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July 2019

**CHRIST**  
METHODIST CHURCH  
**UNITED**  
Grace, In The City

**THE NEW**

**SPIRIT**

2-4

August

**ALL CHURCH  
CAMPING TRIP**

Part of Pastor Elizabeth's grant included having a "wild" time in the company of church folk. This is a free trip, so your camping, food and s'mores are paid for.

Please sign up in the church office or at

[https://tinyurl.com/  
CUMCCamping2019](https://tinyurl.com/CUMCCamping2019)

more info on page 3

WORSHIP DIRECTORY:

8AM BELOVED (CHAPEL)

9AM TRADITIONS (SANCTUARY)

11AM ARISE! (ECC)

[www.facebook.com/cumethodist](http://www.facebook.com/cumethodist)

[www.twitter.com/cumethodist](http://www.twitter.com/cumethodist)

11:30am Sunday Radio Broadcast on  
KOLM (1520 AM)

[www.youtube.com](http://www.youtube.com)

"Christ United Methodist Church Rochester MN"



# Pastor's Pen

WITH ELIZABETH MACAULAY, LEAD PASTOR



Life is amazing gift.

Here at church, we are given opportunity to savor life and share in its unfolding.

Recently a woman contacted our church. Her parents were members here. They had included the church in their estate plans. She was eager to know what we might be able to accomplish through the power of her parent's generosity.

We discussed many things, and then landed on the creation of a truly accessible restroom on the main floor.

Why that project?

She shared the story of her parents. They grew up in deep want. Her mother was so accustomed to using and maximizing what she had that she literally saved the thread from clothes that had been worn through. She stored the thread on buttons, and reused it in her sewing. Being excellent stewards was part of every day life. So too was living with mobility challenges. The couple who left the bequest gift for the church endured immense challenges due to an illness that came into their lives and rendered one of them profoundly physically challenged. They faced the challenges and created deeply loving home together.

Life in their home was about maximizing blessing, and they did.

Upon the death of her parents, their daughter learned that they had financial assets she never imagined. Her parents worked hard, they saved, and they wanted to pass on their gratitude through gifts to the church that would bless others.

And so they have. Not only has the fully accessible bathroom been added; the bequest gift will also pay for the refreshing of the other bathrooms on the main level.

Imagine. Teasing out the thread from well-worn clothes in order for new creations to be crafted.

That story is our story. Because these beloveds found life here and shared life through this church, their witness creates grace for generations to come.

We're in a time of transition here at church.

The recent shaking of our United Methodist foundations has many of us wondering kind of church we will leave to generations to come.

The Leadership Board and I want to provide opportunities for us to gather and learn together.

Please plan on attending any and all of the three informational sessions we have planned in July. (**Details are in this issue of the Spirit on page 3**). There is so much we do not know about what will unfold for the church.

What we do know is that nothing will be done without deep collaboration, prayer and transparency. And, nothing will be clear about our direction for quite some time.

In the meantime, we are using the spiritual thread wound around the button that is this church and the gospel of Jesus the Christ. Generations before us have saved and worked and blessed us with a legacy that will enable us to be blessing for generations to come.

This is our story. This is our song.

Blessings to you all in this season of summer.

Pastor Elizabeth

*Pastor Elizabeth*

Children (and all human beings) do not belong in cages!

Global Ministries encourages churches to give in support of the [global migration Advance #3022144](#).

The mission agency is also encouraging churches and individuals to make Sunday, June 30, a [Sunday of solidarity for suffering children](#).

The United Methodist Church opposes “immigration policies that separate family members from each other or that include detention of families with children,” [according to the Social Principles](#). In the United Methodist Book of Resolutions, [the church calls on the government to end indefinite detention and the incarceration of children](#).

[The United Methodist Board of Church and Society](#) is calling on United Methodists to tell Congress and President Donald Trump to end child detention and family separation.

The social action agency of the church encourages everyone — including children and youth — to write letters to the government calling for immediate reform.



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### CUMC's food shelf is in need of some crucial items!

Our food shelf is used regularly to provide community members with access to food year-round. Please consider donating the much needed items below:

*Most popular items:*

1. Boxed shelf stable milk
2. Boxes or single serve cereals
3. Peanut butter and jelly
4. Pasta and pasta sauce
5. Rice and pasta kits (Rice a Roni type foods)
6. Canned meat such as chicken or sloppy joes
7. Ready to eat food (does not require heat) such as:
  - a. Fruit cups
  - b. Single servings of vegetables
  - c. Chef Boyardee style canned meals
  - d. Meal replacement shakes or bars
  - e. Toiletries, women's hygiene products, baby needs, paper bowls, disposable spoons



*Items to avoid:*

1. Candy
2. Expired items
3. Condiments
4. Canned fish
5. Pickled items
6. Open packages



The date for the Thrive! Gala celebration is changing from August 10<sup>th</sup> to November 2<sup>nd</sup> to align with a fall harvest theme and as a precursor to the church's annual sponsorship campaign. Please mark your calendars for November 2<sup>nd</sup> 2019 for a night of celebration and fun as we raise funds to serve the Thrive! Child Care and Family Resource Center tuition assistance program.

## Here's the Camping Scoop!

**What:** An all church intergenerational chance to spend time together in God's good outdoors (in tents!).

**Why:** Because wild time was part of Pastor Elizabeth's renewal leave theme and wild time is soul goodness.

**When:** August 2-4

**Cost:** FREE!!!! Pastor Elizabeth's grant pays for all expenses - food and everything.

We will begin to gather at Afton State Park (6959 Peller Ave S, Hastings, MN 55033) at 6 PM on Friday the 2nd. The schedule will be as follows:

Please sign up on line or in the church office so we know how much food to prepare, and also indicate any food particularities we should know about. Come for all of the time, or for whatever time you can be there.

### *Friday, August 2*

6pm -Gathering and setting up tents

6-8pm - Dinner served in such a way that people eat when they arrive and have settled in

8pm - Campfire time, singing, s'mores and fun

### *Saturday, August 3*

8:30am -Breakfast

10am - Morning worship & Fun

12pm - Lunch

1pm - Water fun, play, free time

5:30pm - Dinner

8pm - Campfire time, singing, s'mores and fun

### *Sunday, August 4*

8:30am - Breakfast

10am - Morning worship and fun

12pm - Lunch and break camp

### What to bring?

Camping Equipment

Bug Spray

Sun block

Swim suits

Clothes for all seasons

Rain gear

Your favorite snack to share

Books and games

Join in! This should be a grand adventure. **Questions?** Call the church office at 507-289-4019

## Classes on the Future of the United Methodist Church

Given the shifting sands of the global UM church, the Leadership Board of CUMC invites you to three sessions of learning and conversation.

### **Session 1 - What happened and what does it mean?** *July 14th, 10:10am in the Sanctuary*

Information about the General Conference 2019 decisions and their implications as well as the unfolding of Our Movement Forward, Minnesota Methodists and UMCNext will be explored.

### **Session 2 - Bricks, Mortar, and Heart** *July 21st, 12:10pm in the Sanctuary*

Rev. Rachel McIver Morey is Lead Pastor at Northfield UMC and chair of the Board of Trustees for the MN Annual Conference will share information about the larger issues of property and decisions around property.

### **Session 3 - What does this mean for Christ UMC?** *July 28th, 10:10am in the Sanctuary*

Leadership Board members will facilitate conversations aimed at sharing information and moving us into the future together.

With a church in flux, it is crucial that we all spend time praying, listening, learning and speaking our hearts. No decisions about the future of CUMC or the larger church are imminent! We want to learn and go together into our future. Please come for all or any of the above forums. We will video tape them in order to put them on line.

**Our parking lots are getting a facelift!** Below is the schedule which includes full resurfacing and striping.

Please note that the dates below may be shorter or slightly longer in duration depending on weather conditions, but will not interfere with weekend events or activities.

Aug 12-15<sup>th</sup> East Lot • Aug 19-21<sup>st</sup> West Lot



This year's VBS was a hit! We're here to report everyBODY had an incredible, educational, and spiritually uplifting good time!

**everyBODY**  
**matters!**  
Vacation Bible School 2019



We are off! Thank you all for letting your youth come on this trip with us. We excited for a fun and rewarding trip! We'll be back to share our stories at the 9am service July 14th, we hope to see you all there! in the meantime, you can follow our ASP team and this year's service at: [www.facebook.com/ASPKnott](http://www.facebook.com/ASPKnott)



### Doing Well and Doing Good

On any given Wednesday evening or Saturday morning you will find a wonderful menagerie of people at Thrift on Fifth, church and community members alongside individuals experiencing poverty, long term homelessness, mental health challenges, and addiction. These things are not barriers and do not separate shoppers; each shopper comes to find gently used clothing, many are greeted by name, all are warmly welcomed, and none are turned away. Many of those shopping are regulars and are quick to catch the volunteers up on the news of their week, and a couple periodically bring treats or hugs for the volunteers. The warm feelings are mutual, with volunteers frequently identifying items they believe regular shoppers would like and keeping an eye out for clothing items needed by others. Thrift on Fifth does well in terms of its mission to provide inexpensive clothing to the community and in turn provide funds for childcare subsidies, and it does good through its mission to expand our churches engagement with the larger community and further meet the needs of our neighbors.

While no item at Thrift on Fifth is over \$1, and children's clothing is only \$.50 per item, this small thrift store is gaining popularity and bringing people together. In 2018 Thrift on Fifth generated over \$10,000 in child care subsidies for families needing quality childcare, and 2019 has brought expansion of the men's department. Doing well and doing good mesh seamlessly at Thrift on Fifth!

- Shelly Glover



Thrift on Fifth is now open every Wednesday, Saturday, and Sunday. We are ready to accept clothing anytime, just bring them to the normal drop-off location. Thank you for your generosity. Together we can help this community thrive!

Store  
Hours

Wednesday: 4pm - 7pm  
Saturday: 9am - 12pm  
Sunday: 9am - 12pm

## 2019 InBetweeners Steak/Corn Feed

August 18<sup>th</sup> is the date for the InBetweeners Steak/Corn Feed this summer. InBetweeners is a social group at Christ Church for those over 50 years of age. If you would like to attend and are not on our list please call or email the Odell's.

We will begin with a social time and appetizers at 4:30pm. The price is \$10 per person. There will be portabella mushrooms for those non meat eaters. Bring your own plates, knives, forks & spoons.

The Steak/Corn Feed is at the home of the Odell's. We look forward to seeing you in August.

*Dick and Deedee Odell • 281-2755 • [ddbells@aol.com](mailto:ddbells@aol.com)*

## Recycling Used Prescription Bottles

Christ United Methodist Church members have been participating in the program of recycling clean, clear brown prescription bottles for the past three years. Customs regulations prohibit opaque bottles and "over the counter" medication bottles. Labels must be removed (use **Goo Gone Citrus Gel** available at grocery stores). An estimated 15,000 bottles have been donated to the Rochester Medical Mission. These prescription bottles are sent to Haiti or to Operation Compassion, a mission warehouse in Tennessee. The bottles are processed and ready for use by pharmacies and clinics in the USA and worldwide, where ever there's a disaster. Many calls are received from pharmacies requesting clean prescription bottles to provide a safe, secure means of distributing medications. Your contribution is a vital support to Haiti and to agencies responding to disasters. Thank you for your participation in this effort to recycle plastic and reuse the prescription bottles. The labeled basket for your donated bottles is by the name tag boards.

## UMW Reading Program 2019

"The Reading Program encourages members to think critically about current issues through an annual selection of member-reviewed books. It offers an excellent opportunity to deepen your spirituality and to broaden your understanding of our mission work"

1. [unitedmethodistwomen.org](http://unitedmethodistwomen.org)

The four MN UMW Conference Priorities this year are: Criminalization of communities of color and mass incarceration; Economic inequality; Maternal and child health, and Climate Justice.

Several books address these issues:

Nobody Cries When We Die by Reyes, Patrick B.

Hope for the Future by Daley-Harris, Shannon

We Are All Fast Food Workers Now by Orieck, Annelise

Where Do We Go From Here? by King Jr., Martin Luther

Escape From the Green Mansion by Taylor, Christine

Many books on Climate Justice have been added in previous years and are on the shelves.

Included this year is a book which speaks to many: When Did Everybody Else Get So Old? by Grant, Jennifer

The 2019 books selected for our reading are labeled and placed on the top shelf of the UMW cart, located by the office. Excellent books from 2018-2014 are labeled and available to be checked out. You need not be a UMW Member to borrow a book. Please sign the index card in the book pocket, back cover and file by the authors last name. Please make a note in your calendar to return in one month so others may enjoy reading these books.

**Did you know??** You can sponsor our radio broadcast ministry! It's \$55 to get your special occasion announced on the radio before the CUMC service broadcast. Whether it's honoring an anniversary, or remembering loved ones who have passed on, this is a perfect way to tell the world about that special something. You can sign up in the commons right next to the office, or by emailing [oliver@cumethodist.com](mailto:oliver@cumethodist.com)





## Faith → Life: Learn from Christ's Teachings

### Faith→Life Offerings

3<sup>rd</sup> Sunday Forum

July 21, 10:15 AM Hamline Room

*"Live Green/Leave Green"*

Deah Kinion, SE Minnesota Threshold Network

How can we prepare for a good death? And strengthen the well-being for our families, communities and environment? Your respect for nature and the environment doesn't have to die with you. Discover components of a green burial, natural cemeteries and why it matters. More and more choices are available as baby-boomers blaze a trail in the new dying movement. Discover alternatives to the commercial funeral. The Threshold Network advocates for emotional, environmental and economic benefits of a more natural death.

Deah Kinion is co-founder of the SE Minnesota Threshold Network which provides monthly meetings, workshops, trainings and more. Deah has been a licensed acupuncturist for 31 years and operates Abundant-Chi Community Acupuncture in Rochester. She recently began training as an End-of-Life Doula.

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### Ongoing Classes

All Are Welcome – No Registration Required

**Inquiring Spirits** – After the 9:00 am worship service (except for Third Sunday Forums), Room 145

**Contemporary Issues** – After the 9:00 am worship service (except for Third Sunday Forums), Room 146

### Connect Groups

Connect Groups meet one hour weekly for six weeks beginning the end of September. The focus of the groups will be centered around a shared issue or activity. The core of the time together is developing relationship with the Holy and with each other. A host will hold the space meeting on site at church, in coffee houses, or in homes.

YES, we are already planning for our FALL CONNECT GROUPS! The best way to build our church community and "call each other by name" is to gather in small groups. We have all been given talents to share, so won't you consider hosting a Connect Group? Do you have an interest or hobby you would like to share, a book that meant a lot to you or an area of special knowledge? Fall activities like hiking, visiting nearby parks, biking? Do you like knitting, quilting, crocheting? Making soup, baking bread, holiday cookies? Talent in the arts like music, painting, or photography, pottery? Aging well? Contact Kathy Estry (rk.stry@gmail.com).

Child Care is available every Sunday and for weekdays and Saturdays upon request

Have an article for the *New Spirit*? Please submit it to [oliver@cumethodist.com](mailto:oliver@cumethodist.com) by the 3<sup>rd</sup> Wednesday of the month. Late articles may be very tiny or invisible. Thank you and happy writing!

If you have a pastoral emergency, please call the church office and ask for the pastor on call. Let us know this is an urgent need. If you need a pastor after hours or on weekends, please call the church office and listen to the message on the machine for the phone number of the pastor on call. Then call them directly. Remember that we do not know you are in the hospital unless you contact us. Thank you.



## Update on LED Lighting

We have finished changing out our lights to LED in the front entry, commons, office, ECC seating and stage, Fireside, and the hallway down to the children's wing. We replaced 165 flood lights in those areas. Twenty-seven floodlights were replaced in the altar area. We replaced 196 florescent lights in the commons and in the sanctuary above the side stained glass windows. Downstairs, 27 floodlights in the chapel were replaced and 64 of about 80 lights have been changed out in Wesley.




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## Notes From Nancy

- The Parish Ministry Team has been serving Christ UMC for the past two years. Each member of the team visits church members in need of care, whether it be illness, death of a loved one, unemployment, divorce or another life challenge. We meet monthly to learn more about the art of holy listening and caring under the direction of Pastor Nancy. We have studied prayer, visiting the sick, end of life care, sharing communion, leading a service of healing and other topics.
    - Members of the team include two ordained clergy and four lay persons.
    - Rev. Kendall Hughes is a newly retired chaplain who served at the Federal Medical Center. He is married to Faye Anne and they have two adult children. Kendall transferred his clergy credentials from the Nazarene Church to the United Methodist Church a year ago.
    - Rev. Kitty Burbo is also a retired chaplain. She served at St. Marys. She has also served as the pastor of First Congregational Church of Zumbrota. She is a clergy member of the United Church of Christ. Kitty has a deep background in spirituality.
    - Stew Swanson is a newly retired leader in the banking industry. He is married to Carol, also a new retiree. They are enjoying having more time to travel. They have two adult children. He serves as a funeral lunch coordinator and will be serving as a leader of Saturday noon meals.
    - Linda Youlden is a retired nurse from Mayo and formerly was part of the hospital lay visitor group. Linda also has experience as a hospice volunteer. She sings in the choir. Her husband Denny is currently the chief helper while Linda recovers from a broken arm.
    - Jeff Ward is retired from Mayo in the respiratory therapy department. He too was a member of the hospital lay visitor ministry team. He and his wife Julie Bjoraker live on a farm near Eyota. He is an artist who works in wood. He volunteers in western MN with a health care clinic for the Hispanic population.
    - We thank Mae Belle Erickson for her service. She has recently stepped down from the team.
  - If you'd like a visit from one of the Parish Ministers, please call the church office.
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## You Are Invited

All are Welcome.

**What:** Fellowship Breakfast

**When:** 2nd Wednesday of  
**EVERY Month**

**Time:** 8:30 A.M.

**Where:** Charlies Restaurant



## We would love to give you a warm welcome

Do you know someone who may be interested in learning more about the church and how to connect with others? We offer monthly "Meeting Christ Church" coffees at which our pastors will meet with people and introduce them to CUMC and the United Methodist denomination. Join us the 2nd Sunday of each month in the Fireside room following the 9:00 service. Childcare is available upon request! The next Coffee is July 14. Please contact the church office at 289-4019 or by email ([email@cumethodist.com](mailto:email@cumethodist.com)) if you have questions or would like more information.



## Choir Blitz

If you want to sing soprano, alto, tenor, bass or anything in between come to rehearsal Wednesday, July 17 and sing in worship July 21. We will also rehearse again the following Wednesday July 24, in order to perform Sunday July 28. Attend one or both!

The CUMC Berne Woodfired Pizza Outing was a blast! We can't wait 'til the next fun adventure with you!



## The CUMC Tree of Life: Living, Celebrating, & Remembering With You

*Welcome New Intentional Disciples!*

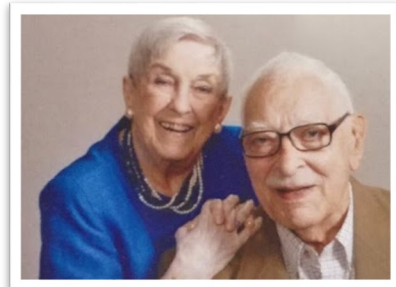


### Mary & Chris Holm

Chris works at Home Depot, he is the Department Supervisor of flooring & paint departments. Mary works at Kids Come First Preschool. These two met on a blind date, were engaged 7 weeks later, and were married August 24, 1985. They have 2 children, and 3 grandchildren (that they love to spoil!) The Holms have been living in working in Rochester for 13 years and look forward to retiring this year.

### Derek & Janelle Rosin

We have lived in Rochester for almost 25 years. We have three children, Mitch (22), Emma (19) and Grant (14). We first attended CUMC last spring for the brunch. We have been attending ever since. We immediately appreciated the variety of services, the 11 am being our preference. We also love the inclusiveness of the church and the incredible involvement in the community.

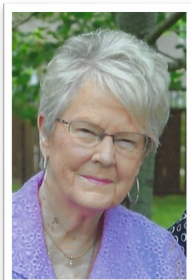


### Celebration!

Lyle and Betty Lieder are celebrating their 75<sup>th</sup> Wedding anniversary on July 28<sup>th</sup>. There will be an Open House celebration on July 28th from 2-4pm at the Homestead.



## *In Memoriam*

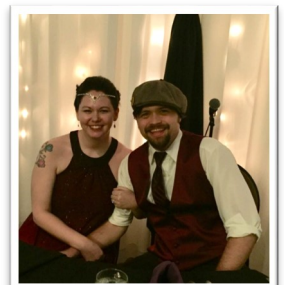


### Marie Toews

June 15, 1927

May 27, 2019

Friday, June 21st Oliver and Jessica were married at Oxbow Park. Oliver is our Director of Communications, and the bass player in our Arise Band, and Jessica helps to coordinate special events here at CUMC.





Summer has finally arrived and we are taking full advantage of all of the sunshine! Our playground is getting a few upgrades and we are super excited about it! Sensory play is an important part of early childhood and we are looking forward to giving the children at Thrive another opportunity to explore with their senses!

We recently added a sound station to our playground. To give you an idea of what that is, imagine pots and pans hanging from the fence to create different sounds. It is definitely something you can hear if you are in the neighborhood! The children have been experimenting with the different spoons and tools to make a variety of sounds. It is a beautiful sounding kitchen band for sure!

We will be installing sandboxes in July to add another sensory experience to our playground! The children and teachers are very excited about this addition! A huge thank you to CUMC, John Flanders and his team for purchasing, building and installing the sandboxes! We can't wait to see the creations that are made!

If you are in the neighborhood, stop by and check it all out!



### Notes from the Wesley Hospitality House

Hi CUMC!

I want to thank you for your help, kindness and understanding. My husband has been in and out of hospitals and dealing with this for 8+ years. As I mentioned, we found our miracle at Mayo, with help from the team of doctors and nurses we were so fortunate to have caring for him.

And I was so blessed to have your hospitality rental for my haven and to have you as my landlord. The word thanks is not enough but it's what I offer with my undying gratitude.

- Tina

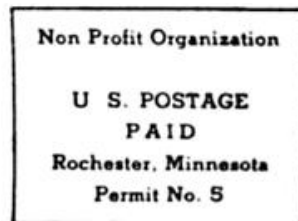


Hear this internationally acclaimed handbell ensemble from Duluth

Tuesday, July 23 • 7:00pm

Suggested donation \$15

Christ United Methodist Church  
400 Fifth Avenue SW  
Rochester, MN 55902  
Phone: 507-289-4019  
Fax: 507-289-3648  
E-mail: email@cumethodist.com



Return Service Requested

## Welcome new staff members!



**Samantha (Sam) Evans**  
*Next Generations Ministry  
Coordinator*

Samantha (or Sam, as she likes to be called) will be our Next Generations Ministry

Coordinator.

Sam and her husband Clint have three daughters who are 8, 6, and four years of age. Clint served as a pastor in the MN Annual Conference, most recently serving in Sleepy Eye, MN. At the time of her interview, Clint was being treated for cancer. Since that time, Clint entered resurrection life.

Sam and her family are looking forward to being in ministry here. Sam looks forward to making Rochester her permanent home and engaging in the community. Professionally, she's excited to facilitate spiritual growth for congregation members at CUMC and guide members beyond the brick and mortar walls to be the hands and feet of Jesus. Personally, she looks forward to calling members of CUMC "friends."

Please hold Sam and her girls in prayer during this time of transition.



**Grace Glover**  
*Connections Coordinator*

Grace Glover will be our Connections Coordinator. Grace will work twenty hours a week to welcome visitors, connect people to ministry, small groups, and each other, and Grace will work to continue to build the connections between CUMC and the larger Rochester community.

Grace comes to this work with generational credentials! She is the granddaughter of longtime members Mary and the late Everette Humke, and she and her mother Shelly have become very active disciples here at CUMC through the Arise service, the Thrift on Fifth resale shop and other outreach activities.

Grace has a degree in International Relations with an emphasis on health and society, and is a natural connector of people. She will continue to build relationships in the young adults here at CUMC and beyond.