

# SPIRIT



Join us for worship every Sunday at 9am & 11am In-Person or Online

Facebook.com/cumethodist

YouTube.com/ChristUnitedMethodistChurchRochesterMN

Archived on YouTube & on our website: <a href="https://cumethodist.com">https://cumethodist.com</a>

Open M-F 9am-3pm - Call the Office 507-289-4019

## Pastor's Pen with Rev. Jenny Cannon, Lead Pastor

### Mighty Waters

But let justice roll down like waters, and righteousness like an ever-flowing stream Amos 5:24



In one of our first worship services of the new year, we'll renew our baptism vows as we remember the baptism of Jesus. Don't worry- no river swims required! We'll then spend the next several weeks on a sermon series exploring stories of fish and fishing in the Bible. Which means that we have lots of water talk coming up.

Now water isn't something I usually think much in January, but it's clear that between baptism and fishing and all the outdoor activities that take place here in in the winter, I've got to get comfortable with water even when "frosty winds may moan."

But whether in snowflakes or ocean waves, I am intrigued by the idea of water both as a symbol in our faith and as a part of God's creative work in the world. Water is a sign of new life and rebirth. Water is persistent and powerful, and even as a tiny trickle, can change entire landscapes over time.

The remembrance of Rev. Dr. Martin Luther King Jr.'s birthday will take also place in January as we begin our sermon series. Rev. Dr. King also understood the power of water and a force that creates change over time. And he's often known for his quotation of the prophet Amos who issues a call for "justice not roll down like waters and righteousness like an ever-flowing stream".

What you may not know is that Dr. King made several trips to a small island in the Bahamas for reflection and refuge and spent many hours in the company of a fly fishing guide named Ansil Saunders. In fact, Dr. King was on a bonefishing expedition on the island just a days before his final speech and his death in Memphis, Tennessee. A 2021 short documentary called "Mighty Waters" tells the story of the friendship between these men and highlights a lesser known part of Dr. King's legacy and life. You'll hear more about this story as part of our series so be sure to join us!

It seems that water and even fishing stories are as relevant in this season as any other. We may be moving into the heart of winter but the power of water continues to draw us in. And I don't know about you, but when God calls us to the water, something sacred usually gets stirred up and let loose. I hope you'll join us this season as we find out what that might be for us this year. See you on the water-

Peace,



Pastor Jenny

### Lattes & Leadership: CUMC's 2022 Annual Meeting.

Join us on Sunday, January 23, 2022 at 12:15pm for our annual meeting where we'll elect new leaders, receive reports from ministry teams and leaders, and attend to church business that furthers our mission and fosters an inclusive, vibrant, healthy, ethical and sustainable church. CUMC's annual meeting is a church conference, which means church members are able to vote on all matters. Contact Pastor Kirkland for more information.





Holy Communion in January. We will celebrate the sacrament of Holy Communion in worship on Sunday, January 9 in the 9am Traditions and 11am Arise services.

Church office to be closed on Monday, January 3. In observance of the New Years holiday, the church office and building will be closed on Monday, January 3. Please contact Jack Jefferson, Director of Operations, with any questions or for scheduling events.

Youth group resumes January 2 and CU Wednesdays start back up on January 6.

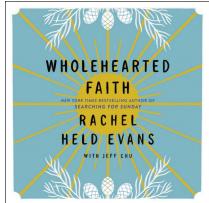
Watch for more creative opportunities in January for children, youth & families!



Thursday Night Zoom Book Study: January 13-27, 7pm. Join Pastors Jenny & Kirkland for a discussion of Wholehearted Faith by Rachel Held Evans and Jeff Chu on Tuesday nights. From January 13-27<sup>th</sup> we'll discuss share conversation, questions and prayer together as we reflect on the book and the legacy of Rachel Held Evans. Contact the church office for more information.

Zoom Link: https://us02web.zoom.us/j/3753504116

Meeting ID: 375 350 4116



### Thank you all for a wonderful Advent Season and Christmas









### Your Pastors Want to Pray for You

Starting soon, we will be sending letters to the 656 households of Christ UMC to let you know your pastors are praying specifically for you by name. We will send out the letters alphabetically by last name of the primary member or frequent participant. Those whose last names start with A will get the letter first. Those whose last names start with Z will receive the letter last, in June of 2022.

When you get the letter, you will see that we ask you to let us know if you have a particular prayer request for the pastors. Your requests will be held in confidence unless you ask us to share with the prayer chain (first names only) and/or with the congregation. Know that you will be lifted up in prayer regardless of whether you share any specific prayer requests with us.

### ... 6 ...

### We're Hiring! Apply Today to Join Our Team.

Christ UMC is hiring for our Director of Youth Ministries position, which is 30 hours per week. The Director of Youth Ministries supports CUMC's mission by fostering an engaging, fun, safe and inclusive environment for youth faith formation. Head to <u>cumethodist.com/career-opportunities</u> to view the position description. Contact Pastor Kirkland to apply or for more info.

	Poinsettias 2021
Aileen Williams	in memory of David Williams
Larry and Ginny Tupper	in honor of our family
Betty Houser	in memory of Wayne Houser
Kathryn and Martin Gardner	in memory of Pat and Darlyne Dunn
Dick and Flo Armstrong	in memory of Lucile Armstrong (Dick's Aunt)
Dottie Hecht and Family	in memory of Lee Hecht (husband,father)
Allene Shipman	in memory of Dick Shipman
LuWana Gerards	in memory of Ed and Charlene Gerards and in honor of Lee and Linda children, grand and great grandchildren
David and Gwen Mead	in memory of our family in honor of CUMC staff
Toni Mangskau	in memory of mom Barbara Hatcher
Doug and Bobbi Nichols	in memory of parents Loyd and Helen Mickle and Frank and Aileen Nichols
Patti and Joel Sackett	in memory of Aaron Sackett
Ron and Judy Yaggy	in memory of Timothy Yaggy
Mark and Mary Johnson	in memory of Rev. Marlen Johnson/Evelynn Johnsosn Kortson & in honor of parents Galen and Mary Jean Nelson
Dr. Robert Heistand	In memory of Robert & Louise Heistand
Karen Heistand	in memory of Nan & DeWitt Kennedy
Dick and Kathy Estry	in memory of our parents, in honor of Sarah, Tris,& Liam Healy
Dave and Mae Belle Erickson	in honor of our kids
Lisa Kirkland	in memory of Katherine Litehiser
Judy Plank	In honor of Grandchildren, In honor of my mother, Trudy Jewell
Rick and Sue Johnson	in memory of parents, in honor of children and their families
Cherise and Bryan Schultz	in memory of brother Mike and loved ones
Hilde and Ben de Wit	in memory of son Mike and loved ones
Roger and Joyce Heil	in honor of Charlie, Sam, Henry, Tseh, Sonny, Savannah, Torrey, Soren
Stu and Diana Eickelberg	in honor of our family, in memory of Brother. Gary Claude
Marjie Blaisdell	in honor of Jerry's 80th and Marjie's 80th birthdays.
Anne Roering	in memory of Lad and Bryan Roering, husband and son
Joan Newkirk	in memory of husband Harvey Newkirk
Kerwin and Doris Engelhart	in honor of Adele Spavin
Kathy Davis	in honor of grand kids - Matt, Anna, Maddy, Ted, Ben and Stell
Dick and Amy Humphrey	in honor of our kids
Nancy and Chuck Wheeler Handlon	in memory of Chuck and Carrie Handlon, Hugh and Milly Wheeler, In memory of Mike Handlon, Tom Wheeler Nolan Mc Nabb
Jerry and Pat Hrabe	in memory of sister-in-law Rosalie Belsher
Sue and Dave Dripps	in memory of parents John and Virginia Davies, Rev. Allen and Viola Dripps
Virginia Thompson	in honor of Warren Thompson, Lisa Kirkland, and Kathryn Litehiser
Rev. Kirkland Reynolds and Rev. Jenny Canon	in honor of our Christ UMC Family
Jack Jefferson	in honor of my family

# Children's Ministry Youth Ministry

### **Programming Pause**

We are going to pause our children and youth programming over the Christmas season. There will be no CU Wednesday activities or youth group December 20-January 1. Youth group resumes Sunday nights at 4:30-6:00 for 6th grade and up. CU Wednesdays restart on January 6, with opportunities for kindergarten and up.

### Club 6-7 in January (Wednesdays from 6:00-7:00pm)

What do Sushi Go, Happy Salmon and Hey, That's My Fish have in common? They are fish-based table top board games. At Club 6-7, January is going to be all about fish and fishing. (There may even be goldfish crackers and swedish fish gummies in the snack cabinet.) Don't worry, we won't make anyone eat fish if they don't want to. In companion to our worship series, we will be studying some of the fish stories in the Bible.

### Next steps in Sunday ministries

We have begun the discussion of bringing back Sunday school on Sunday mornings. Our Wednesday evening programming is going well. We have COVID safety protocols in place and we have the volunteer support we need to make it happen. Parents and caregivers should have received a survey in December about their hopes and ideas for Sunday school. We will be in communication with families with more information soon.

January Youth Group (Sundays from 4:30-6:00) - (January 2,9,22 and 30. No Sunday youth on 9/16) Youth group resumes January 2. In January we have two schedule changes for youth group. We will have an ease back into scheduling with a movie night on January 2. For this night only, youth group will run from 4:30-6:30. Because we plan to attend the THE EVENT on January 15, we will not have youth group on January 16.

### THE EVENT Saturday, January 15, 10:30am-7:30pm - Grades 6-10

Join your church youth friends for an adventure to Mankato to meet with youth from across the state. There will be food. There will be a service project. There will be a life-sized game of Clue and much more. You must let Pastor Amanda or Pastor Jenny know if you plan to attend by January 9. The cost is \$20, if this is difficult, the church can cover your costs. We want everyone who wants to go to have this fun opportunity!

### Church Ice Fishing - January 23, 1:00-2:00pm at the Willow Creek Reservoir

Do you live in Minnesota and have never been ice fishing? Are you out on the ice every weekend? We want to match our experts with newbies for an hour of fishing together. The church will provide hot chocolate and popcorn. Address: 1343 Lone Pine Dr. SW Rochester, MN 55902

### Christmas Programs

Thank you to all the parents, caregiver and volunteers who helped make our Christmas programs happen. If you missed the 9:00 or 11:00 worship service live, you can check out two unique ways to tell Christmas stories on the church Facebook or YouTube. Our church is now reaching dozens of kids a week through CU Wednesdays, youth group and worship. Thank you for supporting these ways we help young people love God, their neighbors and themselves.



### United Methodist Women

Emma Norton Residence in downtown St Paul, a National Mission Institute of United Methodist Women, has served women in various stages of their lives since 1967. Since COVID they have served 100 more people due to their growth

in programing with Ramsey County in finding housing for the homeless adults using hotels for shelter. Providing inclusive, safe, secure and affordable housing for women, individuals, and families in transition along with the services to provide success in life is what Emma Norton Services is all about.

Our Christ Church UMW has decided to name January as Emma Norton Month.

In doing so, we will have a sharing tree in the Commons from January 9th through the 30th. There will be hearts of varying sizes with needs on them. Choose a heart and return the item(s) by the 30th of January. There are choices from small to large. Form a group to fill many items or bring items individually, the choice is all yours.

As we begin a new year, let us remember that our mission giving begins close to home. Pictures will be taken and shared of all the wonderful items Emma Norton will receive.

Thank you for joining UMW in this mission project.



### Saturday Noon Meals

We are so grateful for the ongoing support of the Saturday Noon Meal program during the past year. Since March 21, 2020 - the beginning of the COVID pandemic - the Saturday Noon Meal program has served 4,300 meals to those who have food insecurity or are experiencing homelessness. In March of 2020 we began delivering meals to the Mayo

Civic Center and currently are delivering 40 hot meals each Saturday to The Landing.

Over the past year we have received food donations from Channel One, Peoples Food Co-op, Family Service Rochester, the Kreofsky family, Haven Valley Farm, Hy-Vee and the Rochester Golf and Country Club. We also want to thank all our volunteers that have given their time during the past year with food donation pickups, preparation of the meals on Saturdays or donation of supplies or garden vegetables. Thank you!

We were blessed with volunteers that were willing to sacrifice time at home to prepare meals on Christmas Day and New Year's Day. Thank you to the Nichols and Robie families who prepared a wonderful meal on Christmas Day.

Please contact Kathy Lombardo at <a href="mailto:kathryn.lombardo@gmail.com">kathryn.lombardo@gmail.com</a> or by telephone at 507-398-2686 if you are interested in volunteering or supporting the SNMs mission program.

Thank you again for your generous support of the SNMs program - Kathy and Phil Lombardo



### Faith → Life: Learn from Christ's Teachings



Faith→Life: Learn from Christ's Teachings

"The life I touch for good or ill will touch another life, and that in turn another, until who knows where the trembling stops or in what far place my touch will be felt." Frederick Buechner

The Faith→Life team has new offerings beginning in January 2022!

Consider joining a Connect Group, Sunday Class, a Short-Term Class, a Faith Formation Group or attending a Third Sunday Forum.

We have many opportunities for you to connect with others and grow your faith!

### Third Sunday Faith→Life Forum

Offered In-Person and on Zoom

Every third Sunday (except December) we offer forums given by insightful guest speakers that cover a wide range of relevant topics. *Registration is not required.* You can join in-person or by clicking on the Zoom link provided in the Sunday worship email reminder the day of the forum.

### "Downsizing Your Home"

January 16, 2022, 10:00 am – Hamline Room – Presenter: Laurie Mangen

This forum offers you an Action Plan that will help you get started immediately on "downsizing." The plan includes:

- (1) Preparation, (2) Getting Started, (3) Sorting Exercises,
- (4) Distributing Items, and (5) Other Tips.

Laurie comes to us from Chicago to Los Angeles to Singapore and to Rochester. She has worked in sales, marketing and business development for Fortune 500 companies and start-ups in the United States and Singapore. In 2003, She moved to Rochester from Los Angeles to be closer to family. The mature adult market has been a huge part of her business. She is an expert in this space and has knowledge of all the senior housing and needs this market has to offer.

Laurie is a former NAMI board member, serves on the board of SCORE (a volunteer organization that helps small businesses) and an Elder Network volunteer.

Previous forums are archived at: <a href="https://youtube.com/christunitedmethodistchurchrochestermn">https://youtube.com/christunitedmethodistchurchrochestermn</a> Click on our playlists tab, then, "Faith to Life"

### **Sunday Classes**

### **Contemporary Issues**

Host: Joel Charlson ~ Time: Sundays at 10:00 AM ~ Place: Room 146

Each Thursday Joel emails participants the week's topic from *Wired Word*. Scripture verses and critical questions related to the topic lead to in-depth discussions that apply to how we live our daily lives. If you are interested in joining the class, email Joel at joel.charlson@gmail.com to receive the weekly *Wired Word* or join us in Room 146!

### <u>Inquiring Spirits</u>

Hosts: Ed Shafer ~ Time: Sundays at 10:15 AM ~ Place: Room 145

Group members suggest theological topics or books of interest to study. The group is currently reading "Convictions" by Marcus Borg. New participants are always welcome.

For further information contact Ed at shaferchurch@hotmail.com.

### Connect Groups

View a complete listing of groups and classes, and register at: cumethodist.com/faith-life

### **Breakfast Fellowship**

Hosts: Amy Humphrey and Dean Swanson Time: 2<sup>nd</sup> Wednesday of the month at 8:30 AM Place: Charlie's Restaurant at Hillcrest Shopping Center

New members of any age are always welcome to drop in; no registration required.

### Dinner/Lunch Club

Dinner/Lunch Club is back with a few changes! The groups will be a maximum of 6 people who will share a meal and conversation 2 or 3 times in each other's homes or restaurants. It will continue to be a wonderful way to develop friendships within our CUMC family. To learn more about Dinner/Lunch Club contact Marjie Blaisdell at <a href="mailto:mblaisdell@gmail.com">mblaisdell@gmail.com</a> or Mary Schmidt at <a href="mailto:oronocomb@yahoo.com">oronocomb@yahoo.com</a>.

### Knit One Pray, Too

Host: Marjie Blaisdell Time: Wednesday 10:00 AM – 12:00 Noon Place: WebEx

Contact Marjie at <u>mablaisdell@gmail.com</u> to receive a link to the WebEx meeting. The group is knitting prayer shawls and scarves and hats for winter.

### Men's Coffee Group

Host: Dick Estry Time: Thursdays at 8:00 AM Place: Room 145

Whether you are a long-time member, new to CUMC or looking for a men's fellowship group, you are invited to join for coffee and conversation. Contact Dick at <a href="mailto:rk.estry@gmail.com">rk.estry@gmail.com</a> for further information.

### <u> A NEW CONNECT GROUP - How Many Methodists Does It Take to Play Cards?</u>

We are hoping to start a group of people to play cards once a month. Who wants to help build connections through fun and fellowship? The Third Sunday of Each Month (Starting January 16, 2022): 7:00-9:30 pm We would play two or even three tables of a light card game and enjoy chatting.

Hand and Foot is the name of the game: It's a bit like 4-player Canasta, but with two hands for each player to play with (a Hand and a Foot). We welcome newcomers with no idea how to play, or experienced players willing to keep it light and fun.

Singles or couples are welcome to sign up, as we will rotate partners anyway. If you would like to just "sub in" when needed, let us know that, too!

Each month would be at a different house, chatting, playing cards, and sharing light snacks and drinks (like water, pop, sparkling water, beer, or wine if you like). Are you interested? We just need your name(s), email and/or phone/text number. Let us know the best way to reach you! We will put together a contact list and schedule by January 9<sup>th</sup>! --Millie and Brian Webb - Brian's email: <a href="mailto:bkwebbus@gmail.com">bkwebbus@gmail.com</a> - Millie's mobile number is 608-212-9706 (call or text)

### **Short Term Classes**

### **Just Start Decluttering**

Facilitator: Rev. Amanda Larsen Time/Place: Tuesdays, January 11 – March 1 at 6:45 pm on Zoom: <a href="https://us02web.zoom.us/j/84860832357">https://us02web.zoom.us/j/84860832357</a>

Do you have more stuff than you know what to do with? Are you unsure how to best decide what to keep or let go? Did you fail at "Sparking Joy?" Join over Zoom with friends from church this January as we discuss how to declutter our stuff with integrity and accountability.

Attend the Third Sunday Forum on January 16th to develop an Action Plan for "Downsizing Your Home."

Watch for more Short-Term classes during Lent!

### All Church Read

There will be an offering for Lent

Watch the Wednesday Connections email, the New Spirit newsletters, and the Sunday worship reminder for updates on offerings as they become available! Also check out cumethodist.com/get involved/faith-life for a complete listing and registration information.

February 5	February 4	February 3	February 2	rebruary 1	10am Women's Connect Group 11:15am Men's Books Study & Mutual Support	9am Sanctuary Worship 10am Advent Bible Study 10am Contemporary Issues 10:15am Inquiring Spirits 11am Arise Worship
29 7:30am Saturday Noon Meals Prep (serve at 11am)	10am Rug Hooking Group 10am Women & the Sacred	8am Thursday Men's Group 8:30am Covenant Group 1pm Women's Book Group 4pm Women's Connect Group 7pm Wholehearted Faith Book Study 8pm Facebook Devotional	8:30am Breakfast Fellowship 10am Knit One Pay, Too 5pm Jubilee Bells 5:30pm Activities & Snacks 6pm Confirmation 6pm CU Stay and Play 6pm Celebration Bells 6pm Club 6-7 7pm Chancel Choir 8pm Facebook Devotional	1pm Covenant Group 1pm UMW Quilters 6:45pm Decluttering Class 8pm Facebook Devotional	10am Women's 10am Women's Connect Group 11:15am Men's Books Study & Mutual Support	9am Sanctuary Worship 10am Advent Bible Study 10am Contemporary Issues 10:15am Inquiring Spirits 11am Arise Worship 12:15pm Lattes & Leadership 1pm Church Ice Fishing 4:30pm Youth Group
22 7:30am Saturday Noon Meals (Serve at 11am) 4pm RCMS Rehearsal 6pm RCMS Concert	9:30am UMW Book Group 10am Women & the Sacred	8am Thursday Men's Group 8:30am UMW Circle 2 8:30am Covenant Group 10:30am Circle 8 1pm Women's Book Group 1:30pm Ruth Circle 5:30pm Leadership Board Meeting 7pm UMW Circle 4 7pm Wholehearted Faith Book Study 8pm Facebook Devotional	8:30am Breakfast Fellowship 10am Knit One Pay, Too 5pm Jubilee Bells 5:30pm Activities & Snacks 6pm Confirmation 6pm CU Stay and Play 6pm Celebration Bells 6pm Club 6-7 7pm Chancel Choir 8pm Facebook Devotional	18  1pm Covenant Group 6:45pm Decluttering Class 8pm Facebook Devotional	17  10am Women's Connect Group 11:15am Men's Books Study & Mutual Support	9am Sanctuary Worship 10am Third Sunday Forum Contemporary Issues 10:15am Inquiring Spirits 11am Arise Worship 4:30pm Cantata Concert 7pm Card Playing Group
15 7:30am Saturday Noon Meals (Serve @ 11am) 10:30am The Event	14 10am Rug Hooking Group 10am Women & the Sacred 7:30pm Cantata Concert	8am Thursday Men's Group 8:30am Covenant Group 4pmWomen's Connect Group 7pm Book Study with Pastors: Wholehearted Faith 8pm Facebook Devotional	8:30am Breakfast Fellowship 8:30am Knit One Pay, Too 5pm Jubilee Bells 5:30pm Activities & Snacks 6pm Confirmation 6pm CU Stay and Play 6pm Celebration Bells 6pm Club 6-7 7pm Chancel Choir 8pm Facebook Devotional	8:30am Parish Ministry Meeting 1pm Covenant Group 1pm UMW Quilters 6:45pm Decluttering Class 7pm Tuesday Night Book Study 8pm Facebook Devotional	10 10am Women's Connect Group 11:15am Men's Books Study & Mutual Support	9 9am Sanctuary Worship 10am Advent Bible Study 10am Contemporary Issues 10:15am Inquiring Spirits 11am Arise Worship 4:30pm Youth Group
1 Happy New Years 7:30am Saturday Noon Meals (Serve @ 11am)  7:30am Saturday Noon Meals (Serve @ 11am)	7 <b>10am</b> Rug Hooking Group	8am Thursday Men's Group 8:30am Covenant Group 9:30am UMW Gathering 1pm Women's Book Group 4pmWomen's Connect Group 8pm Facebook Devotional	10am Knit One Pay, Too 10am Knit One Pay, Too 5pm CU WEDNESDAY RETURNS Jubilee Bells 5:30pm Children's Activity & Snack Time 6pm Confirmation 6pm Celebration Bells 6pm Club 6-7 7pm Chancel Choir 8pm Facebook Devotional	4 <b>1pm</b> Covenant Group <b>8pm</b> Facebook Devotional	3 Building Closed	9am Traditions Worship 10am Contemporary Issues 10:15am Inquiring Spirits 11am Arise Worship 1pm RCMS Rehearsal 4pm Youth Group
Saturday	Friday	Thursday	Wednesday	Tuesday	Monday	Sunday



### **JANUARY 15, 2022**

one day, three locations.

### The Event - 6-10th Graders!

- A service project to support local mission partners
- A murder mystery life-size game of Clue
- An excellent message from Catie Levenick (cocoordinator of Youth Ministries for the Minnesota Annual Conference and director of children, youth, and family ministries at The Well, Rosemount)
- A hip-hop concert featuring Kaboose (from The Event 2019) and his friends
- A word from our sponsors, plus camping and mission trip opportunities for this summer

We're here to make your lives more awesome, and we hope that a shorter, cheaper event with less travel time and more location options will make this more doable for you and set you up for a win.

Sign up - contact the church office by January 9th! 507-289-4019 or pastoramanda@cumethodist.com



The CUMC Tree of Life: Living, Celebrating, & Remembering With You



We welcomed new intentional disciples into our midst in worship December 19 Welcome to The Soiney Family and The Holman Family!



Soiney Family (left)

youth

ministry

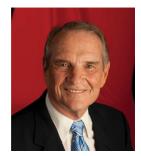
Holman Family (right)







Michelle Limasene Paopao June 14, 1979 ~ November 25, 2021



Edward Rosenow June 14, 2919 ~ November 25, 2021

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Return Service Requested

# Lattes & Leadership Annual Church Conference Sunday January 23 ~ 12:15am Join us in discussing the past year in ministry and upcoming plans for 2022 for more info contact Pastor Kirkland pastorkirland@cumethodist.com