Sanctuary Worship (East) 10am Parking Lot Worship (East) 11am Fellowship @Soldiers Field     5     6       9am Sanctuary Worship (No Parking Lot Worship)     25     6       9am Sanctuary Worship 10am Sofe Sanctuary Worship 10am Sofe Sanctuary Worship 10am Parking Lot Worship 10am YA Brunch 125     19     4:30pm Hopeful 20       25     Boundary Waters Trip 2021     Boundary Waters Trip 2021	
DING ED St. PRAISE	
June 29 June 29 June 29 June 29 June 29  13 VBS: F 13 VBS: F 13 VBS: F 13 VBS: F 17 19 19 19 19 19 19 19 19 19 19 19 19 19	
June 29 June 29 June 29 June 29  13 VBS: PRAISE 17 Tip 2021	July E
June 30 6pm Youth Fellowship 7pm Book of Genesis 7 6pm Youth Fellowship 7pm Book of Genesis 7pm Book of Genesis 7pm Book of Genesis 6pm Youth Fellowship 7pm Covenant Bible Study 21 5pm Meeting Christ Fellowship 6pm Gardening Team Work 7pm Covenant Bible Study 28 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	July Events Calendar 2021
1 Sam Thursday Men's Group 8:30am Gardening Team Work    15 VBS: PRAISE Sam Thursday Men's Group 8:30am Gardening Team Work    12:30pm Thursday Men's Group 8:30am Gardening Team Work    12:30pm Thursday Men's Group 8:30am Gardening Team Work    22 Sam Thursday Men's Group 8:30am Gardening Team Work    22 Sam Thursday Men's Group 8:30am Gardening Team Work    29 Sam Thursday Men's Group 8:30am Gardening Team Work    29 Sam Thursday Men's Group 8:30am Gardening Team Work    29 Sam Thursday Men's Group 8:30am Gardening Team Work	
10am Thrive 4th of July Parade  10am Rug Hooking Group 10am Women & the Sacred  16  16  16  16  16  16  16  16  16  1	
3  Saturday  10  9am Gardening Team Work  Morning  Multigenerational Play Group at Oxbow Park  24	

# **Notes From Nancy**

Now that we are back inside the building again, there are some things that you may not have noticed. We have information on the wall by the Education Conference Center.

For those of you who are new, the Education Conference Center is on the southwest corner of the building.

The information on the wall is a collection of pamphlets. They cover a variety of caring ministry topics and are called Care Notes. They range from how to help a child grieve, to explaining palliative care, to climbing up from depression.

I'd like to highlight "When a Loved One's Care Decisions Are in Your Hands," by Alice Camille. It fits in with our upcoming Sunday forum in August for Caregivers.

As our population ages there are more people who need to take on the role of ensuring a friend or relative's last wishes are carried out. It can seem overwhelming. Speaking from her own experience, Ms. Camille's story is one that can help us if we find ourselves in that role.

First, she asks her friend Dale whom he wants to have as his POA (Power of Attorney). She goes through all the people in his address book, but it becomes apparent he wants her to do it.

Alice learns that, "Respecting the dignity of our loved ones while choosing what's best for them can be a balancing act that demands constant adjustments to the relationship we had with them before the impairment."

She describes how their relationship changed now she was the caregiver. It's important to recognize that things are not the same for either of them. Furthermore, she advises caregivers to not take angry or critical comments personally. Like others I have known she realizes that the inability to have control over so much of life can be very frustrating.

She advises that you, "get what you need and ask for help." It can be a lot of work helping someone day in and day out. You don't need to do it alone. Many times there are relatives, friends, neighbors that will help when asked. There are also home care agencies and services that provide assistance.

I encourage you to check out the Care Notes and share them with friends. If there's a topic you're interested in that isn't out there, let me know and I'll try to find what you are looking for.

In caring ministry with you, Pastor Nancy

Living, Celebrating, & Remembering With You

In Memoriam

The CUMC Tree of Life:



Walter Van Allen October 8, 1931 ~ June 22, 2021



Kathryn 'Kay' Litehiser October 7, 1922 ~ June 23, 2021

Christ United Methodist Church 400 Fifth Avenue SW Rochester, MN 55902

Phone: 507-289-4019 Fax: 507-289-3648

E-mail: email@cumethodist.com

Non Profit Organization

U S. POSTAGE
PAID
Rochester, Minnesota
Permit No. 5

Return Service Requested

